

Since becoming aware of being targeted, I have determined that I am in a lifelong, trauma-based MK-Ultra program.

This program has strong connections to the uppermost levels of power in our government and the secret societies that drive this world.

Below is a detailed log that documents the harassment, torture, terrorism, programming, and overall crime that I have endured in the last several years.

Everything I state here I would repeat in a court of law and under oath.

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August 22, 2016

Military and intelligence operatives are persistently influencing me into watching TV or videos and reading particular content that reinforces programming objectives and terroristic threats of potential future outcome.

These are media-coordinated veiled threats that involve subconsciously influencing me to hear or watch something at a precise moment, which reinforces torture protocols.

These techniques relate to trauma-based MK-Ultra Monarch Operations.

At its most basic level, this is covert, government-sponsored terrorism and torture of innocent civilians.

Today, I found myself catching news reports on skin cancer the few seconds I was around the television, which is always on in the den.

This is after being irradiated heavily with Directed Energy Weapons throughout the night.

Later, I caught a news report on FEMA camps and got flashes of being thrown into a Guantanamo-Style detention facility.

As with the news and media, I am being subconsciously maneuvered to overhear something that can be used as a form of terroristic doublespeak and a covert threat of potential harm.

For example, someone just said right on the phone as I was within earshot,

“He’s dead.”

Remote handlers use the technology to map out conversations for these moments.

People are unaware in the same way I can be unaware that I am being influenced until the moment it happens.

In retrospect, these moments become obvious but can feel instinctive and organic while happening.

At another point, someone when making a comment about cleaning said,

“I am the Cleaner.”

I had a similar reference in LA when a supposed friend said the nickname of a guy who stopped by his place was "The Cleaner."

This is a doublespeak Mafia reference for a criminal who "cleans up" after a job, as in a hit job.

As part of the programming and occultic ritual, those behind this operation connect personal details of my life to various types of media.

In one scene from Portlandia (Season 5, ep. 10), Carrie Brownstein talks about how her daughter is going to do Teach For America out of college. I did Teach For America after graduating college.

In another, they are trying to set off a motion-sensor alarm. When the targeting went overt in Los Angeles and my place was getting broken into often, I had an ADT alarm installed and the perps would reprogram it so that the motion-sensor went off when I walked through the hallway.

In the last scene of this episode, they are burying stuffed animals. Earlier today, I overheard a person on the phone speak of graves and burial.

I want to give some backstory to the ADT situation.

I installed an ADT alarm because I knew my place was getting broken into often, and this obviously upset the criminals. So they orchestrated situations to set it off on several occasions, to cause problems in my apartment complex, and to move me toward disabling it.

As I said, someone was enabling the motion sensor setting of the alarm while I was asleep, so that when I woke up and walked through the hallway, it would go off. Other times, they set it off when I wasn't home, and I wasn't able to disable it before an alert was sent to LAPD. These false alarms cost me 1200 bucks total (200 each time they police out) and created a big spectacle, which was a premeditated objective.

How ironic that it alerted the police, who were central to the harassment and profiling. An undercover cop or informant posing as a neighbor was likely setting off the alarm from an adjacent residence. I was told by the ADT rep that the range on the fob is a maximum sixty feet.

I mentioned these issues to ADT and that I thought the alarm was hacked, and they dismissed it, saying that was impossible. I pushed the issue and finally got a tech out to look to inspect and test the alarm. The tech gave me the same dismissive attitude as the phone rep, but after reviewing the details of the internal log, he found a second key fob programmed into the alarm's brain.

I only purchased one key fob, and I was told by ADT that only the owner of the account could make such a purchase. When I pressed this issue, I continued to get the runaround, which led me to suspect that ADT was complicit on some level.

Months later, I talked to them again and another rep said change their story and claimed that anyone could purchase a fob like that and control the alarm. Doesn't sound very secure to me coming from a supposed leader in home security.

All CIA-owned media is propaganda in the spirit of the exposed Project Mockingbird of the 1970s.

It's much deeper than just general propaganda.

The media is weaponized with an MK-Ultra Psychological Warfare and Programming layer that can be activated on anyone at any point.

This is present in TV, Film, News, Music, all forms.

Celebrities, TV personalities, directors, producers, writers are often intel assets and handlers.

There is a direct connection.

August 23, 2016

People I know who are not involved are being subconsciously influenced to wear colors that reinforce Masonic Illuminati color-programming. The same colors are being reinforced in public by informant perps.

Today the theme is white.

Gestures are also being influenced in people, including family. A person will sit and watch the television with one finger to their mouth for an excessive amount of time. If I point it out, they have no idea they are doing it and are clearly unaware.

This particular gesture is a covert way of telling me to “Keep Quiet,” much like the symbolism that is represented by celebrities in the media.

Cars are revving at absurd volumes in the distance.

Dogs are barking incessantly.

Neighborhood children are screaming at the top of their lungs while playing.

I have been sensitized to these noise anchors every day for several months.

Sounds, especially sounds with an aggressive tinge, are used to negatively reinforce behavior.

They are integral components of the daily psychological warfare and terror campaign.

Skype generated a bogus error for an old account. The email validated, but it sent me a link to reset the password. When I click the link or do it manually I get an error.

The VPN Unlimited application is generating errors.

I cannot get onto the internet with it activated. It moves back into the “Off” position when I try to turn it on, which is not normal. (It stopped doing it when I started recording the screen for evidence purposes. This indicates real-time reactions to what I am doing).

I have no internet access unless the VPN is disabled, which tells me that they don’t want it on. I have had consistent problems like this in the past.

VPNs make it harder for dirty intel and law enforcement to surveil my activity and connect their bogus, slanderous profiling to my personal IP address.

Any software that increases security and privacy is interfered with and often corrupted to the point of worthlessness.

August 24, 2016

Heavy Directed Energy assault last night.

I am getting searing pains and extreme discomfort to parts of my body, especially my head and chest.

My throat is getting pulsed as well, which make me temporarily lose my breath.

Also getting hit with a bizarre fluttering sensation in cartilage of nose.

I talked with Steve Kelley about the heavy assaults and the difficulty of finding an effective counter defense. He suggested window screens and Faraday cage, two options I was already familiar with and which don't work with this particular weaponry.

Landscapers with super loud equipment are operating mowers and blowers all day long.

This is a common noise harassment tactic.

The train is blowing its horn at an unusually loud volume as I type.

This is another noise harassment pattern. It also serves as a PsyOp, as in the "whistleblower."

Was out running errands and experienced the usual vehicular mobbing and patterns.

A few specifics:

- Custom black and red Corvette Stingray in Michael's lot. (Black and red are used to represent satanism in this program)
- Fire District Ambulance in Dairy Queen lot.
- Two tandem U-hauls in empty lot on Ellerbe.
- Sheriff 251 at Ellerbe and Flournoy intersection.
- Trucks pulling into Constable's property at corner of Ellerbe and my street.

I am being influenced into paying attention to Ted Nottingham and Thomas Drake online.

Tech-induced covert death threat in a conversation meant for my ears:

“Is he dead?”

“Yeah, he died young.”

All scripted interactions connect to trauma-based mind control and programming techniques born out of military psych warfare manuals and intelligence operations like Project MK-Ultra and Project Monarch.

Any remotely manipulated conversation is layered with programming, conditioning, and behavioral modification objectives.

The typical protocol is to influence someone into talking about someone else negatively during a conversation. They will describe the person or event with enough pointed detail that it connects to something about me, which makes the comment feel intended for me.

In this particular example, the remote handlers are sending me a covert death threat. The tactics are clever in how deniable they are and in how effectively they can discredit a person for calling them out.

Still, a threat is a threat, whether it is direct or cleverly embedded in a conversation. This, just like every other deniable aspect of this program, can be proven.

August 25, 2016

Steve talked about the magnetic qualities and strength of spirituality. Talked about how it starts to attract people and they don't know why. Likened it to a moth and a flame.

Before going to bed, I turned on a night light. Within the pool of light on the ceiling, a moth appeared and was flying around.

These experiences are being synchronized and mapped out with technology.

Heavy Directed Energy assault last night.

Fluttering sensation to cartilage in throat and nose.

Temporary loss of breath.

Major pulsation and pain to head and temples.

A family member is resting with a hand over one eye. Makes no sense to fall asleep like this. It is tech-induced.

I am getting a lot of Illuminati symbolism from many angles. The hand-over-the-eye, one-eyed symbolism is seen everywhere within the entertainment industry and other world stage circles.

Massive HAARP storm. The thunder is unnaturally loud. Sounds like an explosion.

Have had power go out on four occasions already and storms are used as a cover for this tactic. On one occasion, the power went out for over 24 hours.

This kind of thing happens when I am documenting my experience more aggressively.

The military is controlling our weather. It is a viable form of warfare in their minds and can be used anywhere and on anyone.

Scripted Conversation moment:

“Those are dangerous. He better be careful or he might have an accident.”

“I think he’s dead.”

Watched “Kingdom of Saudi Arabia,” which seems connected to programmed agenda.

Train blew whistle as I typed this.

This is the fourth time today.

They are persistently reinforcing my actions with sounds. It is usually negative and meant to deter me from what I am doing.

It’s a form of conditioning.

August 26, 2016

A person is doing a crossword puzzle and asks me,

“What is deceived?”

I answer,

“Snowed.”

This is another CIA tactic, which could be described as a kind of conversational entrapment. I am roped into answering the question, and my answer has psychological warfare payoff.

I experienced a flash of a sensation of being a dishwasher when I was doing the dishes today.

Heterodyning techniques using various Brain-to-Computer and Brain-to-Brain Neural Interfacing are at play.

This was also reinforced in the local newspaper which I happened to see today and which happened to have a comic strip in it about a dishwasher.

I had another injected flash of being a waiter when carrying plates and glasses down to the kitchen.

This is now a consistent pattern that, once introduced, becomes an integral part of the conditioning and programming arsenal I am being hit with daily.

Neighborhood kids converge at top of driveway the moment I sit down to watch TV and peer out the window.

The neighbors across the street, pulled into their driveway the moment I arrived at the mailbox.

These precisely timed, coordinated experience can be tech-driven, agent-driven, or both.

I watched the Matrix Reloaded and Matrix Revolution again. This series is strongly connected to my experience and the overall agenda.

August 27, 2016

Pains in right side.

Pains in genitals.

Fluttering of throat and nose.

Extreme DEW attacks to head.

Squeezing pressure on both sides of head, like I am being placed in an invisible vise grip.

Involuntary movement of teeth using Directed Energy Pulse Weaponry.

I woke up cold though the temp is 76, which indicates heavy irradiation.

These are all ingredients of present-day, no-touch torture protocol. They now do remotely and invisibly everything they used to do visibly and in-person.

August 28, 2016

Heavy pulsating and wave-like pains over entire head. Intense for periods of a few seconds.

Localized pulsating pain in left temple.

Watched videos on HAARP. When I showed someone a video on weather manipulation and warfare he said,

“It’s happening everywhere,”

though he knows nothing about HAARP.

This is scripted dialogue coming from a remote intel handler interfacing with friends' and family's brains in real-time.

August 29, 2016

Toxic fumes throughout house but especially in my room.

I am having major internet and VPN problems. No internet at times. Clearly being sabotaged.

The VPN Limited Settings show "Torronto" next to the Toronto locations, and they are crossed out. Torronto is intentionally misspelled with two R's.

I recently connected with a woman named Sandra Fecht, a therapist who works with victims of Satanic Ritual Abuse, who is from Toronto.

The Macbook keychain seems corrupt.

The password pop-up box was not working even though I know my password was correct.

Because of this, I am now forced to open up a new user account.

Continuous "Connect" and "Disconnect" notifications from firewall coming from 192.168.0.255 and 224.0.0.251.

This is typically a broadcast IP but it may be used for something else. Also a notification that there is "Suspicious Activity" that is being blocked.

Had an influenced conversation with old friend today and at one point after talking about what was going on, he said,

"Maybe you should consider a tactical retreat. I've learned how to tackle problems from the side instead of straight on."

"Tactical retreat" is an odd use of language coming from this person.

Sounds like military.

There was an abrupt shift in the conversation, too, any time I began to discuss my targeting.

I found out my younger son's favorite teacher is named Daniel, whom he calls by his first name in class.

Daniel was the name of my best friend growing up.

I am getting a lot of mirroring of names as well as other details of my life. This is connected to ritual. People may or may not be aware that they are being used in this way.

August 30, 2016

YouTube video on someone mentioned that he had an aneurysm while being targeted.

I was obviously influenced into watching this to send veiled threat my way.

September 5, 2016

Heavy assault at night, especially around the head. I worked on creating some effective protection, which helped some but was then attacked in other areas to maintain extreme discomfort and deprive me of sleep.

Insects are flying around and landing on the laptop screen. Hard to believe, but lifeforms this small can be manipulated with the same technology that works on humans.

The idea of me being nothing more than an insect has been communicated before.

This idea is also reinforced with "Pest Control" and "Exterminator" road squad vehicles when in public.

Insects, dogs, cattle, and various other animals are often associated with targets to degrade us.

I'm experiencing severe computer interference.

Outlook, Skype, and Textedit, and a few security programs are crashing a lot. I use Outlook and Skype to communicate with others about this torture program. I use TextEdit to document the targeting.

I am getting more "Potential Terrorist" profiling and innuendo lately.

My harassment increased after visiting my extended family in Saudi Arabia in 2010. Many terrorist references have been made since this began.

There are many profiling angles that are used but a potential terrorist or some kind of "extremist" is one of the most common.

The basic formula is to surveil a person while maneuvering them into a preconceived profile using tech and agent-driven strategies over the course of several months or years.

If they are trying to profile me, for example, as a violent, dangerous, potential terrorist or extremist, then they will coordinate provocative events between me and perps that lead to aggressive outcomes that they will pin on me. They will also use technology on my brain and the brains of those around me, especially friends and family, to amplify the situation and drive home the slanderous profile.

All of this is then documented by perps to build and sustain the bogus profile and investigation.

September 6, 2016

A good amount of vehicular mobbing and presence today:

- Several cars with one headlight.

- Two police cars and an ambulance with its lights flashing.
- USPS truck with lights flashing drove by while waiting in line at CVS.
- Two teenagers in the vape shop. One resembled my older son. Wore black athletic socks pulled up like my son does. Other was decked out in red.
- Several foot perps while driving. A man in a wheelchair with a missing leg in my line of sight. (Disabled people are often used as veiled threats of future harm. Desplicable.)
- Got mobbed in line at CVS. Man in front of me flicked his card under his chin in my direction. Guy at register crossed his hands in a Masonic pose after ringing me up.

I overhear in the media today that there is some kind of recall on chocolate bars and other items, then get asked to get something sweet from the store.

I picked up Gold Emblem White Chocolate Macadamia cookies from CVS. When I opened the cookies, there were milk chocolate chips in the cookies as well as white chocolate. There is nothing on the package that shows milk chocolate chips.

A synchronized experience like this is mapped out beforehand. The target is influenced to pick out a particular item, which the handlers know connects to the veiled threat.

This also happened a few months back when I got an automated phone call saying that “glass pieces” were found in certain Digiorno pizza brands, a brand that happened to be in the freezer.

These psychological terrorism scenarios are designed to inject fear in a target and plant the seed that something they eat might harm or kill them.

September 7, 2016

A lot of vehicular mobbing today. Several cars with one headlight.

When pulling into CVS, Fire Engine No. 19 pulled in simultaneously and the driver walked in just before me. Young guy, short brown hair, stocky.

It is pathetic that firefighters and first responders of all types do this on the job.

First responders and cops as a rule increase presence and covert threats of jailtime or harm to ramp up the intimidation factor and control the target's behavior.

Super-slow response on printing and various programs.

It took me a half hour to do something that should take two minutes.

The program kept hanging and the printer was taking forever to print. All electronic devices, especially those with wireless connectivity are hacked as a rule.

Trying to print documents has been a pain and it gets much worse if I try printing something related to the harassment.

Read an article about a guy from Ferguson, Missouri who was discovered in a burnt car with a gunshot wound.

Later watched Blue Oyster Cult's music video "Burnin' For You," which happened to have a burning car in it.

These mapped out thematic patterns are always to reinforce psychological terrorism and threat.

September 8, 2016

Throughout this experience, technology is being used on me and my family in attempts to control and handle my life.

My financial situation is obsessively managed and those who are doing this keep detailed records of how much I spend, what I purchase, how much money I have in my bank account, in my wallet, ad nauseum.

The persistent traumatic stress from the targeting and the continual DEW assaults on my brain and body have drastically reduced my drive and focus and have made finding work difficult. This is deliberate and amplifies the trauma. I feel overwhelmed by debt that has accumulated from the targeting, blacklisting, and financial marginalization.

I have gotten some help from family, but it is double-edged. I am not dealing with my typical family. They are being interfaced with by CIA Masonic Mafia handlers. And if and when they do help, I get lectured, criticized, degraded, and abused.

My family's behavior is being controlled, and they have no idea. They are being used as mouthpieces for remote CIA and DOD handlers.

This tech is used in such despicable and criminal ways.

They are hellbent on driving home that they are slowly taking over my life and the people in it.

Criminal, treasonous thugs, and war criminals worthy of the death penalty or worse.

I got into another two manufactured blowouts today. Both were over absurd stuff.

Which is the point. These orchestrated situations are meant to be crazy-making, psychologically abusive, ridiculous, and nonsensical.

I am more aware of how this tech is used on me and those around me, so I am better able to deal with it, but it's still affecting.

Obvious now, too, that these similar tactics have been used on me for a very long time. My relationships have been micromanaged and often sabotaged by abusive handlers and sadists.

One of these incidents involved leaving a water faucet on, which I may or may not have done.

Memory disruption can be used to gaslight a person and then set up situations like this but there are times when I know the faucet was off and I go into the bathroom and it's on.

Directed Energy I am sure has been used to accomplish this, as the pulse weaponry used on my body has literally pushed me off a bed and moved my limbs when trying to sleep.

People that break in have likely done the same.

Getting me to question how exactly how it happened fits the destabilization, gaslighting protocol that they work hard to keep active.

They want us and those around us to question our perception.

When dysfunctionality and abuse ramps up, people have a near uncontrollable impulse to interrupt. It's like speaking to a five-year old who can't pay attention for very long without interjecting.

My behavior and actions are scrutinized every moment of every day. It is extreme, obsessive, and relentless. This is a fear-based and trauma-based control program that preys on one's psychology and invades every aspect of human life.

Played Assassin's Creed: Rogue for an hour or so.

Video games are used by the CIA to reinforce thematic programming.

"Rogue" is a theme. I have been called "Rogue Illuminati" telepathically many times.

Watched a YouTube video by Chris White that debunked David Icke and connected him with the same Luciferian agenda as Alice Bailey.

The New World Order agenda is demonic, but it is coupled with technology that can "possess" people and in doing so, mimic spiritual encounters, alien encounters, demons, anything.

Deception and confusion are trademarks of the biblical Satan.

This program embodies such diabolical expression.

September 9, 2016

When I commented that it looked like someone was winning at Video Poker, he responded,

"There is no winner."

He then went on as if he were talking to the people behind the poker game saying,

"You think you're better than us?"

Playing Assassins Creed: Rogue again.

The storyline connects to the narratives being woven throughout my life. The plot revolves around the Knights Templar who have historical relation to the Jesuits. Both the Jesuits and Templar themes have been pronounced in recent months.

At one point in the game, there were enemies that were part of a gang that I had to get rid of. What do you think they were called?

Gang stalkers!

The main character, Shea, is an "Assassin who cares."

I do not think I'm some character in a video game. That is absurd. Persistent attempts to get me to relate to these characters is real. The handlers are communicating ideas in a predictive programming sort of way.

Knight's Templar, Jesuits, Illuminati, Catholicism, all continue to saturate my experience when researching, watching films, talking to people, or something as seemingly benign as playing a video game.

The game is hacked too, as all games that I play are.

The main character whistled, and I was not touching the button that actually does that. Someone has mirrored remote access to the controls while I am playing.

I have experienced hacking and gameplay manipulation on countless games.

Tennis 2K Series and NBA 2K Series are two in particular. The computer's ability would fluctuate in a way that felt like I was playing against another human.

On NBA 2K14, the players on the team were changed to extreme sizes (both small and large) and I was not able to change teams or quit the current game. At that point, the only game I could play on the machine was 2K14 and the same game would recycle with no ability to change it.

In tennis, the computer opponent also felt like an actual player. Strange noises would come from the console while playing this game, too, as if the hacker were hitting a button on his end to make the noise and let me know I wasn't playing the computer.

In LA, all of my PS4 downloads and saved data were destroyed and eventually the console was rendered inoperable.

I also discovered someone connecting to the internet and changing the IP address from mine to one I didn't recognize.

September 10, 2016

Assaulted heavily throughout most of night and into morning.

I am getting interrupting a lot when making an audio entry about targeting.

Often when I am documenting the targeting, intel will use the tech to impel an interruption.

The technology wreaks havoc on relationships and these sadistic handlers micro-manage situations in real-time.

This technology has been used throughout my life on me and those around me. My experience tells me they can tap into anyone, anytime, anywhere. The patents and capability are well-documented.

Full disclosure of these crimes would bring down every power structure on earth that secretly sanctions it.

Sharp pinpoint pain just to the left of my left eye.

Stomach problems and indigestion all yesterday and today.

Watched first few episodes of Jonathan Strange and Mr. Norell, an episodic about two magicians who work for the British Government and Royal Family.

This is another series whose storylines are handpicked by the programmers.

I have received “King” references since this began. I have had many visual references when out in public. I have had people dropping the word king in conversations with unusual frequency. I have gotten telepathy hundreds of times telling me that I come from a royal bloodline.

This idea vacillates with the idea of being a slave or servant.

In one episode of this series, the butler, who is black, comes into contact with a malevolent spirit that possesses magical powers. The spirit promises that the servant who was born a slave will one day be king. He shows in a vision the servant’s mother in shackles who died while giving him birth. This is to reinforce that his mother was a slave and he was born a slave.

This is the surreal type of experience that is crafted for me on a near daily basis. I believe the slavery is meant to relate to what for me is lifelong Monarch slavery.

Such themes continue to be reinforced through film, TV, online videos, books, articles, all mediums of communication. Most of what I watch, read, or learn is being covertly influenced with a clear purpose and agenda behind them.

September 11, 2016

Painful pulses to head and ears.

I can hear the pop of the pulse when it hits. Sometimes the wood in the wall snaps at the same time. The Directed Energy pulses cause solid materials to make a popping or snapping sound. Plastic and wood are the primary materials that do this. This may be due to heat and the material expanding when hit.

When the pulse makes a sound in the wall and then hits me, I can trace the direction, which would have to be low if it goes through the wall and then hits me while lying down. This indicates that it is coming from an angle that is on par with the height of our residence, not directly above.

Also, I am electrically shocked from all angles and directions. This means that several neighbors are taking part, which seems to be the case in multiple states. There can also be cell tower and drone assaults from higher angles and while in cars, but it seems proximity and line of sight are first choice.

September 12, 2016

Pain and discomfort all over body.

Got about one hour of sleep and then had to wake up for jury duty. The people in my neighborhood surveilling me knew this.

These are evil torture and terror protocols.

I set up a Facebook page for the internet radio show that I am doing with Steve Kelley

For months, I have carefully observed how sound is being used for reinforcement of behavior and thought. It is methodical and persistent, which means it is a central ingredient in these programming operations.

The audio pops coming from my headphones when on the computer are one such example. These pops are timed with something that I am doing and are meant to heighten the moment. Often this relates to me documenting, so it is being used as a psychological deterrent.

The sound also varies in volume and intensity. Sensitizing me to these variations gets me to internalize that what I am doing is not liked and that the dislike corresponds to the volume and intensity of the pop.

It can also be used to emphasize things, like the content of something, like specific content in an article or a video.

My headphones do not pop like this on their own. I have tried more than one headset and computer, and it's the same. The sound is either being injected from the computer or a small Directed Energy pulse is hitting the earbud.

This has also been done on my PlayStation. When I start an app, like Netflix, the TV speakers emit a scratchy hiss, which also varies in intensity. This happens on a number of apps, not just one.

These sound anchors trigger a psychological and behavioral response, which is the same as psychological conditioning using auditory (and often negative) reinforcement. Negative reinforcement and trauma and fear-based control modalities go hand in hand.

Think of it like a parent getting angry and raising their voice. A child gauges how angry the parent is and how much trouble they're in by how loud and intense the parent's voice sounds.

Handlers and programmers do the same with anchors and triggers. This is their programming language.

When at the courthouse today for jury duty, the security guard blocked off the entrance to the jury waiting room and two men in orange prison jumpsuits and handcuffs walked past us.

One of them looked directly at me with a hard, aggressive stare when passing.

I am getting threat-based, Masonic theater in a courtroom.

The defense attorney later asked us, the jurors, if we played chess and knew what a pawn was. He then called on me to answer.

The black and white chessboard is known to represent Masonic duality.

Courts and the legal system engage in psychological warfare and theater.

They are Masonic.

While playing Assassin's Creed, I finished a mission and the mission would not end. Instead of one of the character's following me out of the area and all of his soldiers starting fighting him.

At first it was with swords, then they pulled out guns and started shooting him while he stood there doing nothing. This kept repeating itself until I quit the game.

This cutscene does not happen at the end of this mission. When I quit the game and started it back up, the soldiers followed me out of the area normally.

This is in-your-face hacking and cowardly intimidation terror tactics. Doesn't matter whether it's a video game or not. The more absurd they can make it, the better, as it will discredit the person explaining it. Still, these are acts of terror perpetrated by the same people who torture me with pulse weaponry every day in my room.

Understand that when in this program, these kinds of subtle threats come at a target in myriad ways and are persistent. The accumulation of this kind of psychological terrorism induces extreme stress and trauma.

DEW ongoing assaults on head and temples.

An insect got into the room and keeps hovering around my computer screen and periodically landing. How they do with insects that are this small I don't know. It could be noninvasive nanotech that is sprayed throughout the atmosphere.

The insect theme has been used many times. A family member at one point called me an "outsider" and an "insect." He has never talked that way before to me. He is being used as vessel and mouthpiece for sadistic handlers.

These programmers use degrading, hateful language to destroy a person's self-esteem and overall well-being. The message being conveyed is that I am nothing more than an insect.

These practices fit the mold of Satanic Ritual Abuse.

Whatever frequencies are being populated in my residence, there is a notable difference in mood when I leave for an extended period of time. Certain frequencies may blanket my residence day and night. Technology is still on me when I leave but not to the same degree.

Having issues when trying to recover data from cloud backups. I have attempted to do this with Cubby, Sugarsync, OneDrive, and Crashplan, and I have problems with all of them. I talked to tech support at Cubby and got nowhere.

My account only shows 5gb worth of data when I had at least a hundred if not more. The perpetrators destroyed much of my data are making it very difficult for me to recover what's left. I get error messages in the browsers popping up out of nowhere and for no reason.

My VPN keeps turning off on its own. I then get a login prompt asking me to put in my information. This login prompt is not related to the VPN Unlimited app extension and is bogus. When this happens, I cannot browse the internet.

This is targeted cyberharassment and cyberterrorism.

Businesses that are supposed to be providing unbiased customer service are taking part in psychological harassment tactics. When I spoke with Cubby, the woman who was waiting on me said her name was Doe.

My stolen identity and being a “nobody” — as in John Doe — is a theme. The manager’s name was Dana. An ex-girlfriend’s name is Dana.

The pin number that she gave me to remotely log in to my computer was 954852. Without the 54 out, you get 9852, which are the last four digits of my home phone number. I get subtle reflections and reinforcements all over the place, often much more specific and blatant than this.

I am simply attempting to recover my data from accounts that were compromised and manipulated, and I get stonewalled and messed with.

Our government is a criminal disgrace at this point.

Over the course of being on the road for about a half hour, I passed two sheriffs, one small firetruck, and one fire engine with its lights on and backing into the station. One of the sheriffs pulled over directly in front of my car, turned his car around and pointed it in my direction, like he was situating himself to check cars for speeding.

Their shady tactics are all plausibly deniable if ever accused of harassment but the patterns don't lie. A person does not run into that many first responders and policeman over the course of a thirty-minute drive, half of which was in an area with little to no traffic and outside the city limits.

September 16, 2016

Serious pressure to my head. Had to sleep on the floor because it was so bad.

When I went into Capital One to deposit a check, a red-haired cop in civilian clothes asked the teller next to me to make a deposit to the “Sherriff’s Office.”

Several trucks with trailers passed by as I approached Ellerbe from Jennifer Lane.

Passed a work van parked on Ellerbe. The advertising on the side said "Shred-It."

This is a PsyOp to communicate that I need to get rid of my evidence.

As I was walking out the door to deposit a check for a loan so I could pay my bills, Chase called. The timing suggests real-time surveillance, though it could also be mapped out with tech.

Whether particular employees of businesses are complicit in this privacy invasion or they are being remotely influenced is hard to determine. It is most likely a mixture of both. Either way, businesses are no doubt cooperative with the government and these targeting programs and employees participate in the harassment.

September 17, 2016

Watching YouTube video "Targeted Parent Video 1" and there are some uncanny similarities between this woman and my ex-wife.

The woman discusses the polarization between her and her husband and how they couldn't raise their kids well together. This was an issue between my ex-wife and me but the manipulations happening in my life made this much more pronounced than it really was. We were actually good parents together.

This woman also lived in California, where my ex-wife and I lived and raised our sons. She says she's a soccer mom and was on a tight schedule. My ex-wife often claimed the same. She says she wanted eight children. This is the number of children my first serious ex-girlfriend currently has.

When there are too many details that specifically relate to my personal details and history, random chance becomes impossible.

Custom plate read "RCPRCTY," as in reciprocity. Pulled up next to me at a light to make sure I saw it.

License plates are coded and used for communication. This kind of "You scratch my back, I scratch yours" idea has been pushed before. Always has a mafia vibe to it.

September 18, 2016

Directed Conversation:

"He almost reached the top three times but it failed, and everything crumbled."

Throughout this experience, I have gotten innuendo that if I get rid of the evidence that I have, if I stop pursuing this, then I will get some kind of payout and "things will change."

In the beginning before I knew any better, I tried to get rid of some evidence on a couple of occasions. I was under extreme trauma and duress and was being heavily influenced and terrorized.

Never again.

I believe this is meant to relate to this. The idea of me "reaching the top" if I do what they ask and "cooperate," another word I get often.

Facebook locked me temporarily out of account because it detected “suspicious activity” on my account.

Curious what that suspicious activity is? Freedom of Speech?

Speaking with Steve Kelley tonight and he mentioned that Rodrigo Soto, another guy who does a TruthCatRadio show, has diabetes. Diabetes has been mentioned many times since this began and I have gotten telepathic injections saying that I have it.

These guys take vitals with the tech and implants, so it's possible. It's also possible they can induce symptoms with Directed Energy to create the illusion of a particular ailment or disease. Microwaves for sure have the capacity to induce health problems over time, like cancer, heart attacks, even death.

Since this began, some of those that have been repeated often are diabetes, many forms of cancer (especially brain and skin), Alzheimer's, Parkinson's, blindness, deafness.

Hot in my room tonight. They are increasing microwave intensity, which heats up my body and ambient temperature. The rest of the house is several degrees cooler.

Technology is being used to work on my emotional state and attitude today.

September 19, 2016

Sent today to Facebook via their help center:

Hello, my account was disabled by Facebook saying there was suspicious activity two days ago. I received no email re status and still cannot get into my account. The only thing I have done since this account was open is make posts and like a few pages. I am confused why it would be flagged with "suspicious activity." I am also confused why I have not received any email regarding the status of the account. Please email me at [REDACTED] re the situation. Thanks.

When I try to send the message with everything filled out correctly I get this:

“It looks like you forgot something or entered something incorrectly. Please make sure you've included all of the required info.”

While trying to resolve and pay taxes today, I get a notice from the IRS in the mail regarding my 2014 taxes with a few thousand dollars added for penalties.

I also got a spam email entitled “IRS Sneaky Tax Laws.”

This is how this government-sponsored harassment and terrorism reinforces their parasitic and sadistic manipulation of your life.

Timed, synchronous events like this happen every day, sometime multiple times throughout a day.

The frequencies put into this house have increased in the last few days.

The level of pressure and pain to my head has dramatically increased in the last week. I can feel the pressure pressing down on my temples and parts of my face.

I felt this same pressure years ago but not to this degree. This means that this has been going on for many years prior to overt targeting.

When you realize that your own government has taken proactive measures to destroy your life, it changes your perspective on everything.

Semis with loads on the back that resemble coffins.

This is death imagery.

School bus at 7:30 at night behind me.

Planting the seed of a veiled threat toward my kids.

They communicate in signs and symbols. That is their language.

A person saying “warm up” and “cook” when talking about food in an unnaturally repetitive fashion. This language is used to send a veiled threat to me that I am going to get microwaved or “cooked” more intensely if I keep doing what I am doing.

These are subconsciously influenced moments. This person has no idea how it is being used.

September 20, 2016

Could hear the audible pulses hitting a leather jacket that I used as a protective covering.

The pulses occur every several seconds to once per minute. When I hear the pulse, I feel an immediate shock to my body.

Someone bought BBQ Goldfish at the store, a flavor that is never purchased.

This is another microwave reference, as in barbequed with microwaves.-----

Watched a video of a TI whose eye got hit very hard by something when in public and claims he can barely see out of it.

Blindness is another common threat. They have hit my eyes aggressively too with Directed Energy.

I had to wear a patch once for a few days after my eyes got extremely red and sore and began watering uncontrollably.

September 21, 2016

The usual focus on head.

Woke up with sheets off the mattress, which means I was being shocked hard in my sleep.

Got into an argument about purchasing a device that protects against EMF radiation. Things devolved into the usual degrading, insulting, and slanderous commentary.

These entire exchange are scripted.

Someone made a king reference to my son's name today, whose name is like a famous historical king.

Because my family in Saudi Arabia has connections to the royal family, who in turn have strong connections to the British Royal family, there might be something there.

Whatever the case, they use technology in the most dehumanizing ways to reinforce these ideas. Makes me think that all people in influential positions, including royalty, have this tech and programming on them and in them.

I have a shower head that I purchased a while back to replace a broken one and the hose on it looks very much like the Egyptian staffs that ancient Egyptian kings and pharaohs are holding on the sarcophagi. Purchasing that item was certainly influenced for this purpose.

Tons of Egyptian references through media, too, since this began.

Themes like this are reinforced using neural tech and CIA-encoded media.

Very sharp pains to parts of head, face, and neck. Strong, sustained pressure on temples.

The EMF products are helping some with attitude and energy, but when I invest in something protective, I experience more intense assaults.

When I put things in their way, I get innuendo that it will make things worse because they now must overcome what I am doing to protect myself. They look to sustain a psychology of dejection and hopelessness.

The torture via DEWs is a main component for accomplishing this goal.

September 23, 2016

Can hear the pulses popping my pillow. They seem to come in bursts.

Serious pressure and pain to parts of my head, most notably temples.

Woke up dried out, a symptom of irradiation.

Caught a couple of minutes of TV when downstairs, as I never watch Television.

During that time, an advertisement for a show came on and one of the actors said, "Welcome to the CIA."

Time Machine is stuck at “Preparing Backup.” After getting rid of the “Backup in Progress” file, this issue remains.

Problems are being introduced behind the scenes and they are made to look like everyday computer issues. Apps that typically get corrupted and crash are apps that involve security, privacy, computer cleanup, backing up of data, etc.

October 9, 2016

I have taken a few weeks off from logging daily activities of harassment and control but that isn’t because it wasn’t happening.

I have been assaulted now every night for a few months and really every day since I’ve been in Shreveport and periodically for many years before that.

The primary focus at this point is on the head area, with particular emphasis on the temples and the ears.

I purchased some sheets that have steel threads in them, which I loosely wrap around my head for protection. When I do this, I can hear the pulses hitting the sheets.

The sound is similar to a pelt. This sound also varies in intensity and the intensity corresponds with the pain that I feel.

It seems to me that these weapons can be adjusted to cover a varying surface area. When this is adjusted to cover a larger area, it feels like my entire head is being hit with and enveloped in a wave or energy. Sometimes it is so strong that it jerks my head around. Other parts of my body too.

I am typing and the dog, which hasn’t barked for a while, is barking loudly and nonstop as it did for months on end when I first arrived in Shreveport.

The dog barking and the train blowing its whistle are two sound triggers most often used in my neighborhood. If a person is in an urban area, engines from cars are often used.

Bringing back audio or visual anchors is done to remind a target how “bad” it once was and is an operant conditioning technique.

These are tools of terrorism. Governments are the real terrorists but are profiling innocent people as such.

I got into an argument with family because of differing views about Syria and the United States’ role in that region. My family’s views seem more different and deliberately opposite of mine than in the past. Their brains and thoughts are not entirely their own at this point.

All interactions like this are remotely managed. Word choice in a conversation, overall attitude, and physical movement can be mapped out with ease.

These experiences are like navigating a minefield.

Writing about my experiences in detail and working toward putting it in book format is met with various forms of retaliation. Harassment and interference, hacking, manipulated behavior, noise campaigns, directed energy assaults, and overall torture and terrorism ramp up.

October 16, 2016

Keeping up with writing daily when you're targeted is hard. A person who is not familiar with what this program does to an individual must understand that when one is targeted, what one does to document and expose what's happening is met with interference, harassment, threats, and consequence.

I have now been assaulted on a nightly basis of which I am aware for almost a year. I now know that I have been periodically assaulted for much of my life. Once I realized this was being done, it increased.

Case in point regarding harassment when documenting. One of the neighbors is hitting me with a pulse gun right now.

Perpetrators behave as if they're above the law because they have support from the law, but the second that support goes away, they all end up in jail.

If that doesn't happen, then an all-out revolution will likely occur, which may be the plan.

I put up with unspeakable acts of torture and terrorism. Those who commit these crimes still think that their intimidation and assault tactics will get me to stop writing about what they do. They're wrong.

October 17, 2016

My video has been stuttering on my computer for the last few days. Whoever manages my internet connection bottlenecks the speed or floods the network so that my bandwidth decreases and videos take too long to load. This causes the stream to hiccup constantly.

I was assaulted in my bed though not as severely as a few days ago.

Accept nothing, deny everything, throw out counter accusations.

This is the modus operandi.

Turning people into programmable vessels is their thing.

The world is a Sims game to them and we are the characters.

The handlers want reactions of friends and family not to make sense, to seem out of character, off-kilter, creepy, even demonic.

The more they can push the envelope and get away with it, the better.

People you know, friends, close family, become something altogether different from their usual selves.

Like they have been entirely taken over and possessed with tech.

October 21, 2016

I just watched a video of a TI on YouTube who at one point was very well spoken on the subject of targeting, gangstalking, and mind control. Now he's acting like his experience was a symptom of schizophrenia, one of the go-to diagnoses used for CIA-driven psychiatric profiling.

Pathetic sell-out skill. I hope he ends up in the slammer with the rest of them.

Spreading slanderous disinformation about this horrific crime is also a crime.

October 22, 2016

I am getting irradiated at night with enough intensity that I wake up the next morning feeling dead to the world.

Energy levels are super low, and I awaken in a down state.

I continue to hear the pulses coming into my ears.

The sound is unmistakable and can easily be captured with an audio recorder.

November 15, 2016

The assaults of the last few weeks have been intense.

Much of the emphasis continues to be on my temples, ears, and head area.

This kind of persistent radiation can lead to cancer, which would make them first degree murderers.

I have also had several people mention "cancer" lately in conversations.

I tested out some new protection for my head, and it has helped, though I still feel the jolts. It is next to impossible to completely overcome these attacks without investing in very expensive material. Even then, they may still overcome it.

Anytime I move, the pulses follow me and continue to focus on the same part of my body, namely the temples and ears. They have precise surveillance can see me in the dark. When I move, the pulses stop for a few seconds but then pick back up and focus on the same part of the body.

They likely use some kind of thermal or radar imaging for visuals and maybe GPS for precise location. When the pulses successfully hit a particular part of my body, the heat signature probably changes on their monitor indicating that they have successfully hit the target.

When I am pulsed, even if I do not react, they are able to hit the same spot again with much higher frequency after the first successful hit. This makes me think that they have some kind of indicator that shows whether they hit me cleanly or not.

When I record the pulses and move the recorder close to the point of impact so that it generates the loudest sound, they stop pulsing in that spot. This means that they are watching every move I make and as a rule, limiting any incriminating proof of assault from an external source.

Scripted Conversation moment:

“Today is BBQ and baked beans.”

When BBQ references are thrown out, more intense microwave sessions follow.

Trigger words are repeated often so that they serve as anchors for the verbal terror and veiled threat campaign. They are meant to intimidate and control behavior using covert threats of consequence.

“Cooked,” “eat,” “hot,” “oven,” “microwave,” “nuke,” “baked,” and toast” are also frequently used to signify more intense electromagnetic torture.

November 18, 2016

Scripted Conversation moment:

“That guy’s nuts.”

November 21, 2016

A lot of hacking interference today.

Had to restart computers several times to get it to a functional state again. When I lock the Keychain Access, it will not lock the Local Items keychain. This is not normal and this user account was created only a few days ago because my past ones became too corrupted to function properly.

Slow degradation of functionality over time in an attempt to pass these issues off as “natural” is typical. I have been on computers most of my life and have fixed hundreds of machines as an IT Consultant.

I know when a machine is naturally corrupted or infected and when it is hacked and all of my machines are heavily hacked, monitored, and manipulated.

November 29, 2016

Internal and external interference and manipulation has become standard daily fare. Sometimes it’s heavy, other times light, always present.

December 15, 2016

Today has been a tough day.

I have been assaulted and tortured every single night for several months since coming back to Shreveport. This was going on years before but not like this. It was covert. I thought the pains and the jolts in my body were natural.

They weren’t.

Since realizing this, the assault dramatically increased. My sleep patterns have been severely disrupted, keeping me up throughout most and sometimes all of the night. At times, I have been assaulted through to the next day.

Today, I was not able to fall asleep until around 1pm. I tried to sleep on the bed, and they immediately started attacking my head and body. It seems today they were intent on preventing me from sleeping at all. I moved to the floor and was able to sleep for about four hours while still being attacked.

My head, my throat, different parts of my body, my eyes, my mouth, my back, all attacked.

When they hit hard the shock of the electric jolt is not just painful but electrifies the into a state of wakefulness. I can be on the verge of falling asleep, and I will receive one of these heavier duty shocks, and I am wide awake again.

This is identical to MK-Ultra electroshock and sleep-deprivation torture that started in the early 50s.

The difference now is that operatives are being supplied with portable EMP Microwave weaponry that they can use to attack you from the nearby homes.

The Satanic, Nazi terror and torture tactics remain the same.

Multiple neighbors take part and collaborate on these attacks. They surround the target in this way in order to make the truth less believable, to avoid incrimination pointing to a single source, and to ensure that they always have a clear angle on the target.

For the torture program to be successful, they must guarantee that the target cannot escape the assault and torture. Anything less is unacceptable, as it gives a person a psychological and physical break, which would move a person toward recovery. Their program's effectiveness at traumatizing and breaking down the target would then begin to fail.

When I shut my eyes, I am assaulted with pulses. They hit my teeth, shake the bed, jerk and jolt my head, anything to make it impossible to fall asleep. Their lives and livelihoods revolve around mercilessly harassing and torturing another human being.

December 17, 2016

Getting a lot of dog and train sound harassment today, two noises that I was anchored in when I first arrived in Shreveport.

At its pinnacle, the dogs barked for hours on any given day. The train has come by a half dozen times before in as little as a few hours.

Loudly barking dogs, menacing-sounding engines, and other types of loud aggressive sounds can induce fear in a lot of people. They are used to get the target to associate their actions, thoughts, any type of behavior, with those sounds.

Once a person becomes sensitized, the perpetrators use them to express "displeasure" with a particular action.

December 24, 2016

The level of obsessive attention spent creating problems for me, trying to control and manipulate my life is mind-blowing.

Any application they do not want me using, they attempt to sabotage. I use a simple word processor because the others are messed with in a way that interrupts workflow, and now when I choose a bullet for one line, it bullets the entire document on every line.

Fascistic, parasitic hacking and interference.

Being assaulted during the day. Various types of shocks and burns.

Look back at the political abuse of psychiatry during Communist Russia and Nazi Germany.

In the 1950s MK-Ultra program, electroshock therapy and sleep deprivation were main ingredients of their trauma-based mind control and torture programs.

Today's targeting is an evolution of that program, Now, neighborhood and "community-based" informants do the government's dirty work.

These people are sadistic.

The pyramid, inverted pyramid, 666, devil's horns, and other gestures are pervasive.

News reporters, politicians, celebrities, and major world stage players flash them often. It's an insider's signal of affiliation and allegiance. The lies and deceptions are wide and deep.

The idea that Trump has come to save the day is another clever plot twist in this absurd world stage production. He's playing a part, selected a long time ago.

He throws up more hand signs more than any other president maybe ever.

December 26, 2016

My sons have been here for a week now. All aspects of targeting pick up when they are here. The perps work hard to provoke in hopes of discrediting me in their eyes.

The black and red and orange combinations have increased, driving home the satanic and masonic forces that drive this program.

These criminals terrorize and torture innocent civilians with impunity.

Anything we say or do can and often is used against us.

These are disgraceful people.

While outside playing basketball with my older son, the perp next door came outside wearing all black, then stood in his backyard in my line of sight smoking a cigarette.

He also started drilling holes on his back porch, again directly in front of me and my sons.

They have kept the garage door open the last few nights as well.

Repetition is key to establishing anchors and triggers. Open doors, open trunks on cars, open garages, are all used often.

Anchoring targets in the “everyday” is a cover and discrediting tactic.

My mind is being flooded with negative thoughts that aren’t mine.

These intel handlers use psychic driving techniques and inject sequences of negative thoughts into a brain like a sending data from one computer to another wirelessly.

They can also attempt to frame a person with the thoughts that they’ve implanted.

The potential for inhumane and criminal abuse with this technology in the wrong hands is immense. This is demonstrated on me every day.

Governments, security contractors, and organized criminals all have access to this technology and it’s being kept suppressed or worse discredited by mainstream media.

There isn’t a severe enough punishment for the hijacking of another person’s life and mind.

December 31, 2016

Took my sons fishing today and the criminals were particularly active.

The managers of this program and my targeting continue to put lowlives and thugs around me wherever I go. This has the dirty signature of the CIA all over it. Pure domestic terrorism. Children don’t matter to them. They ramp up everything with my sons in town.

A lot of tricked out cars driving recklessly today. DHS, intelligence agencies, and local law enforcement use thugs to terrorize people. They are like mercenaries for hire.

They’ve used the same thugs to break into my residence in two different states. I do my best to keep my sons distracted from it, but my older son started to pick up on stuff. I explained things in the best way I could.

What is a parent supposed to do in a situation like this? Our government is the number one perpetrator of domestic terrorism. We are headed for a totalitarian state that is more ominous than any other before it. This is a terrible period of our history as a country. It will go down in infamy.

Dude’s truck today next to a fishing hole we went had covers on his seats that said “Bone Collector.”

Ridiculous fireworks around our place tonight.

The perpetrating neighbors use opportunities like New Year’s Eve to engage in aggressive sound campaigns. These huge thunderous booms sound more like explosions or gunshots than fireworks.

This is meant to be a veiled threat.

When we were fishing earlier today, there were several gunshots in the distance. Any chance to create threatening noise is taken. I live in a rural area, so gunshots and barking dogs are two that they can more easily blend into the surroundings.

Helicopters, planes, trains, vehicles of all types, anything they can use in ways that can be used aggressively on a target they do.

Our country has been fully weaponized and most people don't see it.

We discovered when we went outside that the fireworks were coming from next door. Tyler, the man who rents this place is a main neighborhood perp. When I inquired in person about the super loud fireworks, his friend said that they were "artillery shells."

They also have a huge fire burning in the front yard, which they have done before, even in the summer.

Fire is a commonly used symbol. I have gotten innuendo of setting my place on fire many times. Scripted conversations about fires will be synchronized with people around our neighborhood burning fires in their front yard.

Two young boys who are being targeted along with their dad while minding their own business and trying to have a good time for the few weeks they see each other all year. Is this something that our society now condones? Have the majority of Americans gone terrorist?

I hope not. But a solid percentage thinks it can take the law into its own hands, act as judge, jury, and executioner, and do whatever it wants to whoever it wants whenever it wants.

I can't think of a more evil act than to bring children into this.

Such an abomination to humanity.

January 10, 2017

This is a compilation of several different examples of the train and siren harassment.

The trains and police and first responder sirens are used all over town to harass and intimidate

They are heavily involved in these CointelPro MK-Ultra Trauma-Based Programs.

The duration and intensity of these sounds varies to communicate the level of displeasure with whatever it is I am doing that they do not like.

This is an Operant Conditioning technique.

[Noise Campaign Compilation - Trains](#)

January 14, 2017

When a person sees that their life is manipulated to the degree that mine is, just relaxing and "being yourself" is not easy.

My moment-to-moment behavior is scrutinized, judged, abused, threatened, terrorized, manipulated all day every day. My world – both external and internal -- is tightly controlled.

The technology that I have experienced defies comprehension. Mind reading, physical manipulation, thought implants, synthetic telepathy, impulse control, and behavioral mapping are standard.

I have been consciously aware of this for a year now. It's clear this goes way back, likely to birth or before.

As I type now, I am having trouble hitting the correct keys. Other times, my typing is nearly mistake-free.

There is a spectrum of degradation and augmentation that this technology traverses.

Our government has worked hard to create the perfect crime. It is incredibly difficult to prove and intentionally sensational. The more exotic and surreal, the more outlandish sounding, the less likely to be believed. Honest, intelligent analysis and disclosure is met with derision, slander, or worse, institutionalization or incarceration.

Every day I deal with this ever-present threat.

Military and intelligence are masters of psychological warfare. Part of that warfare involves constant intimidation tactics. I have learned to overcome and ignore most of it, but if the target becomes immune to most aspects of the trauma-based psychological operations, the handlers hijack neurology in an attempt to induce the desired response.

This includes taking over one's inner voice and thought process and entraining and driving the brain in the direction they want. I have yet to find a way to stop this from happening. I have around-the-clock, internal terrorists, neurological perps, who interfere with my thoughts, my emotions, my attitude, my perception, my personality.

How does a person escape this? Our brains have no firewalls. These agencies can track us anywhere in the world. We are nodes and receivers that do not turn off or unplug.

Can people wrap their heads around the scope of this? Millions of people are dealing with this every day and no one is doing a thing. Why?

Are those in power being controlled in the same way? Are they equally programmed? Or are they just blackmailed and compromised, too greedy, too power-hungry, that they overlook or worse promote this unprecedented crime against humanity?

They were covertly manipulating my life for over forty years before I picked up on this. Because it works on a subconscious level, they can blend their programming and trauma into a person's life without awareness.

We are conditioned to perceive negative experiences as bad breaks, negative emotions as depression, anything bad in life as happening naturally. We assume that our own behavior, our own emotions, our own choices could never possibly come from a source outside of us.

We are wrong.

January 15, 2017

The tech is used often to disrupt my concentration and focus. Any time I do things to expose and prove this experience, they hit me with frequencies to make it much harder to follow through.

It's like a scrambling device. They have decoded the frequencies that translate to all types of behavior and emotion, so they understand which ones can be injected to disrupt the brain and natural cognition.

This could be as simple as beaming a frequency that makes me tired, or it could be more complex, like manipulating impulse, emotion, motivation, and thoughts.

Memory disruption or erasure, coupled with impulse control, can severely affect follow-through on any task or project. Organization and conscious awareness of their tactics helps but continued assaults and torture like this are brutal.

MK-Ultra methodology is about breaking a person down to make their brain and personality more suggestible to programming.

This experience is no different.

I woke up today and felt pain in the middle of my back.

I continue to wake up with very low energy.

As I write this, the pain became noticeable again.

The assaults often come after veiled threats in conversations and other means that imply future harm. I may be influenced into catching a commercial that talks about back pain and then for several days in a row, my back gets hit and I wake up in pain.

They read my thoughts as well twenty-four hours a day.

This is reinforced to by having a family member, for example, say something that relates directly to a thought I am having.

January 16, 2017

I have not felt well all day. I woke up out of it.

Low energy, sluggishness, a stomachache.

There is no reason for me to feel this way except for the frequencies hitting me throughout the night. The ringing in my ears has been persistent lately.

Watched an interview with Max Spiers that discussed Project Oaktree. I have gotten innuendo that I am connected to Spiers. The children that were a part of this project were born in the 70s as was I.

This program connects to Eugenics ideology and might involve genetic and DNA manipulation that goes way beyond basic programming.

I am getting pulsed and shocked any time I close my eyes to rest.

Was invited by Steve and Dave Robbins as a guest on TruthCat Radio tonight. As they wrapped up, Steve recommended Ozzie Osbourne's "Crazy Train" and Talking Heads "Burning Down the House." In recent days, I have had a few references to fires. This is a thematic veiled threat. I have also smelled burning wood from people burning leaves and branches nearby.

Ozzie could be a reference to OZ Monarch Programming, and as a kid, I listened to Ozzie Osbourne's song "Crazy Train" often. It was clearly a part of my CIA music programming.

The kid whose dad was a cop and most likely a local handler turned me onto Ozzy Osbourne and KISS when I was seven or so, although I never really liked heavy metal.

I am starting to question what's really going on here.

When your life is manipulated the way mine has been manipulated, you find yourself surrounded by duplicity. They can be nice, friendly, supportive, but still duplicitous. It's the utmost betrayal and disrespect to lie to a person about who you really are. I realize now this has been the case with many in my life.

Sad.

January 18, 2017

I am seeing these thugs use neural tech to induce symptoms of dementia in my 81 year old mom. It is forced, deliberate, and contrived. It can be switched off in an instant.

Commercials about diabetes have been on the TV a lot. Will be interesting if I learn that I do have diabetes at some point. My vitals and other physiological measurements are taken remotely.

Commercial on blindness as well. I have had a few scripted conversations about eye surgery in recent days.

Me TV has shows on that I watched religiously as a kid: Gunsmoke, The Rifleman, MacGyver, Good Times, The Andy Griffith Show, Three's Company, I Dream of Jeannie, Chips. They are connecting me to childhood TV programs that I grew up watching.

This is part of programming reinforcement and ritual and is a deniable way of letting me know that they have been in my life going all the way back.

When trying to sleep last night, I got jolted in the throat in such a way that I could not breathe. I could feel the electrification around my throat area for 15 to 30 seconds afterward.

At about 5 in the morning, I received hard shocks to my head and burning sensations around my body, as well as a crawling sensation under my skin that makes it impossible to get comfortable. This may come from nanotech in my body that can move around when excited. Either that or my body is being pulsed in such a way to induce this sensation.

I looked out the window and noticed a light on in a house further away and behind our house that I had not seen on before.

The neighbor directly behind my residence keeps the lights on all night.

This was exactly what the neighbor above my bedroom and adjacent to our apartment did in Los Angeles.

The Jewish Center behind our building in LA kept their light on in a huge back window all night even after I asked them if they could turn it off because it was shining into the bedroom.

The house behind me here has a similarly huge window and they keep the light on all night every night.

This kind of mirroring of environment is a component of this program.

January 19, 2017

When I woke up today, I felt horrible. After an hour, I feel fine.

I was also wobbly when I got out of the bed. There is no natural reason for this.

A rodent or squirrel has been scurrying around and gnawing on the wood in the walls. I have not heard this in many months. The last time, I looked for the source and found nothing. The idea me being a "rat" for outing these criminals is a recurring theme.

The more bizarre these PsyOps the better, as it adds to the unbelievability. I think they are remotely influencing a live animal to move around and gnaw on wood when desired.

Got an email today that had a document in it with password protection. It was from Odio Corporation and addressed to me. Had icons for invoice and payment. Email was from Prairie Intl, which seems to be a trucking and transportation company.

I had some unusual charges on my card that I disputed when this first hit that were from a shipping company.

January 20, 2017

External hard drive failed. Backup failed.

This has happened many times and is a result of deliberate corruption. Had to reformat the drive and erase all the data to use again.

While outside today, continual activity from various sources:

- The entire time a neighbor was using an extremely loud cutting saw.
- Loud hammering from a house somewhere behind our backyard.
- Revving engines in the distance as well.
- Seven planes overhead, one a low-flying military plane.
- A smaller Cessna type plane circled over our airspace three or four times.
- Dogs Constant barking from neighborhood dogs.
- Kids yelling next door.
- Loud truck pulls up into subdivision next to our back yard in my line of sight, then backs up, and takes off.

Pulsing assaults to my head minutes after closing eyes on couch in den. I can go to any room in the house, and I am still pulsed. This is external always, as I put something solid up against my temple and can hear the pulses.

Stuttering internet when watching video. Internet light was red and down earlier today for no sensible reason.

January 21, 2017

Assaulted heavily when trying to sleep. They are hitting my throat so that it reverberates throughout my head and neck. I lose my breath as well when this happens.

Woke up again feeling sluggish, dehydrated, and irradiated from DEW assaults and EMF radiation blanketing my room.

This can induce cancer over time.

I have also been waking up with dark circles and bags under my eyes despite sleeping for several hours.

Caught some television for a second and it was the Vanderbilt and Florida game. Vanderbilt had just beaten the Florida Gators 68-66.

I went to Vanderbilt.

These kinds of subtle connections are timed and deliberate. In the same way that people drop info about your life in conversations, the CIA does the same with media.

It's ritualistic.

Scratching animal noises are coming from the wall again.

Trying to watch training videos from Lynda.com and the video reloads every five to ten seconds. I am trying to expand skills for work and I cannot watch the training videos because those hacking my computer attack my internet.

I am monitored 24 hours a day and my actions are continually scrutinized, interfered with, and sabotaged.

This is an example of that.

Standing in the way of people getting things done and improving their situation is a tactic the Stasi used and why they called their operations Zersetzung, which literally means "erosion."

During the initial takedown period, my network was hijacked, and I had little to no internet access for a couple of months.

I lost serious amounts of data, and my ability to stay organized amid all the chaos they created plummeted. To this day, I still have not been able to retrieve hundreds of gigs worth of files.

Doing this to a person's life can cause permanent damage. It is a serious crime and local law enforcement and the DHS commit it with impunity.

Throbbing headache today from pulsing my temples.

This came about an hour after someone asked me for Excedrin for a headache. This timed coordination reinforces that the headache isn't natural.

The criminals doing this want me to know that it isn't natural.

I was shooting the basketball outside, and the older brother next door made a point to unwrap something, move into my line of sight and throw it away in their trash can behind their house.

People throwing away things in my line of sight continues everywhere.

Minutes before that, someone used the phrase "get rid of it" during a conversation. There is a trash business here that is called "Get rid of it" and has those words painted on the front of its dumpsters.

When I stopped playing basketball and went into the backyard to relax outside for a few minutes, the neighbors in the house behind ours were walking around their backyard.

The younger daughter stayed outside to play on the trampoline. This I think is the same daughter who made an off-color remark to my sons while we were playing frisbee outside the last time they visited.

As I walked back inside, the older kid next door rode his bike nearly on our property in front of me.

All of this activity is meant to provoke an aggressive reaction. That they use children in this way is truly shameful.

Remote influence technology could be at work but the neighbors mostly know what they are doing.

Extreme assault to back of head and neck. Burning sensations to various part of the body.

January 22, 2017

While playing basketball, the neighbors to the right came out of their house, got in the car, turned on the lights (pointed in my direction), and stayed in the driveway for fifteen minutes until I stopped playing basketball and went inside.

Right after, their dog barked incessantly and the train blew its whistle.

Coordinated sound and visual harassment and mapped out experience.

I can't say whether the conductor has access to a surveillance stream but the timing is too precise to be accidental.

I passed by the TV and there was a commercial for Shriners showing kids with disabilities.

The Shriners is a Masonic organization. A few months ago, I got a random call from the Shriners' organization asking me if I wanted to donate money to the cause. This group claims to be all about charity but is directly connected to those who harass, terrorize, and torture innocent civilians.

Freemasons are central to this. They are versed in MK-Ultra techniques. They traffic people.

Pulsing sounds in the walls throughout the day. Pulse the window frames as well.

Skype shows "unavailable" though my internet connection is good. Says it doesn't recognize my sign-in details but the email address associated with the account is correct.

When I sign into the web version of Skype, it works fine. This proves that the local Skype app is being manipulated. There is no other reason that Skype would be inaccessible. This has happened several times before.

January 23, 2017

A few minutes after I woke up, two planes flew overhead, and the train blew its whistle.

In the past few hours, several planes have flown overhead, and the train has come by four times.

Internet is sluggish. Pages taking a while to load.

I cannot keep the Autocorrect in the TextEdit app disabled. This is an indicator of manipulation.

Words are automatically changing to another word that does not make sense as a first choice.

Intel has used Autocorrect before to communicate ideas.

Internet stuttering while playing video.

Another induced headache today via EMF.

Small jolts to various parts of my body throughout the day.

Can hear pulses hitting my headphones.

Anytime I begin to record the sound, the pulses diminish. Those surveilling and assaulting me back off at any attempt to gather evidence of their crimes.

Minutes after I begin playing basketball, someone drives up.

The technology coordinates intersections between people, especially unwitting friends or family. It's used to get them to mimic the behavior that perpetrators exhibit to confuse the situation and provoke the target into making false accusations.

I passed the TV and a special was on about children in hospitals.

I have received numerous veiled threats regarding my children since this began. The CIA uses TV programming to reinforce this. It's a favorite choice because of its deniability and psychiatric profiling value.

While sitting outside for a few minutes, several cars with super loud engines passed in the distance. For me to hear that kind of volume, the engines have to be tricked out and the gas pedal all the way to the ground.

Someone talking about Trump:

"He's gonna get himself hanged. He's a liar, he likes to create conflict, he doesn't listen."

He was brought up again later in a very negative way and for no particular reason.

Anything that they know will antagonize is brought up with much greater frequency. This particular conversation devolved into this person going off on me for "not believing anything on the news."

Scripted crazymaking.

January 24, 2017

Manipulated dreams last night.

Not long after waking up, a plane flies overhead and the train goes by.

Woke up with an unsettled feeling. This is due to them working on my brain while sleeping.

Random jolts to various parts of my body, typically limbs.

FB logged out on its own.

When logging back in today, my email address was recognized as valid. In the past, the same email was not recognized as valid.

Because I make a lot of posts exposing targeting and government corruption, Facebook is messed with often. Pages load very slowly and often hang.

Very loud banging of cabinets and other noises coming from family downstairs.

The handlers are interfacing with their brains and timing this kind of thing.

I get this a lot while preparing for the radio show where I discuss targeting.

Firewall shows "Suspicious Activity Detected."

Screen blacked out when logging back in.

Unusual smell in my room. Smells like burning wood.

This week, I have had many fire references, something I've had intermittently in the last two years.

The usual toxin smell is also back in parts of the house.

Family member lying on the couch making the Illuminati "Be Quiet" gesture. Totally unaware he is doing it.

Spotify volume just faded in and out though I did not touch the volume.

When logging back in from screen shutting off, the screen pauses for several seconds before authenticating my password and pulling the screen back up.

Pulses hitting my headphones.

Opera browser has been working fine for weeks but is now opening up then shutting down. On the Mac ribbon, it animates in a way that is not natural to the OS.

January 25, 2017

Playing basketball and the neighbors again had their car running with the lights on during the day. This time, there was no one in it. The car sat there for about fifteen minutes before they came out. They then milled about around the car before getting in.

One of their sons got on his bike at this point and started riding around in the backyard on the grass in my line of sight while I was shooting baskets. When they left, several cars passed. The usual black, red, and white Satanic and Masonic combinations.

A family member pulled up in our driveway at the same time.

While out, the usual vehicular presence and theatre.

On my route, several policeman with their lights flashing were standing outside of their vehicles on the side of the road. A couple of minutes later a police car sped across the intersection in front of me.

Staged accidents, police presence, and first responders blazing by with their lights flashing, all standard fare.

When picking up Chinese food, an employee handed a customer his food, with one arm behind his back, in a very formal way, much like an aristocratic servant. He also interacted with me in a very formal and unusual way. This is a tiny Chinese takeout place, not some fancy restaurant.

At 11pm, the power went out in my residence. This is a punitive tactic. The power companies are complicit in this. It is deniable and can be explained away with ease but there is no doubt it is deliberate and retaliatory.

In Los Angeles, the power went out when the perps were breaking in and terrorizing me around the clock. The weather was clear, and the power had never gone out for the eighteen years that we had lived in that apartment complex.

They are planting a terroristic seed that they might do something while the power is out. They want me to react erratically so they can profile my behavior.

On one occasion, I called the power company, and they gave me a lame excuse that someone hit a pole. They would not give me even an estimate when the power would come back on.

The power stayed out for 24 hours.

January 26, 2017

Power went out again briefly today.

The neighbor at the corner was burning a fire in his front yard.

A very bright, low-flying drone followed me along one of the streets.

Several oncoming cars blew by me at dangerous speeds without moving over while running.

Dogs barking aggressively throughout run.

January 27, 2017

Almost got run off the road more than once while running.

I was running with the phone light on so there is no reason for the cars to drive that close and to me and at such high speeds. They see me and do it anyway.

Usual vehicular presence when in town.

Man in Kroger parking lot had a trailer attached to the back of truck with a mound of dirt in the back that was obviously supposed to look like burial dirt.

This kind of death imagery is a pattern.

Police car 217 parked with no one in it while driving down Youree Ave.

Law enforcement, probably driven by DHS and LEIU, watch closely everything I type on this computer. When I put things down like the car numbers of cops, I experience interference or stuttering.

I think this particular car has been around me more than once.

In LA, the same cop followed me in LA and then to Culver City, which was outside of his jurisdiction.

In Shreveport, a constable lives up the street. It is likely that some of the neighborhood perps have backgrounds in law enforcement.

Police are heavily involved in local gang stalking.

January 28, 2017

Train blew whistle loudly several times today, including 530am in the morning.

Was assaulted and kept up all night until around 7am.

Saw La La Land tonight. Waiter in restaurant that we ate in afterwards subtly flashed devil horns as he passed us. Two people eating next wore black and red color combinations.

Group of people in area were talking loudly while recounting story about shooting a deer with a shotgun. Also mentioned their fifteen-year-old child.

My oldest son is fifteen.

While driving back, a cop car was parked in an empty lot with no one in it. Another policeman crossed in front of us at an intersection. An ambulance pulled up at T-section as we passed.

Precision-timed events.

January 29, 2017

Train passes and blows whistle as I sit down to my computer.

Sharp burning sensation on leg after being jolted.

Absurd sounding engines revving in the distance.

Aggressive driving while running.

Cars driving over the speed limit and speeding up when passing. Not moving over to let me pass.

Pulsing my throat causing temporary loss of breath

Extreme electrical jolts that caused my body to jump and jerk when almost asleep.

Involuntary movement and jerking of my head.

Involuntary movement of front teeth.

Shocking and burning sensation of various parts of body, including back, eyes, feet, legs, neck, and head

Pulsing of temples.

Heating room with microwaves to make it hot and uncomfortable.

Dehydration and drying out of skin from persistent irradiation. Caused itching and discomfort.

Light-headed several times when standing up today. At times, it's so severe that I have to concentrate to maintain steadiness.

January 30, 2017

A minute after waking up, the phone rang twice, then the train blew its whistle. These are anchors.

Extreme assault and sleep deprivation through 8am.

Burning and itching sensations throughout body.

Extreme jolts and electrification to the back and side of the head.

Pulsing throat which causes loss of breath.

Jerking of body with heavy pulses to legs and arms.

Electrification of back.

Pelting sounds to temples that can be heard hitting shielding that is used for protection around head

Train came by and blew whistle six or seven times throughout the night until 6 am. This happens a couple of minutes after I begin recording audio journal entries into my tablet, which indicates that the conductor has access to audio surveillance.

Remote influence of birds, causing them to chirp directly outside of window and next to my head in the morning. At certain points, multiple birds will do this.

January 31, 2017

Went for a run at a nearby park and had the usual perp activity.

One pulled off on the side of the road in front of me, got out of his truck, then asked me if I had seen his dog. He didn't have a dog. I passed him twice. The first I passed him, he was heading to his vehicle. The next time he approached me from the opposite direction on the running path.

Dogs are used in conversation to relate to a target and plant the idea that we are nothing more than animals to be trained.

Calling someone a dog in many cultures is a serio insult. I had one neighbor refer to her dog as "dumb as a fox" while I was saying hello to them. This was when I first moved back here and didn't realize how many of the neighbors were perps.

Another time I was driving home with my kids, and a neighbor seemed like he was wandering in the middle of the street at night. When I asked him what he was doing, he said he was looking for his dog, who he said had wandered into the street. He made sure to let me know that she was "nuttier than a fruitcake."

A drone and a helicopter, likely police or military, are stalking me while running in a park near Barksdale Airforce Base.

When I started to film the helicopter, it took off.

Another helicopter was in the distance in the middle of nowhere by my house on the way back.

While on the road, two policeman passed as well as a fire engine with its lights and sirens on. When I passed a firehouse, the ambulance and fire engine had their doors open and no one in them. This visual anchor has been used before.

On the way home, a white corvette that I have seen before zoomed past me at about 90 miles per hour. I caught up with him as he turned on Leonard Road and got his license plate. Incredibly reckless and aggressive driving.

Two motorcycles did the same thing when my aunt was driving in Las Vegas blazing by us at about a 100 mph on the freeway.

February 1, 2017

Crazymaking tech-driven experiences are meant to be illogical. No amount of reasoning will work on people whose brains are being driven in this way. When it happens, people become hateful and abusive. They can't be reasoned with.

The handlers are sadistic abusers and psychological torturers. When the volume is dialed up, the abuse is extreme.

The situations are designed to make no sense. This is a central ingredient of this kind of provocative, crazymaking ritual abuse.

In these moments, the person -- could be family, a friend, a stranger -- is being used as a mouthpiece for sadistic handlers who are controlling on a subconscious level a person's behavior.

I have had family yell at me “You’re a failure,” “You’re an insect,” “You’re an outsider,” “You’re worthless” ad nauseum. They are not themselves. Taken over by Masonic and Satanic military scum.

February 2, 2017

Was able to sleep better using a different placement of protection. Seems I got around eight hours, which has been a rarity since this began.

Usually, adjustments are made and then I begin experiencing the same assault and sleep deprivation tactics as before.

The ability of this tech to manipulate the behavior of people is unreal. The person reacting to me is being fused with the reactions of the remote handler.

This program thrives on creating dysfunctionality around a target. People lose their temper and get angry without justification. The technology is being used on the most vulnerable people in society, including kids and the elderly.

This crime against humanity is unprecedented and unapologetic.

Aggressive driving and mobbing when going to the library.

Similar activity in the library. The activity is persistent and relentless. The only way to overcome it is to desensitize oneself to their provocations.

Regardless of where I go, the insidious presence follows.

Today I had a lot of school busses, which is a veiled threat to my children. I have had threatening innuendo regarding my children for two years straight. That school bus drivers take part in this program is beyond shameful.

LSUS police getting out of car as I passed while leaving the library.

Guy in library wearing black and red.

School bus outside in parking lot is covered in plastic.

Heavy assault throughout night up through 8am.

The pulses were hard enough to move parts of enclosure that is used to protect head. As usual, pelting sounds can be easily heard when this is happening.

Last night, I had an injected thought about moving to Europe, Poland in particular. A number of people I have met who claim to be targeted are in Poland. Today, when waking up and going to bathroom, I overheard a family member on the phone say “Europe.”

===

This technology is used on people to mimic symptoms of known illnesses, diseases, and disorders. The criminal handlers take these symptoms and replicate those same symptoms using remote EMF weaponry.

This is coupled with Directed Conversations, where the same trigger words like cancer, diabetes, deafness, blindness, heart attack, heart failure, kidney failure, among others, are repeated with unusual frequency.

Our government, security contractors, and organized criminals are using technology to harm, injure, and murder people with impunity, deniability, and near invisibility.

This program is connected to Agenda 21 and Agenda 2030. Targeting is connected to depopulation agendas which is a euphemistic description of genocide.

February 3, 2017

A lot of vehicular harassment when driving to park to jog.

A couple of first responders blaring sirens when passing.

Sheriff 412 pulled up on Ellerbe at light when I did. Then turned off on another road and several minutes later re-emerged onto my route just in front of me. This indicates persistent, real-time GPS on my car, possibly in my body, that is active at all times.

The precision-timed intersections on foot and in vehicles is a combination of real-time tracking of the target and tech-driven mapping within a particular radius of a target.

The usual theatre while in Kroger, people walking past me in ways to grab my attention, staring in my direction despite me ignoring them. The usual same time exit/entry activity when arriving and leaving.

Extreme assault to my head when initially trying to sleep, so much that I yelled out in pain and anger.

When I get hit that hard and with persistence, the muscle around my temples where they focus is swollen.

February 4, 2017

Guy in a truck (c416114) nearly clipped the back of my car on the freeway. I confronted him when he parked and he then tried to pick a fight in front of another perp witness.

Then he said,

“Time is running short.”

Is that normal to say to a stranger?

Only if you are a Masonic perp who is a part of a criminal trafficking and programming ring.

When I asked him what that was supposed to mean, he said

“You don’t need to know.”

===

Heavy and persistent assault while trying to sleep.

If the protection I use is somewhat effective, then the intensity of the pulses increases dramatically and to the point where they can be heard easily.

February 5, 2017

Snapping in the walls today from strong pulses hitting the right side of the room near the attic.

===

Sirens in the distance, then couple of cops zooming by on the highway while running.

A black and white dog sitting next to the running path at Clyde Fant.

Masonic.

===

Heavy assault last night on head

February 6, 2017

Getting hit in various parts of body during the day, including throat

===

A couple of cars did not move over while I was jogging and sped up when passing. Came very close to hitting me.

Deliberately reckless and threatening driving around a pedestrian.

The train blew its whistle soon after documenting this activity and opening up a video program to check out the footage of the harassment I have been experiencing.

Extremely sluggish response with VLC player open. This sluggishness is controlled remotely and has nothing to do with this computer’s ability.

Created a second desktop on the Mac for evidentiary screenshots so that my primary desktop is less cluttered. Once I made copies of the files on the second desktop, I got rid of the original files on the first desktop. When I did this, the files deleted from the second desktop as well.

So I went to the trash and tried to put them back onto the desktop. You can only “put back” one file at a time so I had to copy all the files back to the desktop one by one.

This is about 400gbs worth and is moving at an absurdly slow pace.

These kinds of issues are typical. The intel perps generate issues both large and small and always to get rid of any and all traces of what they've done to the victim. If they can interface with my behavior and get me to delete evidence, that is a first choice for them because it's a traceless form of sabotage.

Near impossible to prove let alone prosecute "neurological" perps. But that's exactly what they are. And their actions are criminal, deniable or not.

It's notable that these "issues" most often occur when I am dealing with files that could serve as evidence of what they've done and continue to do to me. So what started out as a simple task to create screenshots from footage of the aggressive harassment and to save them to a folder on the desktop has now derailed me from this task as I now have to wait for a long time before these files move back to the desktop.

These techniques look to derail me long enough that by the time the situation is resolved, I have moved on to something else or given up entirely.

It's a combination of disruption and redirection. I get hit with it all the time.

Sirens off in the distance.

Train came by and blew whistle three times tonight, two while making recordings, one while checking security settings on computer.

Room is a few degrees hotter than the rest of the house. This indicates microwaves blanketing the room and increasing the temp. The heat is off.

Aggressive assault to head.

February 7, 2017

The train blew its whistle at the moment I started running.

Dangerous driving while running.

Two cars pass by me at the same time so they can have a plausibly deniable excuse for not being able to move over when passing me at dangerously close distances.

This happened twice today while running.

Other times, cars drive by at high speeds with no oncoming traffic and they still don't move over.

This happens every time I run on the street.

The traffic is way heavier than normal. There just aren't that many cars that go down the roads around where I live.

On my street, a few cars typically pass or pull out of their driveways while I am running.

They want me to know that I am being tracked and surveilled no matter where I go.

===

The neighbors are snapping the walls with pulse guns now as I go from room to room.

They are serial provocateurs, agitators, and sadists.

===

Remote influence is picking up. They are working to maintain a highly negative emotional state.

As long as this technology remains suppressed, these horrible crimes will continue to go unpunished.

===

Joyce, my cousin, apparently was in the USDA building in New Orleans when it was hit by a tornado. She is coming up to Shreveport for the weekend and it sounds like she is moving up here for work. She now lives in New Orleans.

Notable, too, is that I have had a couple of IP addresses recently involved in attacks and scans of my computer that came from Department of Agriculture.

Does she have awareness? Is she somehow connected to my targeting?

Hard to say when your life has been arranged and manipulated in the way mine has.

February 8, 2017

Pulsing of the walls and items in a room when I enter. Meant to agitate and to discredit. People are employed by the State to do this throughout a person's day.

When in the bathroom taking a bath, the train blew its whistle loudly and as it did, a loud pulsing hit the walls in the bathroom.

Coordinated synchronicity. Sound anchors reinforcing each other.

While running at Clyde Fant Parkway, I had the usual presence.

At one point, a guy maybe a 1/8th of a mile ahead of me, kept looking back at me in exaggerated fashion, almost as if he was scared.

He then darted off the running path and started running across the street. Then he came back down on the path, still looking back. Then he went up on the shoulder of the highway again.

I caught up to him and asked him why he kept looking back so much. He told me he had PTSD from his time in the military.

It's laughable that an ex-military guy would be looking over his shoulder constantly the way this clown was.

At the most intense periods of harassment when they were breaking in, sending me veiled death threats, and creating extreme, aggressive gangster presence , I didn't act that way.

What's notable, though, is that the night before, when talking with a family member, I likened a target's experience to PTSD.

That tells you that they are listening to what I say in my residence and scripting events and interactions around the surveillance.

===

A lot of vehicular and color mobbing while out today.

Oncoming cars moving just over the yellow line to send veiled threat of head-on collision or running me off the road.

===

The popping feedback is back in my headphones.

As I write about the harassment that I experienced today, the headphones pop.

Someone in real-time is monitoring what I type and then sending a feedback pop into the headphones.

This is one of hundreds of anchors.

Some others:

- Colors of cars
- Colors of clothing
- Color-coding in general
- Number combinations, especially ones that have significance in Masonry and Satanism
- Speed of cars, shifted to represent varying levels of aggression
- The "whistleblowing" train, again with changes in volume, intensity, duration, even style to represent levels of reaction to what I am doing.
- Dogs barking (remote influence) (duration and intensity also variable)
- Buzz saws
- Lawn mowers
- Leaf blowers
- Wood chippers (neighbors cutting down trees and using these as veiled threats)
- Snapping of wood in the walls with pulses
- Variations in volume on the TV
- Specific words, phrases, thematic subject matter in conversations
- Loudly revving engines
- Honking horns
- Car alarms
- Computer beeps coming out of laptop or gaming console
- Hissing feedback coming out of gaming console when starting a program (variable intensity)
- Various gestures and poses, typically of a Masonic nature
 - Handcuff pose meant to imply incarceration (also Masonic)
 - Straitjacket pose meant to imply being institutionalized
 - Finger to mouth "be quiet" pose
 - Illuminati hand over eye pose
- Police hand signals

- Birds chirping (remote influence)
- Sirens in the distance
- Planes flying low and overhead
- Loud coughing
- Loud nose-blowing
- Loud yawning
- People bent over with backside toward me
- Car doors open
- Trunks open
- Garage doors open
- Lighting variations in neighborhood and around town (meant to convey a mood, often ominous)
- Road kill on street
- Trucks with loads on back that look like oversized coffins or covered bodies
- Luggage on top of cars or suvs that look like compressed coffins
- Other types of imagery meant to resemble wrapped bodies

This a partial list but gives you an idea of how saturated my life is with this stuff.

February 9, 2017.

At the restaurant Walk-Ons, I sat down next to a big group here for birthday dinner.

A few got up and took pictures next to me. An older woman gave me a kind of dirty look and held her phone up to me like she was taking my picture.

I learn from a gentleman who stayed behind after the group left that the people at the birthday party were SPD, as in Shreveport Police Department.

He asked me to look after his computer while he went to the bathroom. Then a couple of the kids from the party, maybe his grandkids, sat down at my booth to wait.

When the cop came back, he thanked me, then, as he walked out, made gun-shooting gestures like he was shooting them off at me. It was after he made some kind of joke as he was leaving, trying to pass it off as a way of saying goodbye, but who does this to a stranger?.

Of course, it's meant to provoke, to get me to react.

A table of cops next to me is an intimation tactic that they have used before.

Do all cops know that this tech is being used on targets? Not sure.

At the lower levels, they are at least informed of my whereabouts and schedule.

There could be someone in LEIU and upper levels of police departments that directly interface with the DHS that have access to the tech as well.

Is is never accidental. That is certain. And technology is always used on me and possibly others, including those in the police force. But I am targeted, harassed, and terrorized by them, not the other way around.

Any time I confront any cop, it is always the same BS. That that they don't know me, they've never seen me before, and so on.

So I just so happened by chance to sit next to a huge table of SPD familiar after constant police presence in multiple states for two years.

Right!

February 10, 2017

Purse was sitting in the center of the road on Ellerbe Road near my residence.

I get stuff in the middle of the road often, and it typically connects to some kind of PsyOp intimidation tactic.

Planting seeds of threatening and injurious consequence to me and anyone I care about is standard. The goal here could be to relate the item to my ex-wife or my mom.

There was also a kid's red shirt in the middle of the road not long ago. Red in this context is meant to resemble harm.

I have had red streaks of paint before that suddenly appeared on my path on the road.

Roadkill is another favorite to send veiled threats of harm or death.

All cowardly, plausibly deniable veiled threat stuff.

I think someone put something in my vape pen while I was running. I left it in the door in the car. I was having trouble locking the door with the key too. Feels like someone is controlling the car's computer system remotely.

I feel different after smoking it, a little altered. It's mild but it's noticeable. The pen is also getting clogged up moreso than it usually does, though I have cleaned it multiple times.

They may have put something inside the burner that heats up the e-liquid.

This is a way that dirty cops can set a person up. They drug your food or anything you use, then profile you as a drug user.

They did this with my Energy and Protein Powder in Los Angeles.

So I document it in case they try and entrap me. If they do something, I will have historical proof of documenting the potential outcome.

Pot stays in your system for a long time as well, so it's a good choice in terms of setup.

Their tricks are many and dirty.

I woke up today and was being jolted in my throat, nose, and back of head. A lot of injected negative thoughts that are anything but natural throughout the first part of this day. Negative energy from family as well.

As I am watching video footage of the vehicular activity, the following has occurred in less than a half hour:

- The headphones in a matter of minutes, have made a popping sound a half dozen times.
- The video has stuttered and turned to a gray kind of pixilation.
- A couple of jolts to my body. A pulse to my heart area that caused me to lose my breath.

- Plane flies overhead.
- Phone has rung three times.
- Train came by and blew whistle.
- Evernote is hanging with the pinwheel every time I move the cursor or click something.
- IPhotos closed on its own while importing photos
- Opera “Quit Unexpectedly” and will not open back up
- Train blew whistle again.
- Snapping in wall, then felt a jolt in body

February 11, 2017

Went out for a while with my mom, and cousins Joyce and Jessica for dinner at Horseshoe Casino.

The usual theatre was in full swing.

Band at Horseshoe was named Identity Crisis. Played two songs, Tempted by Squeeze, and Mr. Jones by the Counting Crows, two songs that I have listened to often over the years.

Part of the psychological campaign is to remind me of my past with music and, for that matter, anything else for that that they connects to past memories.

Train blew its whistle three times in a couple of hours late at night.

Several RVs driving by.

RVs, Uhauls and other vehicles associated with moving and travel are used to plant the seed that I need to move.

Roadkill en route as well.

February 12, 2017

Felt terrible when I woke up today. Heavy radiation while sleeping.

Makes me sluggish, dehydrated. My body is buzzing and uncomfortable; stomach a little nauseated.

What have we become as a nation that people are doing this to people in their own homes? This is a dark period in history.

Each day that this continues I will continue to expose it fully.

Aggressive driving while running.

Roadkill along route.

Usual PsyOp theatre.

This time, two bikers were pulled over on the shoulder of the highway near the running path. There was horse dung all along the running path and right around the bikers. Five people on horses rode next to me, one of whom stayed nearby for a few minutes.

The motorcycles sped off revving their engines as loudly as they could. The people on horses maintained their presence, then at one point, two kids on a horse together passed inches away from me on their horse while I was on the running path.

This is the kind of bullshit these people coordinate.

Though they had plenty of grass to take their horses on, they all got in front of me on the running path to obstruct my view. I confronted the dad about this and he finally asked them to move over.

Who does this?

Dirtbag perps.

Went downstairs and for the two minutes that I caught the TV, the newscaster reports that a “double fatal accident” occurred in Shreveport.

I have been talking about staged accidents for the last few days especially because of the very aggressive driving lately and then this comes up.

The CIA-driven national and local news are no doubt tightly integrated into the psychological warfare and terror formula.

Establish the threat of consequence with aggressive driving when in public, then drive home the idea by remotely influencing a person to catch propagandized, weaponized news and media about a fatal accident.

So much of the news is fake and serves this fear and trauma-based agenda that it’s impossible to know whether this story or any other is legitimate or pure fabrication.

What I do know is that I have been in several accidents over the last number of years that were not accidental, one of which was a bus that took my door off and almost my head with it.

This comes after the house fire theme was repeated for a couple of weeks before.

Beyond the radiation from EMF assaults that give people cancer over the long-term, these are two primary threats used to hint at injurious consequence.

I also had two fire trucks tailing me today.

Pains to my chest and throat while writing about the harassment and crimes.

February 13, 2017

Dream manipulation last night.

These dreams are always vivid, like watching a film.

Often negative or somehow off.

This is a technique used to influence the subconscious and is a part of hypnotic programming.

Train blowing whistle several times today.

February 14, 2017

Dream manipulation again last night.

Assaulted in the head and throat when trying to sleep.

Extreme pulses to the throat make it difficult to breath for a couple of seconds.

Train blowing whistle several times today.

February 15, 2017

Pulsed in the morning in the mouth and nose. Waking up with bags under my eyes though I should have slept for 7 hours.

Sleep deprivation torture.

Dream manipulation again.

Today is my birthday but that doesn't matter to sadistic thugs who harass and torment people for a living.

They ramp up the harassment and abuse on days like they do when my kids were here.

February 17, 2017

Very heavy assault last night.

Every time on the road, I experience dangerous and aggressive driving, all meant to increase stress and increase the chances of an accident.

I am seeing repeat vehicles, which is clear evidence of vehicular stalking.

The same truck that almost clipped me from behind on the freeway pulled out next to me on my way home from running. More evidence of premeditated stalking, as he pulled out next to me in an aggressive way as I was driving by then got behind me, and made sure to speed up and pass me at the point where I usually turn.

A sweet-smelling gas is pervading my room.

I have had many gases and toxins released into my room here and when in Los Angeles.

There are three distinct smells that I have smelled on many occasions. I have not smelled this one in a while.

One is like a nerve agent that amps up the nervous system. This one increases drowsiness among other things.

In Los Angeles, there were many times when I would smell a particular smells and within minutes be asleep with no recollection of having fallen asleep. When I woke up, I could tell someone had been in my place and my bedroom.

One time, the door to the bedroom that was locked was left open.

On another occasion, a knife that I slept with for protection was left open and next to me on the bed.

Things were also typically moved around. Sometimes, equipment would get damaged, especially anything I was using to document what was happening.

While running on street, neighbor in orange jeep came from Ellerbe Road and passed me on Jennifer Lane.

This next door neighbor engages in same time exit/entry more than any other and has been doing this since I arrived in November of 2015.

February 18, 2017

Heavy mobbing when running an errand.

A red pickup truck in front of me at intersection of Leonard and Ellerbe had a license plate that said "IDOBBO."

This is a coded reference to microwaving.

I have had many coded license plates, cleverly done as to maintain. If I confronted this person, I'm sure he would say something like he cooks on the grill a lot.

BBQ, cooking, heat, baking, fried, all of these words are used to send veiled threats of ramping up microwave attacks.

February 20, 2017

Dream manipulation last night.

Very little noise harassment in the last couple of days. No cars, no landscaping, no planes, no trains, no birds.

It becomes obvious that these noises are deliberate when they are no longer present.

When they get quiet for a day or two, it is intentional. It's a way of trying to manipulate my behavior, as if to say, if you cooperate, this is what your life could be like again.

February 21, 2017

Extreme dream manipulation.

Repetition of “Fibonacci numbers” throughout, not something I have been focused on so it would not come out of recent subconscious memory.

Woke up cold, dehydrated. Feels like radiation poisoning.

In the morning, I typically get hit with something to jolt me out of sleep.

Today, it was a pinpoint hit to the base of the skull.

This area has been focused on many times throughout my time in Shreveport. At its most intense, it jerks my skull and head across the pillow.

February 23, 2017

Snapping sounds in the walls and furniture as I move room to room.

Snapping sounds hitting the bed frame when I woke up.

Sometimes I feel a jolt of electricity when this happens. Sometimes I don’t and it’s just used to agitate.

February 24, 2017

Extreme assault last night when trying better to protect myself.

Constant loud bird chirping near window that is not natural.

This has not been present for days.

Family member talking very loud on the phone when waking up. Voices and sounds along with the frequencies are often used to make it hard for a person to sleep.

This activity is exaggerated and timed.

Family members banging around downstairs.

Felt horrible again when waking up today.

When I tried to close my eyes to get some more rest, I got hit with pulses, one that electrified my entire throat area. If I do not protect my head and neck at all, I get hit all over like this.

Train passed by and blew the whistle at high volume and intensity a couple minutes after opening the document from Ani Kaspar that is used for providing testimony to the UN about my targeting experiences.

Popping noise in headphones as well when trying to open the document.

February 27, 2017

The last few days have consisted of heavy assault to my back, parts of my chest, legs, head, and neck.

Last night, I was hit with an intense pulse that electrified my entire chest, focusing on the heart area.

Extreme aggression on the road today.

Within a few minute period, I had several oncoming cars swerve over the yellow line, and one that jerked over toward me while passing.

February 28, 2017

Heavy assault and sleep deprivation.

Keeping me up again until 6 in the morning.

Searing, pressurized pain to my right temple.

Heavy pulses that can be heard hitting wood that is near my head.

Massive jolt to my entire body that causes the whole body to jerk.

Hitting teeth a lot.

They focus mostly on the front teeth. This could be why some targets lose their teeth. They are being pulsed with radiation.

Cartilage in nose being hit again.

Ring in ears has increased in volume the last couple of days.

March 1, 2017

Heavy assault.

Kept up until 630 am.

Attacks on temples to the point of swelling.

Eyes dried and vision blurry after waking up.

Waves of electricity all over back.

Pin-sized laser assaults on various parts of body.

Woke up very low energy.

When trying to close eyes again, get hit.

March 2, 2017

Heavy assault on head today.

March 3, 2017

Assaulted during the day.

A family member started out of nowhere questioning me about a protein shake that I was making. Said that I must drink it downstairs. When I told him I did, he then said that I must keep the powder down there. Then told me that he was going to move everything from my room downstairs.

Absolutely tyrannical behavior. It almost ended in a total blowout.

I have sadistic military and intel trying to abuse and control me through other people, namely family. They want me to come to blows with someone. They are looking for breaking points.

This same family member leaves the trash inside these days instead of taking out to the garage. This is what perps do but he's not aware he is doing it.

I asked him why he started doing that and why he didn't just put it in the garage where he usually puts it. He said he wasn't sure, but that it was probably because the door to the garage was locked.

That makes no sense whatsoever, as he has a key right next to garage door.

When I picked it up and put it out, he said that's where it goes before it "goes to the dump."

Family member called the cops on me. Officer I spoke with is named F. Graham. This is typical orchestration brought about by remote influence.

This all came about because he suddenly got angry because I was eating upstairs. Started talking to me in very condescending ways, raising his voice, putting his finger in my face, not in control of his own emotions.

When I asked for some water that he had in his hand, he jerked it away. When I tried to get into the refrigerator, he jumped in front of it. I forced the door open but didn't do anything to him. The entire time he was trying to keep it closed with his body.

The RNM tech interfaces in real-time and handlers copilot people's brains. Insane stuff.

He has threatened to call the cops at least a half dozen times since I have been here. The cops who came may were most likely aware and complicit. The conversation with Officer Graham spoke was saturated with doublespeak. He was throwing out "life-lesson" advice, too, and at one point subtly threw up the devil horn's sign.

At one point he said, "You know how to fix this" in a very knowing way. In other words, "stop doing what you're doing," "keep quiet," and "get rid of your evidence of the crimes we have committed against you."

This is how Freemasons communicate. And most policeman are Freemasons. They know the covert tricks of the trade. Cops are supposed to Protect and Serve. Not to advise and warn.

This was clearly a coordinated event to get the cops involved and to threaten me with possible homelessness in the future. I have gotten homelessness innuendo for a while now.

March 8, 2017

Typical reckless driving with people jerking over the yellow line right before I pass them on the road.

March 9, 2017

I have been heavily irradiated at night for several days. When I wake up, I can barely move. Combine this with the severe fatigue and sickness from being irradiated day and night and stagnation sets in.

Computer is hanging, train is coming by several times and blowing the whistle.

Head is getting pulsed while organizing footage of harassment.

Five times in last few hours.

The Neural Tech is used to disrupt overall progress.

March 10, 2017

Plane flew overhead after I woke up.

Pulse to the vein in my right ankle.

They are moving the vein around for minutes on end.

This has been done all over my body. Sometimes they are small jolts or spasms, other times it is pressure, which if on a vein or muscle causes movement.

This is not internal.

Ring in ears has been more pronounced in the last few days

The two minutes of TV that I caught when downstairs was about a mob of bikers beating a man on the freeway.

I am going through evidentiary footage again and getting blackmail innuendo.

They threaten often to release compromising video of their illegal surveillance of my life.

I go to my FB page and I have a message from Frances Farmer, an apparent TI (her video on herself is questionable so she could be fake).

It's a picture of my FB profile pic and it says "Video of Ahmad Enani" and below 500 plus thousand views. The link goes nowhere so I messaged her back asking about it and she claims it's a virus.

These are threatening PsyOps in attempts to keep me silent.

Dirty blackmail tactics.

At a point in Los Angeles not long after I realized I was being mobbed by vehicles, a car pulled next to me with the license PLAYBAK.

Clearly this is an intimidation tactic from their playbook.

Few minutes downstairs Dateline is one talking about a man who was killed.

Burning sharp pain to right side of waist.

March 11, 2017

When trying to fall asleep, my entire head and throat were pulsed to constrict breathing.

Woke up today to loud hammering outside.

Bad stomachache today.

Out of it from radiation.

Body feels like it's buzzing.

Pains to right side of chest near pectoral muscle.

Pains on right and left side of neck.

Toilet paper that was next to the toilet was under the sink when I went to the bathroom. Unless they disrupted my memory, people came into house and moved it.

Typical gaslighting.

When the dirtbag perps break in, they usually move things around, mess with food, mess with electronics that are used to capture evidence, and possibly do things to me while I am sleeping.

In the past, I have had a knife being taken out of my pocket and placed next to me on the pillow, items used for surveillance and documentation destroyed, locks tampered with, windows tampered with, dirt put in food, drugs put in protein powder, marks placed on walls, bedroom door unlocked and left open, to name a few.

Jolts during day that cause body to jerk.

Police sirens in the distance.

Big boom in the distance while organizing footage.

Flutters in heart area along with mild pain.

March 12, 2017

Extreme assault last night.

Woke up feeling terrible.

Was dizzy and discombobulated.

Muscle inflamed above left temple.

Various sharp pains throughout body.

Heavy electrifying pulses to entire head.

Extreme jolt to knee that caused legs to jerk uncontrollably.

As I opened up Word to begin working on the UN letter, a sound pop came into my headphones and family started banging things downstairs.

Popping sounds in vent started again yesterday and continue today.

Popping in walls and on items around the room as I go from room to room has continued for the last several days as well.

My bedroom and home office is hotter than other rooms.

Neural Influence is more pronounced today.

Family mentioned restaurant called "Rollin in the dough."

Bribery narrative.

Spoke with Leo Madrid, Navy guy, connected with me over a book he's writing. Claims to be a TI. Supposedly working as a consciousness researcher.

He mentioned at one point that he had cancer. He also said that he was at the point where he was ready to "go down in flames."

I used this phrase yesterday.

Fried feeling throughout the day from being microwaved.

March 13, 2017

Woke up feeling sick.

Family had placed three big metal vats on the stove were arguing about cooking.

This is theater induced with tech, very much like street theater but using one's own family.

Being a cook in a mess hall or in a Concentrations Camp has been pushed before.,

The other day, I walked into the kitchen and a family member exclaimed "Soup Day!"

Notable, too, that when I came back to my computer, a YT video entitled "FEMA Slave Labor Camps Are Becoming Operational The First Prisoners Have Arrived" had been queued up and was playing.

The queue in YT is manipulated to direct my attention to something.

Talk with Omnisense and a guy named Patient Man of God or Greg.

Interesting orchestration, pitting a lifelong believer in ETs against a lifelong believer in Jesus Christ.

Heavily contrived God talk.

Greg is either fake or lacking knowledge.

He falls in line with the usual rhetoric I get about Jesus Christ.

I wonder if these people are being sent my way in order to discredit believers in Jesus Christ because often they are not very knowledgeable. Seems deliberate.

Interestingly, though, both of them had these beliefs from a very early age. One an atheist, the other a Christian, but in truth neither can prove without doubt their beliefs.

TV was on Dateline talking about murder when walked into the den.

Later, within several minutes of watching, news covered 60 Minutes Interview of various people allegedly poisoned by Russian Govt.

Flipping through, caught commercials on diabetes and cancer.

March 14, 2017

Extremely heavy assault last night.

One jolt to my head may have been the hardest I have experienced to date.

My entire head felt zapped by a massive pulse of energy. Was kind of like getting electrocuted from an outlet.

These pulses exert force and pressure on your body too, so my head jumps off the pillow when this happens.

Afterwards, the jolt traveled from my body through my entire chest. My heartrate sped up and my entire body felt electrified. I was disoriented and cold afterwards as well.

This is evil, torturous, and murderous behavior and it's coming from nearby sources. For a half hour after the experience, I could still feel the electricity in my body.

If this kind of intense assault continues, I am sure it will lead to permanent.

Loud landscaping equipment in background

Train blowing whistle

A few planes overhead, one very loud and low. Sounded like a military plane.

Family member comes upstairs and complains about AC being on. I mentioned that there was a thermostat downstairs for that part of the house but she insisted that the upstairs thermostat made it cold downstairs.

Deliberate nonsense.

Starbuck's employee in Kroger named Sadie.

Raccoon roadkill at corner of Ellerbe and Norris Ferry

Pressure and throbbing pain to head all day

March 15, 2017

Loud landscaping equipment

Planes flying over residence a couple times after waking up

Woke up extremely dehydrated and irradiated. Caused extreme constipation. Entire body feels fatigued. Wobbly when initially standing up.

Pain to front right tooth.

Repetitive snapping in the walls.

The pulse is coming through the wall next to where I am working. The pulse direction is also in line with the pain that I am feeling in my teeth.

While downstairs in the kitchen, two commercials came on the TV about cancer.

Plane flying overhead while organizing footage.

Called my son's phone and it said the voice mailbox had not been set up yet, which is a first.

Burning smell in room

March 16, 2017

Woke up to pulses to head and loud landscaping equipment

Train blowing whistle as I sit down to computer. The train was completely silent for several days then started up again. That shows you that they are doing this deliberately and that train companies are a part of the CointelPro Mafia.

Heavy assault to head last night. Waves of electricity and pain.

DEW induced muscle spasm in area just to upper right of stomach

Neural tech working with greater frequency today

Phone ringing several times in a short time span.

Heavy pressure to sides of head during the day. Always the muscles around and above the temples.

When I go downstairs, a family member is typically on the couch lying down with his index fingers together and up to his mouth.

I have seen him in this pose probably a hundred times or more since this started.

This tech turns a person into a remote control vessel of sorts.

The tech is subconscious and undetectable unless you see it for what it is.

Extreme quick pain from pulse just below right ear.

Splitting headache all day. Can hear the pulses hitting shielding around the area where the headache is localized.

When I feel the pressure and pain coming into my head, I move headphones around to cover that part of my head and I can then hear the pulses hitting.

When I move the headphones to protect that part of my head, the pain shifts. I then move the headphones again to where the pain is and I can again hear the pulses.

This is proof that those pulsing me are moving the pulse weapons when I try and protect a particular area.

They are able to see my body and pinpoint exact positions.

Train came by eight times today.

March 17, 2017

Train blowing whistle as I wake up.

Heavy neural influence today. They are injecting a lot of thoughts and impulses.

Military plane flew overhead while shooting baskets.

People next door came out to van while shooting baskets.

Major headache again. Pulses focused on head all day. This has been several days in a row now.

Searing pain in right hamstring

While playing basketball, perp neighbor got in his jeep and was wearing a Superman T-shirt.

The Superman theme has been reinforced for months. The Ubermensch or "Overman" idea connects to Master Race Programming and Nazi Eugenics ideology.

March 18, 2017

Extreme assault last night. Heavy waves of electrified pain to head.

Neural tech creating a persistent state of agitation.

Very hot in room today despite AC being on.

Family member, when speaking about the animal crawling in the walls of the house, calls it
“A dead rat.”

Sharp pain in upper right chest and side of face.

March 19, 2017

Woke up with a swollen sensation and pressure in my eyes.

My vision is slightly blurry as well, and it was hard to read for the first half hour. I have had my eyes messed with before.

As I am looking up device IP addresses that were connected to my router, I get a jolt that makes a snapping sound in the wall and a simultaneous popping sound in my headphones.

The IPs are pointing to a fiber optic company that is France-based.

Jolt to my head and pop in headphones as I look up proxad.net and the French company Free, which seems to relate somehow to the IP addresses that were on my network.

When I do a location lookup, it points to Chicago.

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Went downstairs and the big vats were on the stove again. A family member asks me in overacted way to check and see if the water was boiling.

Again, the narrative of being a cook or dishwasher, waiter, butler, servant is thematic.

Was downstairs fixing something to eat and a family member walks in saying,

“I found a wasp. Is he dead? If he’s not, he’s going to be angry as a wasp.”

Wasps and other insects that sting have been used to express “anger” at what I am doing.

Either people have come in and placed these wasps, or they are remote influenced into the house but there have been many.

The windows are never kept open.

I have had:

- One in my room.
- A few in or around the kitchen sink.
- Two in the bathroom crawling on the floor and unable to fly.
- One inside the wall at the head of my bed that buzzed around off and on for days.

Ring in my ears has increased in the last two days.

March 20, 2017

Heavy assault last night. One severe jolt to head.

I realized that a board that I put above me when I sleep was pushed back a bit so there was an opening. When I moved it to seal the gap, I heard very loud pelts on the wood, which were coming from behind the house.

When I hear the pelting sound, I feel a shock to my head. There is immediate cause and effect from sound to shock and the shocks are low and directional. They have come from all angles, which tells me that multiple neighbors are outfitted with this weaponry.

Popping sounds in headphones after calling Ani.

A good amount of gestural influence today.

Insect in front of my monitor screen. Has happened the last few days in a row

Train came by three times today, once very loudly right after I got off the phone with Ani Kaspar.

Pulsed while looking at ESET software online.

The snapping in the walls has been going on every day for a couple of weeks now.

It is clearly a negative reinforcement sound anchor.

DEW-focused on vein in right side of neck. Creates pressure and pain.

March 21, 2017

Kept up most of the night. Heating the room with EMF

Woke up to a wasp bumping into the window of my room.

Two days ago, a family member caught a wasp. They are reinforcing the experience to make it clear to me that it isn't natural.

Consistent pressure on temples throughout day.

Making a lot of mistakes while typing.

This is a direct result of neural interference.

I have experienced both degradation and augmentation with this technology. It can be used to augment or degrade anything related to human behavior and cognition.

Power went out while talking to Karen Stewart on the phone.

The power has gone out on numerous occasions since being targeted and is an intentional albeit deniable retaliatory tactic.

March 22, 2017

Pulsed heavily last night.

One pulse made a huge thud in the wall when hitting me. Electrified my entire body.

This comes the night after the power was cut off for two hours when talking with NSA whistleblower Karen Stewart making a post on Facebook about the experience.

Was kept up all night by pulsing and heating up the room with microwaves.

Any time my eyes started to get heavy, I got severe jolting in my legs that at one point made them bounce off the bed.

I am also being pulsed in the chest with an intense wave of electricity that lasts for about a minute.

Wasp is hovering outside the window again today. This is the second day in a row I have seen a wasp outside of the window.

All living things are clearly influenced with this tech. There is no doubt.

Wave of electricity to neck and upper chest

Targeted Individual Ireland YouTube video stutters on her talking about “going blind.”

For many months, this was being done all day every day.

Videos and films were stuttering at moments where people were getting hurt or killed or saying something negative, typically something of physical consequence. This is an terroristic PsyOp used often by intel hacking my computer.

Technology is being used on a family member to induce symptoms dementia. She starts acting out of it, goofy, and kind of like a little kid.

Family member asked me if I wanted pizza, then boiled shrimp, then deviled eggs.

All coded, tech-induced doublespeak.

Pulse hitting the bed that I am lying on. Can feel the electricity when it hits.

The pulses during the day in the walls, on my body, and around the room are picking up in frequency.

In a couple of minutes of conversation, a family member told me that a friend from church hit a median, flipped his car over three times, and died.

My memory was disrupted several years back while turning. I hit a median in a rental car that tore the underbelly of the car because a piece of metal was jutting out of the median.

Coordinating accidents is one of many aspects of being targeted.

Kids in the house behind use screaming while playing outside right after I woke up.

Wasp hovering outside window again.

March 23, 2017

Heavy assault to head.

Jolt to back of head caused entire head to vibrate with electricity and jerk across the pillow.

Kids in house behind us screaming again outside right after waking up.

Woke up feeling unsettled. I experience a barrage of negative thoughts after waking up.

This is no doubt tech-induced. The thoughts are not organic and have nothing to do with my natural thought patterns.

The CIA-owned field of psychiatry is used to cover these crimes.

Had a directed dream where a man was trying to accost me. When I fought back, the retaliation manifested itself in my physical movement and my foot hit metal on the bed and caused a big cut.

Insect flying around my screen.

School bus driving past me at 8:30 at night.

Train blowing whistle.

US Army Ranger license plate that said "1" on a Bentley got into my line of sight while driving.

Ideas of being "The One" or "Number One" have been reinforced for months.

March 24, 2017

Family member tells me again that it's "Soup Night."

She proceeds to tell me that a cousin's boyfriend "Shot himself because he was depressed."

Then says casually,

"Anyhow, life goes on."

In the last three days, I have heard about someone flipping their car and dying, someone getting shot in the head, conversations about murder and assassination in a chat group filled with alleged Tis, and now this.

The concentration of this information is a tell-tale sign that it isn't natural. It is kept active by technology and perps. They both work in concert with each other.

Kids screaming outside loudly enough that I can hear them through the window.

Tested more thoroughly the angle of the DEW pulses, and they are definitely originating are coming from low angles that point the house behind ours and other houses around ours.

The directionality is consistent throughout the night. It is not coming from above, or if so it is rare, which rules out cell towers or satellites as the primary source of these assaults.

Wasp outside of window again.

Extreme jolt to head and chest while trying to take a power nap.

Those pulsing me have access to my brain waves, heart rate, etc.

My heart rate from my fitness watch showed that it shot up from 60 to 76 while resting.

Fluttering in chest today. Some chest pains.

When downstairs for a few minutes eating ice cream, a family member commented that she wasn't going to get that particular ice cream again because she "didn't like the nuts."

Words like "crazy," "nuts," etc. are used with this sort of doublespeak along with threats of psychiatric reprisal for exposing the program.

Conversational moments involving injury, disease, death, incarceration, and institutionalization are most common around a target.

As I write this, I am getting jolts to my body.

The few minutes that I was in the den, the TV program that was on was about a man who was a drug dealer and who was suspected of murdering his girlfriend.

After the TV show talking about drug dealing and a guy murdering his girlfriend, I read an article by Ramola D on Ted Kennedy about how he was Targeted by the CIA and was framed as a drug dealer for the murder of this girlfriend.

Influenced to watch Christie Aphrodite's YouTube channel, and in this particular video, entitled "Let it Go," mentions Branson, Missouri.

My son's name is Branson.

She has slight resemblance to my ex-girlfriend, Nicole.

I have had several women put in front of me that resemble ex-girlfriends. It's a deliberate part of the ritual.

As I opened up the Human Rights Watch page on "prohibition of torture," I get assaulted by pulse weaponry.

Sadistic irony.

March 25, 2017

Assaulted until 730am.

Got hit extremely hard in the face with a pulse last night.

Dude's lights behind my residence are on all night every night. The pulses that I get hit hardest with are coming from behind the house. I can't prove without doubt the source but the direction points toward that house.

Wasp bumping into window again.

Hit hard with a pulse into my headphones after a Facebook post criticizing Trump.s

Pulses in crotch area, pulse in upper left part of back.

Heavy neural interference and manipulation today.

March 26, 2017

Massive jolts last night to head and chest.

This program is as sick as it gets.

I am being tortured to the point that I scream out in anger at times, and I guarantee you that outburst is being used to profile me even further.

They can then spread this throughout the community to sell the bogus notion that I am unstable, violent, dangerous.

Let me remind anyone reading this, I am being tortured every day and night.

And I have not taken it out on anyone, but these criminal scum deserve to be smacked down hard for what they do.

Remember that this torture. Programming, and ritual abuse is also happening to children and has existed in my life from birth.

How exactly are these intel dirtbags going to profile infants or five year olds?

On TV, a special about a teacher who taught his kids how to play chess.

Talked about pawns and kings.

Much of what I experience revolves around thematic scripting of narratives.

For example, another TI opened up to me about something that happened to him in his past. Over the course of the day, I was in contact with several other people where I found myself interacting almost like a counselor.

This is wholly unnatural. I am being groomed for some kind of world stage role and handlers are using tech to map out predictive scenarios.

Have come across the name Daniel in several instances different ways in the last two days.

Daniel Matzke, a friend on FB (though I really don't know him at all) has a name very similar to my childhood friend, Daniel Maxey.

My son's favorite teacher at school is named Daniel.

A guy in Omni's Skype group is named Daniel.

This is all ritualistic pattern reinforcement.

Heavy neural interference today.

They are confusing or disrupting my neurological processes at will.

March 27, 2017

Extreme assault sleep deprivation, which lasted until 930am.

Loud pulse hit the file cabinet as I sat down at my desk.

Pulse and popping in headphones as I opened this document.

Conversations, videos, and other means of communication are being used to reinforce the idea of living out of a car or RV.

Two times as I walked by the thermostat the AC clicked on.

This is a reinforcement trigger that they established way back. At its peak, this would happen several times a day.

They want me to believe that they are controlling me in those moments, and they can be. They can inject impulses so a person gets up at a particular time.

But this AC is compromised. They turn it on and off remotely while surveilling my location. The AC has turned off abruptly before in a way that is not normal to the unit, so I know they are able to shut it down when they want.

Got jolts in my legs when typing to Omni about creating a website with "Activist-driven content."

March 28, 2017

All-night sleep deprivation torture again.

The power went out again today, this time while in a conversation with Ani Kaspar about the targeting we're going through and the legal progress she has made regarding a Class Action lawsuit.

At the point when she was saying that "TIs could live together and help each other through this," the power cut off.

In less than a week, the power has gone out twice, once when I was on the phone with Karen Stewart and the other with Ani Kaspar.

Tech-induced antagonism in a family member when I commented that it was odd that the power went out twice in several days with no bad weather, and at moments when I was discussing targeting on the phone with other TIs.

Pulsing into headphones throughout day. This sound anchor is being used to reinforce action all the time now.

March 29, 2017

Extreme assault kept me up all night.

I was not able to get any rest until 130pm. Heavy jolts coming primarily from behind the house in the direction of the neighbor behind us.

A string of synchronous mapping events (variations of this happen pretty much every day):

- Sat down and looked at time at exactly 444 pm.
- Train blew whistle the moment I entered bathroom.
- AC turned on the moment I passed the thermostat
- Directed conversation when passing mom on phone.
- Heard the word "assassination" on TV in the den while briefly in kitchen.
- Pulse to headphones when printing page source of Lynda.com page that seems hacked
- Shock to the body when I came across a Superman pic on a Facebook page.

March 30, 2017

Extreme assault last night.

After effectively blocking the main source of the shocks to my head when trying to sleep, the pulses are now coming from all angles and hitting all parts of my body.

They started attacking my chest and heart area more intensely. Sent a massive surge through my entire chest area. Felt like a weighted force moving through my body.

The sadistic, relentless nature of these assaults is extreme. These psychos profile a TI as unstable but what are they exactly? To do this day and night to a defenseless person in their bed and trying to sleep?

Could that be any more psychotic?

Big pulse came through the window at the foot of the bed.

This angle is coming from the back left of the house as I feel it in my body when it hits.

Popping in headphones when logging into Crashplan Online Backup.

Train has come by several times today. Conductor is switching up the volume and intensity of the whistle to condition me to pay attention to nuances.

These are Operant Conditioning techniques.

Actor on TV starts taking her pulse with an overlay sound of a heart beating and a family member asks,

“Is that her heart?”

This comes the day after I was pulsed hard in the chest and heart.

Chest flutters courtesy of pulse energy.

Family member asks why it's so hot in my room, then says I need to keep the door open.

As if that's the reason the room is hot and not microwaves jacking up the temperature.

There are vents in this room, just like every other. The room doesn't get hot because the door is closed.

When I put headphones over my temple area to protect them from the pulses, the pulses get harder and louder. This is an indication of real-time monitoring and response to what I do.

Not automated. People are behind these assaults.

Insect flew in front of my face while working on the computer.

Shreveport police drove past street as I was reached my driveway after jogging.

Popping in headphones when watching footage evidence.

March 31, 2017

Extreme assault kept me up again until 9am.

I am being provoked into anger, which is part of the profiling formula.

I'm surveilled while I get assaulted and my reactions are being used to slanderously profile me.

All of this is happening in my bedroom.

Diabolical.

When I was doing the radio show, I experienced similarly intense levels of assault to this. It picks up when a target proactively exposes the program.

On several occasions, I was kept up all night but still did the show.

This increased in frequency the longer I did the show.

Heavy tech-induced agitation today.

I get an unsettled, negative, and purely synthetic down state in a person.

It's not organic, and it's not some chemical imbalance.

Absurd remote influence of birds around my place.

When playing basketball, the chirping was incessant and loud.

They are tapping into animals around me often. Demonstrating the reach of this tech.

When I see this in animals of all sizes, it leads me to the conclusion that implants are no longer necessary.

Popping in headphones when looking up Peter Mazzone, Private Investigator, who does investigative work regarding Remote Neural Monitoring.

Trying to call his number on the website I am getting an "out of service" message. Not sure whether this is redirection or legit. I often get stonewalled and redirected when reaching out to people about targeting and investigating these crimes.

Sweet smell coming into room.

This same smell came into my room in Los Angeles.

When I stood up, I got very light-headed. This is either from the toxin or frequencies or both.

Seems there are various toxins for various goals. I have had at least four with different smells in LA and Shreveport.

Loud ringing in ears tonight after smelling toxin.

Train came by five times today

April 1, 2017

Heavy assault all over my body.

They may be activating the nanotech in my body because I start to itch all over when they hit me like this.

Makes my legs feel fluttery. It's a strange and uncomfortable sensation.

When they do this several days in a row, a main goal is to provoke me into angry outbursts. They use the neural tech to ramp up negative emotion as well so I know they want me to lose my temper.

Tons of mistakes while typing now.

My brain is being degraded. Waking up dead to the world. Feeling terrible.

--

Shocks and pulsing in walls is picking up during the day.

As I go downstairs, a family member is carrying groceries in and makes sure to mention the "eggs."

Eggs have been a big theme. Also "deviled eggs," which connects to Satanism and Luciferian.

Multiple headphone pops while visiting FBI website.

Got shocked while reading article on corrupt behavior of cops, FBI, and legal system in the case of James Shin, a TI who was wrongfully incarcerated.

Batman talking about King Tut the minute that I looked at the TV.

A family member was talking about King Tut yesterday.

Another family member asked if I saw King Tut's Sarcophagus when I was in Cairo.

Egyptian connections relate to Jewish Kabbalah and Masonry.

April 2, 2017

Hard blasts to the head in the morning.

Explosive thunder from HAARP storm. Happened twice today.

Both times, a siren could be heard in the distance.

Power threatened to go out again as well.

Tried to take a nap and got hit in the throat because they couldn't get to my head. Anything to prevent me from sleeping.

Kids playing and screaming way too much in the yard behind our house.

Made a few posts about punitive psychiatry, then went downstairs and a family member was flipping through YouTube videos and talked about one entitled,

"If you answer yes to this question, then you need to see a psychiatrist."

April 3, 2017

Kids making noise again.

This program takes typical sounds, often sounds that a person would react to neutrally or positively and sensitize a person to them until they form negative associations.

Children playing is a good example. What I as a parent and teacher, someone who has always been good with children, would internalize in normal circumstances as a pleasing sound, they have now attempted to create a trigger out of that implies harm to my own children and thus generates a negative, reactive emotion in me.

Insects flying around laptop. Been doing a lot of this lately as well.

Assault as usual though I was able to wake up a bit earlier.

Jolted throughout the day.

April 4, 2017

Heavy mobbing while running an errand.

If I went out every day, this would happen every day. Because I don't, they lay it on thick when I do.

Mobbing in the store as well.

Two sheriffs also passed me which I anticipated today before I ever got in the car.

They provoke me into aggressive reactions by assaulting me heavily with Directed Energy, then they put cops around me the next day to give me the sense that they are now watching me more closely because I might “do something.”

Forget about the fact I am being tortured brutally. Such scum.

The most insidious element, though, is that they use the neural tech to increase aggression in me when being tortured.

It's tech-induced entrapment and profiling.

Jolted throughout the day

Snapping in walls everywhere I go in the house. They are following me around with DEWs and pulsing me and the walls all day.

April 5, 2017

Spoke with Ani.

She talked about how we were entering a “Golden Age,” which has been an infused theme for me.

At one point, I looked up the gematria of my full name and the phrase “The Golden Age,” was the only one that corresponded with my name in several gematria ciphers.

Also kept reinforcing the idea that we can't be “splintered.”

I have now started to connect more consistently with Ramola D, Karen Stewart, and Katherine Horton, and there seems to be some tension in the air.

I'm not going to have some alliance imposed on me. There should be no conflict of interest or politics when it comes to people being targeted.

The tech is often used by handlers to manufacture drama and conflict. That may be happening here.

Tooth that my filling fell out of and I have not been able to fix is now being pulsed. They do this and send injected thoughts of my teeth falling out.

They have been doing it with my two front teeth as well.

I pay close attention to the ways this technology shuts one down, locks one into a state of repetitive stagnation.

I work hard to overcome it, but when I can't, I write about it. These serial torturers want us to believe that our struggles are a result of psychological “issues.”

Laughable.

People who make crime a way of life must always look for ways of covering up their evil deeds.

Governments who make crime a way of life are no different.

April 6, 2017

I have fallen asleep the last couple of nights and left the bedroom door open.

In the past, frequencies and toxins were used on me before people came into my room.

This may have happened last night. As I type this, they popped the headphones. Was that a covert attempt to “confirm” my suspicions?

Such pathetic losers.

They hire thugs to break into my place when I sleep. That is certain.

They are using the tech to create extreme conflict between me and another family member.

At one point, she said,

“Who do you think you are?”

That is remote intel or military talking through her.

April 7, 2017

Heavy synthetic dreaming last few nights.

Last night, after getting hit super hard with a pulse, a high resolution, filmic image was injected into my visual cortex.

It was of two large gray wolves circling in front of me. Lasted for about 5-10 seconds, and then disappeared.

When running Wireshark to capture suspicious network activity, I got a hard pulse to my headphones coming from the back of the house.

Minutes later, the train came by and blew its whistle.

Anytime I do things to catch these criminals at what they do, they use triggers in attempts to create psychological stops.

These are MK-Ultra Monarch Programming techniques.

A number of conversations revolving around negative outcome and consequence:

Yesterday, Angela in Omni's group, shared a story about a friend being convicted for defrauding the government and being sentenced to 650 years in prison.

Today, Chantal, a friend from Facebook, skypes me about how Jed, another TI, is in "grave danger."

April 8, 2017

Jolt to my body while I am looking at a site on Illuminati signs and scroll down to the Nazi salute.

Train coming by several times.

Dogs barking in the distance.

Tinnitus in ears has gotten louder. Never entirely goes away.

April 9, 2017

Heavy assault to various parts of body.

Pinpoint burns to various parts of body.

Increasing during the day, including pulling sensation on muscle in left jaw, which is where I felt extreme pain after going to the dentist several years back.

I would guess that I have an implant in that area, maybe injected from a Novocain shot. Hard to say but the pain has been localized in that area.

Heavy shocks and jerks to the head.

Waves of electricity over head and chest.

April 11, 2017

Roadkill on my route while out.

Heavy theatre in the market I went to.

Orange muscle car parked out of market when I pulled up.

April 12, 2017

Woke up severely fatigued and irradiated.

A family member told me she had rectal bleeding and had to cancel what we were doing.

Almost certainly DEW-induced.

Then I got in the shower and when I turned on the water, the soap fell out of the dish onto the tub floor. This has happened a few times and each time it does, they inject images in my head of being in prison and getting raped.

There is no limit to how twisted these dirtbags are.

Both this event and the one before tie in thematically, which tells me that it was thought of before and mapped out with tech by Satanic Military Intel scum handlers.

My son also broke his arm a couple of days ago after they send veiled innuendo to me that they were going to hurt my family.

So my son and then my mom.

Family member, talking about food,

“May need to be warmed up.”

That’s a microwave reference.

April 13, 2017

After narrating a recording of about hacking, I start getting pains to the side of my neck and around my vocal chords.

Shocked hard when trying to take a short nap.

No matter what time of day, if I close my eyes for more than 15 seconds, I get shocked.

As I’m typing this, I’m getting burned in my neck.

Burning sensations to feet as well.

Muscle spasms in various parts of my body, with most of the focus on my arms and lat areas of back.

A lot of interference while organizing files, some of which contain evidence.

Several pops in my headphones, which haven’t popped at all today until I did this.

My eyes are drying out because microwaves are focused on them all day long.

Muscle spasms all night long in my back.

This program gives you degrees of torture in order to attempt to control behavior.

If they lay off, it’s done in order to condition the target.

It’s obvious that how I am feeling from one day to the next has nothing to do with anything internal. They are controlling my nervous system and all the behavior that comes from its manipulation.

When I do something that these sadists don't want me to do, they start hitting me with agitating triggers, like manipulating my physicality, giving me muscle spasms, burning me with DEWs, the arsenal of torture options is vast.

They can do heavy assault on my brain and behavior or they can trigger me externally with sights, sounds, disruptive interactions with people, etc.

They've spend a lot of time mastering the art of subtle agitation and provocation (similar to Chinese Water Torture).

The subtle forms of torture are the most insidious and wicked.

April 14, 2017

Woke up feeling terrible.

They are irradiating my body and programming misery and agitation into me while I sleep.

The shifts in mood and overall emotional state are managed with neural programming and electromagnetic frequency injections.

When I opened my bedroom door, a family member blew his nose very loudly downstairs.

Nose-blowing, coughing, clearing the throat, speaking louder than normal when on the phone, all of these are sound anchors used to trigger a behavioral response.

They increase the frequency of to negatively reinforce what I am doing.

Charging brick stopped working on the day that I am trying to get my taxes taken care of.

This happened right around the time that the stores are closing so I can't get another one tonight.

I have had too many timed issue like this for it to be a coincidence.

Typically, this kind of sabotage happens in such a way as to make it impossible to resolve quickly and in times of urgency, such as a tax deadline.

The EMPs can screw with any electronic device and can degrade connectors and chargers over time. They have destroyed many electronics over the years.

for sure. For a target, life often plays out like a simulation game.

April 18, 2017

Heavy amounts of theatre today while out.

In a few minute period:

- Heavy, vehicular mobbing all around

- One sheriff
- One firetruck
- Bicyclists that were timed with dangerous oncoming traffic, one of which was a very close near head-on situation. He crossed the yellow-line. Not me.
- Five cars pulling in front of me, typical strategy in this program for causing accidents
- Several cars coming and going when I park near Barnes and Noble.

In Barnes and Noble:

People dressed in baby blue, purple, and black and red combos in Barnes and Noble.

Gay man working at Barnes and Noble giving me attitude. Other employee making sure to walk in front of me in the Starbucks inside the bookstore. One looks like he may be transgender.

He then walks into the back, keeps making eye contact with me. Deliberate and overly long stare, somewhat aggressive. When I maintain eye contact, he says "How's it going" as he aggressively pushed open the door next to me to leave.

The gay and transgender themes are being reinforced with employees working at particular stores. The percentage is considerably higher than average percentages among an average cross-section of population.

So these people are either given surveillance audio of me discussing particular things and forming negative reactions of me, which is insulting, offensive, and illegal, or they are being remotely influenced with tech.

I believe many of these people are complicit and aware. My environment is being customized depending on what theme or idea they intent to reinforce.

Guy is tutoring a student again in Starbucks. The "teacher" theme is another one.

Dude with a tattoo of gears on his leg came into my line of sight. I think this is to plant the transhumanist ideaaz, the fusion of man and machine.

April 21, 2017

Near major accident on way over the Barnes and Noble.

Two industrial trucks both with loads on the back in tandem ran a red light as I was turning left. The first one I anticipated. The second ran the light after it was red for at least 3-4 seconds.

I was already in the process of turning and he was considerably back from the light. He clearly saw me and kept going. No brakes. No nothing.

This is deliberate orchestration meant to get me into a serious accident with possible injury. This should be considered premeditated and attempted homicide.

I welcome it now, as it's more proof that these scumbags are out of control, terroristic, murderous coward thugs.

Heavy synchronicity today at home and in public. The visual symbology and coding is persistent no matter where I go.

People in Barnes and Noble within earshot never stop talking, which is part of the persistent disruption of concentration and agitation that also follows me wherever I go.

Black and white, black and red clothing combination everywhere in the store.

People touching their faces, coughing, hand signals, the usual.

April 23, 2017

Super heavy assault at night.

They are shocking me in ways that travel from my head to my heart.

Murderous thugs pretending to be neighbors.

My situation is heavy military and intel. DOD and CIA written all over it.

Who knows what the neighborhood informants' backgrounds are but I'm many are connected to military, law enforcement, and Masonry.

They've been increasing the theatre and simulations lately.

This program is holistic when it ramps up in intensity. They jack up the neural tech along with the external theater and CointelPro shenanigans. The level of overall aggression increases across the boards.

I am determined to overcome the entrainment and pattern reinforcement that they impose on me daily

I don't think it's possible yet to break the signal with the neural tech, but it is possible to undo the patterns of entrainment.

At LSUS Library:

Dude in orange from head to toe seated in front of door when I walk in

Woman in black and red walking down the stairs with an overstuffed tote bag as I walk up. This visual reminds me of the woman years back on the airplane who talked about her suitcase being so stuffed "you would think it was filled with cash."

The bribery theme remains active.

Man in red and black in a field when I drive in.

Man in orange shirt playing soccer when I drive.

I have been living out of a suitcase for two years and in a miserable, suffocating environment. This program has created an invisible prison and torture chamber out of my life

The level of financial, social, organizational, physical, and psychological damage has been severe.

All aspects of life have been traumatized with method.

April 24, 2017

Plenty of vehicular mobbing and theatre on the way to Barnes and Noble.

Seven cars parked in front of my car in two minutes of being parked. These driving patterns aren't natural at all.

Army soldier in fatigues is sitting down in the café. Made sure to give me a side glance after I ordered my drink.

The entire world is under the persistent influence of this technology. This becomes clearer to me every day.

April 26, 2017

Heavy assault continues.

Been hitting my throat and causing loss of breath.

Hard shots to the back, head, and heart.

A cop is in the parking lot as I pull in to Barnes and Noble.

A dude pulls a U-turn in front of me, no blinker, no nothing. Then turns abruptly when I try to get his face on camera.

They are flooding my visual environment with people with disabilities today.

One woman has some kind of disease that I've never seen before. Came and stood right in front of me. Huge warts all over her body. Face, arms, everything.

They've done a lot of this over the years, but this one might be the worst-looking. Never seen anything like it.

Not long after I got here, a full body burn victim made sure to crowd my space in a store.

A dad is also here with two sons and one who seems mentally disabled.

I am getting a number of Indian females as well. This is weeks after meeting and befriending Ramola.

A couple who have been here the last few times have a satanic flavor to them. Guy's wearing a "black sabbath" shirt and the girl is wearing black and white leggings with crosses, spiders, and one-eye symbolism.

April 30, 2017

I am getting internet interference at Starbucks, so I tested the WiFi. The speeds and latency are off:



Scripted Conversation moment from Starbucks patron:

"Yeah, he's a lost cause."

"What was it about a month and a half ago they were trying to get rid of him?"

A man and woman get up and leave in my line of sight but make sure I see the book they are carrying entitled "Money."

CIA and Mafia vibe.

As the couple leaves, another guy passes me with a book entitled "Queen Elizabeth." This guy has been in here numerous times and his behavior is purposeful.

The Masons and the CIA communicated ideas indirectly and covertly, never directly. Some are legitimate, others not.

I am seeing Xfinity WiFi connections throughout parking lot when scanning with Open Signal app. Are these Broadband connections outfitted in cars? Could be one of the ways they track us on the road.

May 2, 2017

Pulsing in the walls while documenting.

Pulses in headphones while documenting.

Train whistling multiple times throughout day.

Toxins pervading kitchen.

Woman standing in front of me when I walk into Barnes and Noble wearing a "Love Pink" shirt.

Two women seated in cafe, one wearing a solid pink shirt, the other that reads "Fire" on the back.

Woman walking across the street in my line of sight while in cafe wearing pink shirt.

Pink color programming is heightened today. Being associated with "Peace" and "Love."

Male, long hair, college kid maybe, gets tutored by an older Asian guy, who I think is a perp. Both often do things to grab my attention.

An older man sits down in the middle of them, sporting black and red headphones.

Every other table in the cafe around them is vacant, but he sits next to me in my direct line of sight and in between two people as they are talking.

A lot of vehicular mobbing.

Guy zoomed by me in left lane then cut in front of me, then got in right lane and took a right.

He and a group of college-age kids pulled into a restaurant.

I waited for him to get out of the car. He was acting very aggressive, then totally changed his attitude when I asked him why he cut me off.

This is a perp tactic. They are performing, like crisis actors.

He was wearing a red "Airforce" shirt that said "Middle East 2016" on the bottom.

They recruit a lot of young people, many military, into this network. It is a military operation in every way.

They have militarized the communities and instructed them to harass and terrorize innocent, listed civilians.

Two random transient, vagabond types driving three-wheel bikes with packs on them on as I passed. Almost hit them.

I get pedestrians and cyclists dangerously close to the driving lane on streets and then handlers will neurologically distract me in the moment when I am passing them.

I asked them what they were doing, and they told me that they were biking 1800 miles across country from North Carolina.

North Carolina has been a thematic state.

My ex-wife is from South Carolina and her brother lived in North Carolina for a while. We visited him once.

Policeman zoomed passed me with lights on at about 100mph on Ellerbe road when driving home.

May 3, 2017

Major HAARP-managed weather.

Lightning, heavy rain, very unnatural and loud rolling thunder. Not natural at all.

May 4, 2017

A lot of pulsing the walls yesterday.

Whistleblowing train several times.

Heavy Directed Energy assault last night.

Kept up until 7am.

Consistent and loud pulsing of walls in last few weeks.

Cars revving in the distance.

At Barnes and Noble, guy in orange shirt sitting in cafe when I arrive.

Later went outside for a second and same guy pulled up and got out of car.

Orange translates to 33 in Gematria and is the primary color of Masonry.

Extreme coughing fit after food went down the wrong way.

Throat is raw and voice is hoarse afterwards. This is the day before doing a big podcast on targeting that I will be co-hosting.

They worked on my throat often while doing the radio show last year.

The neural tech can manipulate many things, including physiological functioning.

May 5, 2017

Podcast fell through today.

Hacking and interference throughout day.

Train blowing whistle several times and cars revving engines and zooming down street while waiting for guest, who ended up not showing up.

Super loud landscaping as well.

The neighbors use equipment that is obnoxiously loud and coordinate this as a reaction to things that I am doing, to remind me that they surveil and profile me twenty four hours a day.

Family member started to lose temper over nothing while eating. Such outbursts are tech-induced.

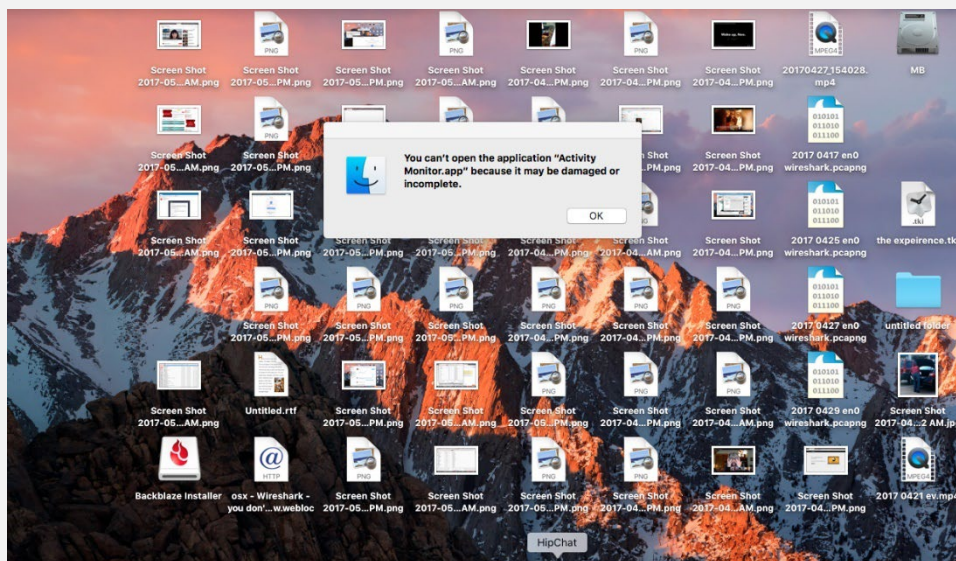
May 7, 2017

Found a dent in the back of the car a family member rented.

The criminal informants create problems for targets and their families in concentrated fashion.

Her car's in the shop after almost flipping over, and now the rental car gets dented in a parking lot hit and run.

Computer hacking and unusual messages:



Guy at restaurant had on shirt that said "Savage" on the front. I have been anchored in this word.

A number of people arriving with babies. This is another theme. One couple sat next to us with their baby and made sure they were in my line of sight.

Getting pulse pops to my headphones every time I open Skype now, especially when communicating with fellow Targeted Individuals.

May 8, 2017

I am getting pulsed and shocked throughout the day from the fan and vent area.

The fan makes noises that are not typical. When this happens, I feel a shock to my head. Same with the AC vent.

Something might be onsite and hidden inside the fan but it's too much trouble to determine.

May 9, 2017

At Barnes and Noble, the employees are changing the trash bags in front of me again.

The "Get rid of it" theme continues to be reinforced.

Truck that said "ATTI" in the side as in "A TI" turned in front of me on way over.

Guy with "Vandals for hire" t-shirt sits between me and a girl when there are tables available everywhere.

Typical crowding tactic.

When I asked him about that, he said it was because of the plug. I told him that both plugs were being used and he pulled out a surge protector. They come prepared.

Made a phone call after he sat down and pointed the camera in my direction in an exaggerated fashion.

They hire people who don't really know what they're doing beyond what they're told to do. It's sad and pathetic and exactly how fascism takes over a country. Focus on the most desperate, most impressionable, and most ignorant, and give them a sense of false power and superiority and they will do anything you ask them to do.

Another guy in Barnes and Noble is playing a game with black and white tiles and having some long, drawn out scripted conversation about "strategy." The black and white colors are a Masonic nod.

Barnes and Noble clearly uses its book displays for programming purposes. Every time I come in here they shift things a bit to reflect themes that relate to what I am dealing with.

You basically have a system that is in place on every level and has already indoctrinated the country into a kind of programming haze. When the veil is lifted, the focused, purposeful, and agenda-driven intent becomes obvious.

May 10, 2017

In room with fan on high and cannot feel the air. That is a clear indication of being microwaved.

Dogs start barking the moment I enter the bathroom.

AC clicks on as I exit.

These kinds of synchronized anchors ebb and flow in frequency depending on how hard I am being worked on and tortured.

Half dozen one-light bandits on the road while in town.

Fire medic and police SUV in lot when I pulled into Starbucks.

Aerial presence as well.

Two vans in a lot had "Zion" on the side of them.

May 11, 2017

Family is watching a show very much like Dateline, and this episode is about a man who killed his wife. These CIA is using tech to influence me to catch particular moments on the TV as a threat to frame me in some way for a crime I didn't commit.

Family member said today,

"He only got 6 years (in prison)?"

"She only got 75000 for being disabled for the rest of her life?"

“He deserves to pay all of that back and then some for what he did. Probably take him the rest of his life.”

Imprisonment is a common threat.

75000 was an initial number used as an under-the-table settlement (aka bribery).

Leaf blowers from nearby neighbors. The equipment that is used is always louder than normal.

Incessant and tech-induced loud bird chirping today.

Massive hits in the last few days in the head and chest areas. My body is being shocked so hard that it jerks when this is done. I got a heavy hit to chest just now.

When it happens, my heart feels like it's fluttering, and I experience a temporary loss of breath.

Pulsing of window rail after messaging a person I know who is targeted.

May 12, 2017

A family member ran into the garage door. This is a first.

A lot of neurological disruption while trying to organize evidence.

I overhear a commercial on the news about “Knee replacement and pain.”

My knees get hit regularly.

A Guillotine is on the television when I walk into another room.

A woman in Barnes and Noble wearing a "Love Pink" shirt standing in front of me when I walk in.

On display in Barnes and Noble:

You are a badass. (This is a word that I use).

Girlboss. (I watched a couple of episodes of this series last night. Lead character's name is Sophie, which is a thematic name. Charlize Theron is the Executive Producer.)

May 13, 2017

The last several nights I have experienced extreme assault to the head and chest.

These attacks feel intense enough to do permanent damage.

I have had extreme assaults before, but not like this. My entire head and chest area are being enveloped by these pulses.

More than once in the last few years, I have knocked liquid over and damaged my computer. This is something that as an IT consultant I am very careful never to do.

This is clearly a result of subconscious neural interfacing.

Today this happened again. I reached for my water and knocked it over on a number of hard drives that have evidence of harassment stored on them. I was able to retrieve them in time, but it's clear that intel or cops are using the tech on my brain to try and get me to destroy my own evidence.

If they don't break in to destroy evidence, then they will attempt to manipulate a person's behavior to accomplish the same goal.

A family member is talking about "cooking shrimp in a toaster oven."

May 14, 2017

Injections of misery and extreme agitation today.

When playing basketball outside, ridiculous levels of barking from a neighbor's dog.

Neighbor's kids started screaming at high intensity too.

The neighbor behind me is complicit, but whether he tells the kids outside to do this I don't know. The parents may suggest they go out and play while I am outside and then tech is used to fine-tune the experience. Not possible to determine.

Heavy disruption of focus. It's like a synthetic version of ADD, where it becomes extremely difficult to concentrate on any particular task for an extended period of time.

Toxins are saturating my bedroom.

There is some kind of release system within the ventilation. They can flood the kitchen and bedrooms with it at any given time.

May 15, 2017

Kids are screaming outside again.

A lot of degrading and threatening telepathy today.

When I organize evidence, which I am doing now, I experience neural interference and emotional agitation. These are real-time retaliations toward what I am doing in my residence.

I was severely blasted with Directed Energy the night before doing a podcast on targeting.

The jolt was so hard it felt like a blunt physical object hit my body and head. Kept me up all night.

May 17, 2017

I have been waking up feeling sick, very out of it.

DEW-induced radiation is the likely culprit.

Neighbors are using loud skill saws and lawn equipment all day.

Influencing a bird to sit next to windows and chirp repetitively.

I am getting interference when trying to upload evidence of noise harassment.

May 18, 2017

Heavy DEW torture and sleep deprivation torture are happening every day.

The sleep deprivation torture is being used as a retaliatory form of punishment as with everything else.

Keeping me up all night can be used to feed their bogus and slanderous profile of me as a irresponsible deadbeat.

I am getting louder pulsing in wall throughout the day.

Crossed paths with a firetruck, police SUV, and undercover cop while driving.

The undercover cop exited the Circle K to make sure that I could see his gun.

The employee working at the Circle K wasn't at the register when I entered.

Then she emerged from the back room and said,

"I'm not dead. Not yet."

May 19, 2017

Family members are acting way off today.

Their moods and personality shifts have gotten more extreme.

Feels like a combination of sampling other personalities and interfacing in real-time with the handler's brain.

The kids in the house behind ours are screaming in backyard.

--

Room is being heated up and has been uncomfortable all day.

My upload of pics continues to fail from tablet.

I get death imagery a lot in public but also within my family. They are being handled to act just like perps. The placement of the items in my line of sight is the giveaway. It is meant to be theatrical when done.

The imagery is reinforced by an increased frequency of words like, "death," "killed," "murder," during conversations.



Food is a favorite because it seems so ridiculous but it is absolutely used, mainly to reinforce sex, death and other MK-Ultra Monarch Programming themes.

Telepathic terror doctrine is also incorporated to further reinforce trauma-based conditioning.

I experienced a big pulse in the wall when trying to use CrashPlan, a backup program that stored my data and got hacked when my life was taken down.

May 20, 2017

When I came into Starbucks in Barnes and Noble, a kid similar to my son's age was playing with a stack of books.

When he walked away, the one book with the spine in my direction said,

"Stalin and Hitler."

May 27, 2017

Took a break from daily logging so I will summarize the last week.

The assault has continued and has increased in intensity.

The hits to my chest and head at times have been massive, to the point where my entire upper body is electrified for several seconds. When I wake up after a night of this, my body feels damaged.

The neural manipulation also has been persistent. I am getting degrading and provocative telepathy, as well as synthetically-induced down states.

This is not clinical depression.

The conversational doublespeak and psychological warfare continues at a high frequency.

Because I am preparing to expose in fine detail what these criminals are doing to me, I am receiving consequential torture.

I moved back to my original bedroom two nights ago, as the attacks were getting more substantial in the room that I was in but it didn't really do much.

Noise harassment from landscaping equipment continues to be frequent. At its height, the neighbors were doing something on their properties that involved noise almost daily.

A family member today makes it a point to say that the AC was out in the game room and then started dropping words like "hot," "burned," and "fire" way too much while explaining it to me.

Told me that I shouldn't mess with the thermostat because turning it on could cause a fire.

May 29, 2017

Power got cut off for over twelve hours after speaking with another target.

The power has gotten "cut off" ten times in the last two years and in two states, at one point for 24 hours in the heat of the summer.

This often piggybacks on severe HAARP weather, which is used as a cover story. In truth, these are fascistic retaliatory tactics.

A heated verbal altercation as well with a thug informant nearly hit my car.

Neural tech is always used in these moments in attempts to profile the target.

Almost ran off the road when a remotely influenced raccoon darted in front of my car. They have used animals on many occasions to try and get me into an accident.

A while back, three deer darted in front of my car with my kids in it and one swiped the side door where my youngest son was sitting. I had four animals at one point dart in front of my car in a span of several minutes.

June 5, 2017

A family member talking to her cousin over the phone when I walked into the room,

"How does that song go? Deeper in debt,"

I think they are using the neural tech to keep me from documenting their crimes with as much consistency.

The last several days have been full of distractions.

I can tell that neural tech is being used on me to make me late on deadlines, in particular my taxes. It's like putting a wedge in between me and things I need to do.

I have been sleeping better since I tried some new protection for my head but because of that, I am getting hit harder other parts of my body.

I try hard to ignore this and move through my days without any kind of conscious attention paid to it, as it is clear that the perpetrators want to entrain me in their twisted paradigm of control.

Just about everything in this program is meant to reinforce a conditioned spectrum of behavioral response that takes one out of one's natural existence.

Dogs have started barking throughout the day again.

June 8, 2017

Loud leaf-blowers throughout day.

June 15, 2017

A lot of influence in the last few days. Mapped-out synchronous events have picked up.

I am getting severe shocks to my head and violent jerks to my body.

Talk of fires has increased again.

Death talk has increased as well.

They don't venture away from their trauma and terror playbook.

Extreme ringing in ears in the last couple of weeks as well.

I read that this indicated scanning of your brain. Not sure about that but it could be an indicator of more aggressive monitoring. Even without the ringing, though, programming and manipulation remain active.

After a few seconds of walking into kitchen, I overhear from the TV,

"When going into cardiac arrest."

June 16, 2017

Heavy synthetic dreams the last few nights.

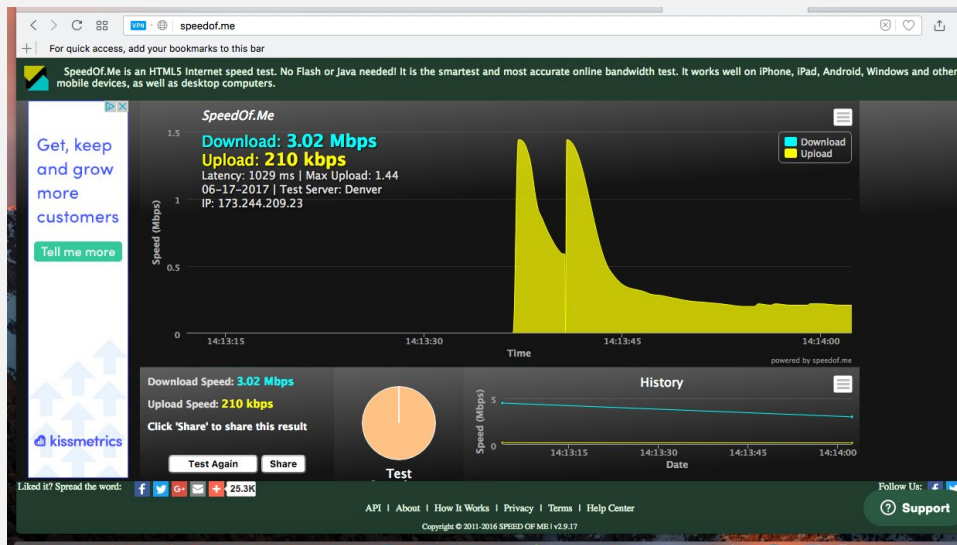
There may be a correlation between the dreams, hypnotic programming, and the overall degree of influence the day after. A lot happens while I am sleeping for sure.

A family member asked if the WiFi was off when it wasn't. Felt like an indirect threat of knocking out the WiFi and internet.

The train has come by five times today.

The harassment and neural abuse and torture continues to be used in conditional ways to keep my brain reacting to their behavioral control paradigm.

June 17, 2017



The latency here is about 10 times what is acceptable, which explains why pages are hanging when trying to load. The speeds are about half of what they should be as well.

In Los Angeles, I had 100mb download and 5mb upload speeds and when all of this hit, I found that these speeds were reversed. I was getting 100mb upload and 5mb download.

That indicates someone hijacking my bandwidth and connection. The upload speeds often spike to this day. This could indicate that they are manipulating uploads for higher speeds because they are uploading streams of data from our computers.

A good amount of neural interference today, especially gestures.

When any type of behavior is injected into me, it doesn't feel entirely unnatural to me but off-kilter enough that my brain perceives it as foreign and imposed.

It is insidious and is meant to feel exactly that way, which makes it torturous.

June 19, 2017

A family member tells me that she's going to bed early because her ear is bothering her.

People around me experiencing “health issues” is a form of retaliation. They harm my family in attempts to control me. Extremely sick and evil people.

--

A lot of extreme vehicular mobbing while out in public.

--

My brain is being flooded with telepathic terror doctrine. Constant internal threats and abuse.

A good amount of psychological warfare using people and other mediums of communication.

June 20, 2017

Been getting hit a lot lately with shocks to my right forearm when I am controlling the mouse.

--

I took a nap and woke up at 3:33.

--

The book I am proofreading is heavily coded with Masonic overtones. I got shocked in the arm when highlighting the codes.

June 21, 2017

Sirens in the distance outside the city limits are being timed. They are a deliberate form of veiled threat. This one came after a morning of doing activism.

June 23, 2017

A lot of remote influence being used on my family since my sons have been here.

While playing basketball, a truck pulls into the next door neighbor perp’s driveway, and sits there for ten minutes. During that time, a person briefly opens the door, then backs out, and leaves.

I have never seen that truck in their driveway.

June 24, 2017

There was a very unusual HAARP thunderstorm tonight. It rolled for an unusual amount of time. It lasted for more than a minute at one point.

I am being tortured hard and kept up through the night by Satanic, Nazi, Masonic neighbors. The pulses are directional, ground and house level, and powerful.

I just got shocked so hard that my entire body lifted and straightened out.

This is while my kids are here for vacation.

--

I am experiencing heavy influence and programming of family these days. They are keeping me up late as well in order to profile and discredit me as a parent.

These horrible, criminal scum will go down in history as a black stain on the human race.

June 25, 2017

Massive jolt to head last night.

Hard electrocutions and pulses to body the last several nights.

These pulses are forceful and reverberate throughout the part of the body they hit.

Remote handlers are copiloting brains and conversations pretty much nonstop.

--

I experienced a painful DEW hit to right side of head today.

Internal and external harassment, computer interference, aggressive vehicular driving and mobbing, neural influence have all picked up since my kids arrived.

These are Masonic, CIA, criminal Mafia tactics. They care about nothing but the objectives of their operation. To that, the remain loyal.

June 26, 2017

Toxins have been in the house since my sons got here. This particular toxin I believe is a nerve agent. The smell is not pleasant.

I have been getting violently hit in the head after laying down to sleep. The only way to curb these assaults is to film myself while sleeping.

This technology affects everyone around a target. In that sense, families are targeted but the only one who is able to see it is the one who becomes aware.

These practices are rooted in well-oiled MK-Ultra methods.

Those around a target, especially, can and often are used as remote handlers. The rest are interfaced with during most if not all interactions to maintain a suffocating conditional prison, that the target cannot escape.

This is necessary for psychological isolation.

Lawn equipment, the train, Directed Energy pulses around house, scripted conversations, the usual psychological warfare and conditioning is heavy today.

June 27, 2017

Looked at watch at 9:11 pm.

This has been happening often.

The remote influence is used on me to reinforce Masonic coding. 911, 333, 444, 555, 33, 55, 66, 77 among others are popular numbers and coded ciphers.

These numbers are reinforced using neural tech such as in this case and also by perps saturating my environment with occultic symbology in all visual and auditory mediums of expression.

June 30, 2017

At Shreve memorial library, a library assistant comes over to where we are seated and starts putting away books and making obnoxious amounts of noise.

He also starts drumming with his hands on the book cart.

Is this mimicry because I am a drummer and often do the same (but not in a library)?

I ask him to keep it down, and he keeps doing it. Then he starts whistling and shelving books again.

Perps are like paid agitators. The program does what it can to agitate and provoke aa person no matter where they go or what they do to get away from it.

Invading one's space and crowding have been going on for years. Even when I confront it, they may stop one thing but then look for something else to do to bother and provoke.

July 6, 2017

A conversation I had with Ramola was likely sabotaged using neural tech. This is becoming standard with everyone I meet, including other targets.

I experienced HAARP weather prior to the conversation. It started while the sun was out, and immediately after the conversation, the power went out.

It's three hours later, and it's still out.

This is the eleventh time that the power has gone out since I have been in Shreveport.

I am seeing the same patterns of behavior in my family too when this happens. The tendency always is to dismiss the possibility of foul play on the part of the government or local perps.

The power never went out in Los Angeles for seventeen years of living in the same residence, but then went out once the terrorism and break-ins ramped up.

The goal is always the same: to provoke me into extreme reaction by establishing a dangerous atmosphere and then use my reactions for bogus profiling in the neighborhood.

I went to the store to buy something and it cost 13.13.

Last night, we stopped watching episodes of Netflix at exactly 12:12.

These are examples of coding that have been persistent for me for two years straight.

The power has been out now for almost five hours.

There is no reason at all for it to be out this long.

This time, it's with my sons.

When all of what I intend to disclose, people will get a very up close and personal dose of what these Satanic, Masonic Nazis do to people and their families.

The mind control of my family is heavy during these periods. A family member has been laughing after everything she says in ways that are not typical of her personality.

These are scripted, off-kilter behavioral patterns being injected into people and repeated at will.

Being with my sons has been a highlight amid this nightmare, but these State-sanctioned terrorists didn't stop for one second. They ramped up every aspect of their criminality.

The vehicular mobbing has been relentless and dangerous on many occasions.

One idiot on the freeway started jerking back and forth in front of us and driving on the shoulder. When I passed him, he zoomed up next to us and stayed there for several seconds, to try and get me going and to scare my sons.

Criminals have been given governmental hall passes to like terrorize with impunity.

Yesterday, with my sons again, an older man zoomed past us as I was pulling out of our driveway and almost slammed into the front of the car.

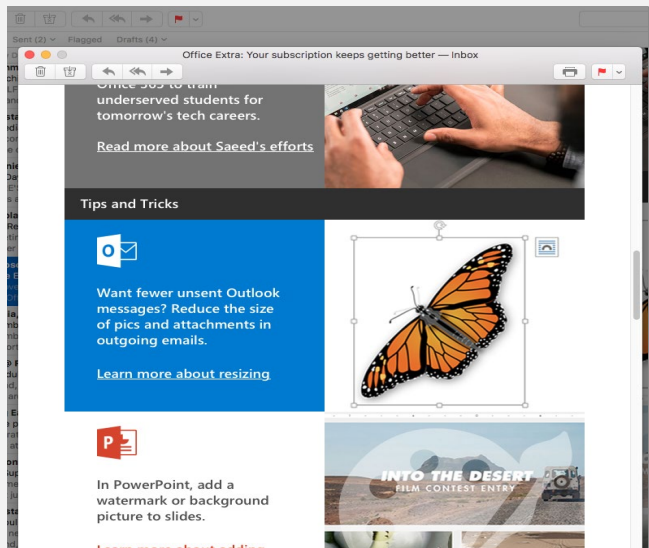
I have been assaulted nightly, and they have also injected frequencies into the room where my kids are sleeping, who have been complaining of insomnia.

I also found myself taking my sons to three different parks, all of which happened to be run by the Army Corps of Engineers. This is the way the military lets me know who is behind it all.

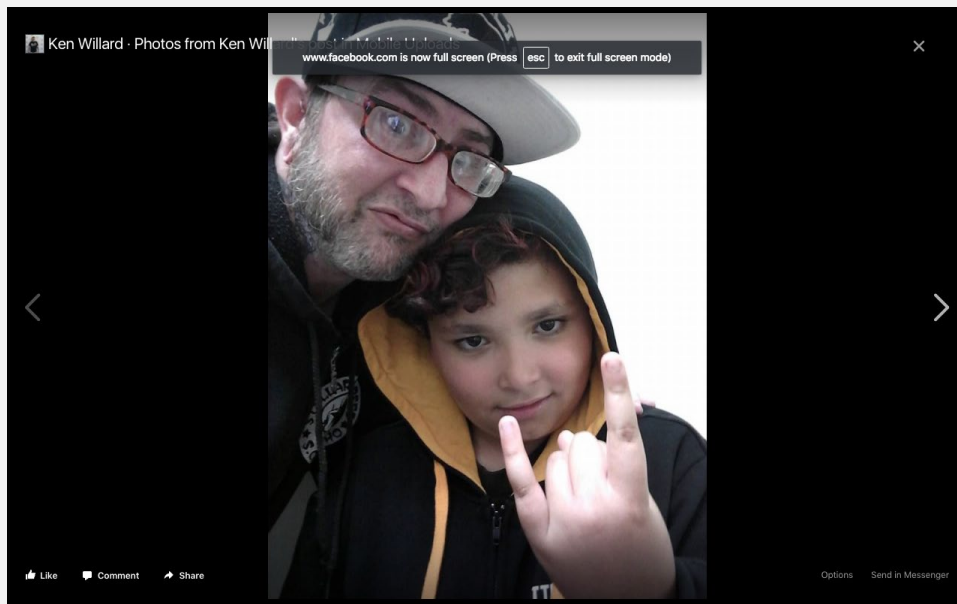
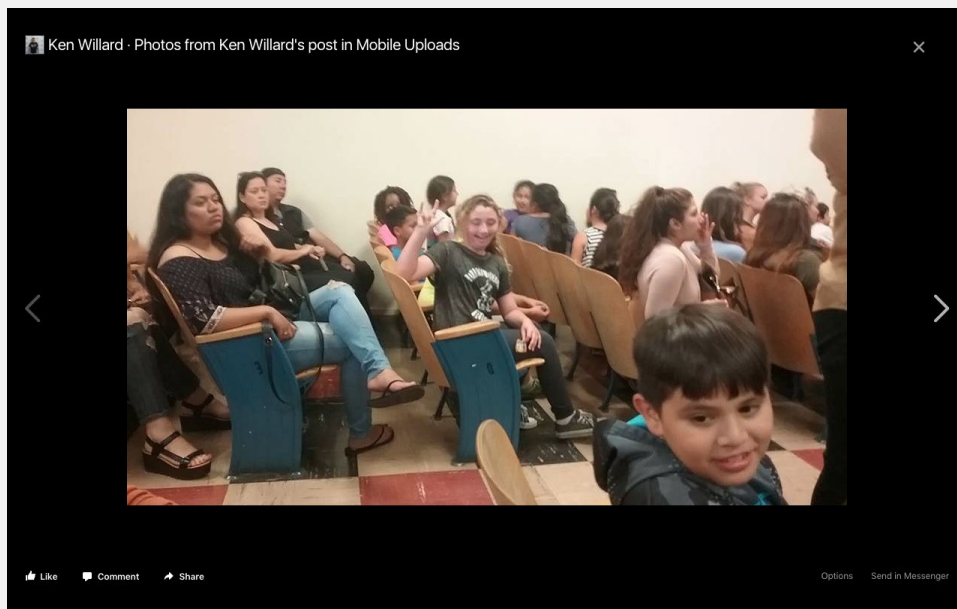
The Army, other branches of the military, the CIA, the Masons, law enforcement. They are all involved and connected. The focus on my family is obviously generational and goes back to my dad's childhood and possibly before.

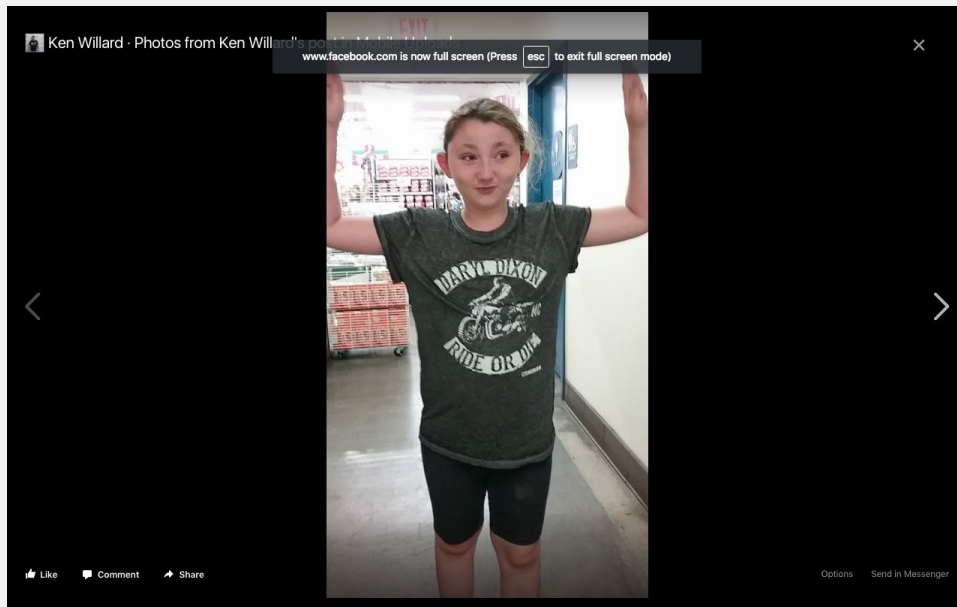


I get CIA-driven spam as well. “Sharks” is a thematic idea in this program and I was influenced to pay attention to these people for a while. Mark Cuban in particular. Note the diamond hand sign.

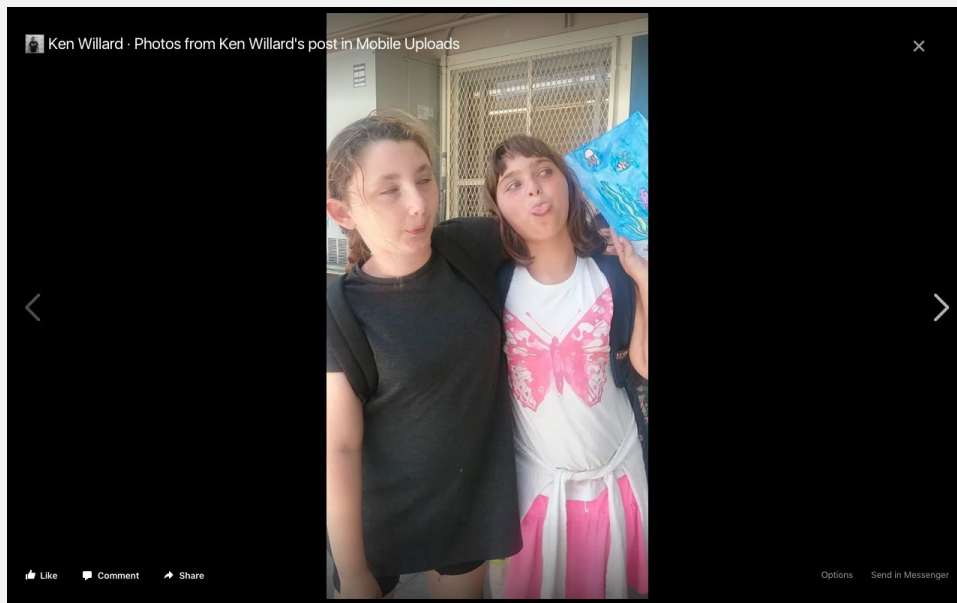


Monarch Butterfly pic connected to Microsoft Outlook. This is a covert reference to Monarch Programming.





These pics have blatant Satanic and Masonic symbology and come from a Facebook account of a guy who was suggested to me as a friend from a counselor who had been working with me and my ex-wife back in Los Angeles. I met her about a year before the targeting went overt. She is likely involved on some level.



Another Monarch Programming reference. I find it disturbing when they use kids to signal to me in this way, but it's clear to me that I have been in this program since birth, so they obviously see it as part of their way of life. Programming children is what they do.



This is symbolism that is used around the house to plant the seed of being taken to court. The CIA handlers use the neural technology to create symbolic, theatrical representations. This is coupled with telepathic or subliminal reinforcement. The representation is typically fear-based and threat-based and attempt to convey a predictive idea to telegraph potential future outcome.

Jul 7, 2017

A guy in a pink shirt crossed the street when I pulled up to the light on inner loop, then got in white car that stopped in the middle of the street while traffic was passing him.

Clearly done to grab attention.

July 9, 2017

Plane flying over my residence the day my children fly back to Los Angeles.

My phone flashed on at 11:11

The day my sons are getting on a plane, a family member makes sure to emphasize that "there's some concern about the weather today."

The thugs who terrorize me know that I am aware of the capabilities of HAARP and weather manipulation, so this is meant to provoke anxiety that something will happen to the plane my sons are on.

The last flight experienced "mechanical issues."

When they arrived this time, they were delayed in the plane for an hour.

They also said that the plane landed really hard, and it was kind of scary.

They are trying to control my behavior by putting on the table harm to my children. That's the level of mafia scum I am dealing with.

Several dangerous situations on the road when taking my sons to the airport.

A van zoomed behind us, then switched to the left lane with a truck just ahead and to the right of us, then jumped back into our lane. This was so blatant that my oldest son commented on it.

A number of others passed us going fast, with one, as he passed us, veering to the right as if he was going to slam into the side of our car.

When merging onto the freeway, a silver car zoomed up next to us as we merged.

When we were driving down the nearby main street, an oncoming car jerked into our lane for a moment over the yellow line.

These are criminal American Stasi road terror squads.

When in the airport, there were DHS perps all over the place as well as TSA and security making their presence known.

Where I was seeing my kids off through the security check-in, I found myself standing in front of a trash bin.

While standing there, a number of people threw things in the trash aggressively. Again, covert innuendo for me to trash my evidence.

Thunder again on a sunny day.

Lights just flashed on and off.

The lights went out two times while my sons were here, one time was for six hours. We had to go to a hotel for the night because of it.

That's over ten times since being in Shreveport.

Several shocks to my legs with the same jolting sensation every time. This happened three times in a span of a few minutes right after closing my eyes because I was feeling exhausted.

July 10, 2017

In a synthetic dream just before waking up, I said in the dream that I felt like my balance was off. Then when I woke up and got out of bed, I was physically off-balance.

They are literally predictively telegraphing in a dream what is going to happen when I wake up.

The ringing in my ears is more pronounced lately.

The air conditioning is being turned off remotely throughout the day. Not sure how they are doing it but it is clearly being shut off abruptly and at precisely timed moments.

Painful pulse to my right temple multiple times yesterday and today.

Train has already come by twice already and just now marks the third time.

The ceiling fan is turning on and off all day long. This may be accomplished with Directed Energy that is focused on the fan's mechanics and wiring.

July 11, 2017

Woke up and the fan had stopped working entirely.

Notable that it has stopped working again in the dead of summer.

As I went to turn the AC on, the second I reach the thermostat, it makes a clicking sound to turn on before I can change the temperature.

Then when I come back to the room, the train blows its whistle.

I am being hit with multiple coordinated and synchronized triggers in a span of minutes. The extreme, parasitic micro-management of my environment is highly provocative and is meant to be.

The pressure on my eyes feels off.

They are using Directed Energy to work on my eyes again. When I just wrote that about my eyes, I got an injected thought of going blind. Then I closed my eyes for several seconds and got the sensation again.

They are reinforcing terroristic threats with neural injections.

My body and brain feel worked when I wake up. My back feels sore, even though I didn't work out.

Family members are speaking very loudly downstairs and clearly being interfaced with to increase agitation.

Loud ringing in ears today

Train has gone by six times.

--

Billing customer rep's name from Inmotion Hosting is Jenny, which is my ex-wife's name.

One of the CVS cashiers for the CVS near where I live is also named Jenny.

I have had a number of women named Jennifer and Jenny since the targeting became overt. This is my ex-wife's name. Her parents typically call her Jenny. Yes, it's a common name but the concentrated frequency and the way in which it is used is not natural.

July 12, 2017

Train eight times today, ten times yesterday.

My activism and evidence organization increases and, like clockwork, the "Whistleblower" presence increases.

I am in a trauma-based Operant Conditioning program. Plain and simple.

Woke up feeling beaten down with Directed Energy.

My body feels worn out and sore.

I am having trouble focusing my vision as well and am getting injected thoughts of blindness. They are for sure messing with the pressure on my eyes.

A person's eyes don't suddenly do this, though I am sure a doctor would explain it away just like every other scapegoat excuse that covers up how this tech is being used on civilians.

Here's an example of a veiled threat and psych terrorism using email (I have had hundreds):

Date: Mon, 10 Jul 2017 21:25:49 -0500

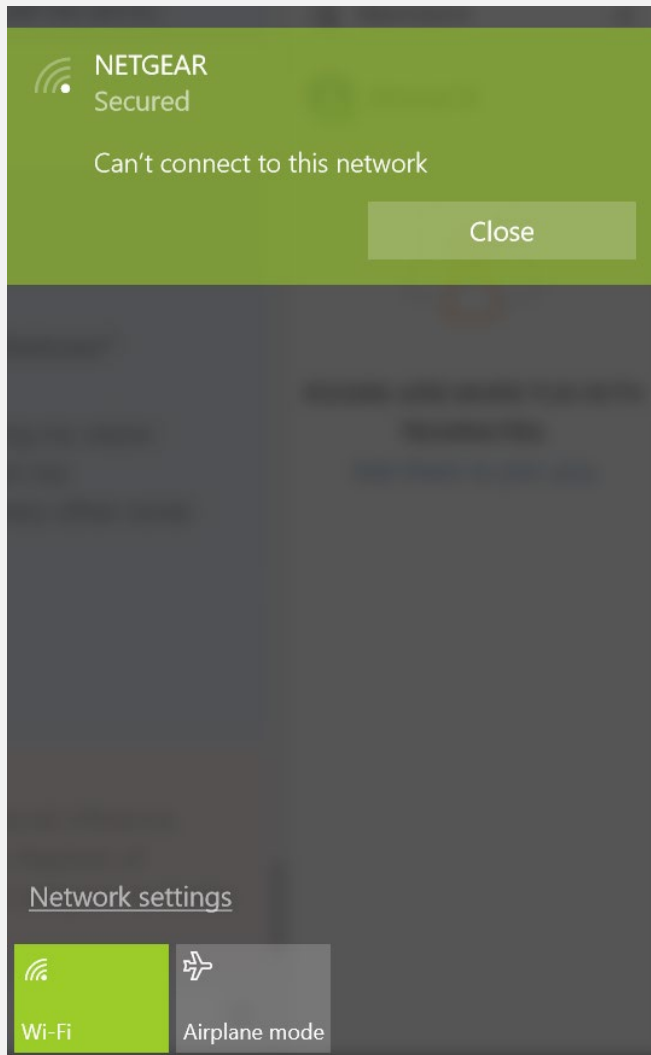
From: Burial-Insurance <SophieDickensi825i@yahoo.com>

Subject: Get peace of mind for you and your loved ones.

=====

Sophie Dickens, the name also seems to be aligned with a lot of the name coding I get. Sophie and Sophia connect to the mother Gaia New Age themes being pushed. “Dick”ens is a Sodomite Programming sex code.

This I have broken down in other documents. The world is saturated with these codes. It’s a Satanic practice that goes way back.



Network is “not connecting” again.

My right arm is being shocked and jerked with Directed Energy when I close my eyes to rest for a minute.

Pulses also waving over my head to give me a pressure headache.

I hear several pops in the headphones while trying to get Lynda.com videos to load.

Tech-induced anhedonia tonight. It is very difficult to feel any kind of pleasure when hit this way.

July 13, 2017

A family member asked me about the song by Freddie Fender called "Wasted days and Wasted nights."

Also mentioned another song by Johnnie Ray who she made sure more than once to let me know was blind.

I am experiencing a lot of neurological agitation today.

July 14, 2017

I woke up from a nap at 2:22 pm.

sorry it's taken as long as it has to get back with you, but kept thinking your are with ch anyway

This is from a Skype conversation with a well-known activist, who I had been talking with about working on a documentary with another filmmaker to expose targeting.

"With child" is a curious use of language in this chat, especially because I have people around me with infants often and get telepathy on top of that suggests fathering more children. The way it is abbreviated is also odd to me. What is the point, exactly?

Initials and the first few letters of words are used in Masonic coding.

Louder ringing in ears yesterday and today.

July 15, 2017

Today had a couple changing the diaper of their baby when entering a local park.

The dad or boyfriend made sure to light a cigarette when I got out of my car, a satanic gesture that has been used often.

While running, another couple was in my path with the woman carrying a doll that looked like a real baby.

The baby theme is persistent.

This seems to tie into bloodline and lineage agenda.

July 16, 2017

Introduction

The Nature of Argument

The Purposes of Arguments

The Materials of Arguments

▶ What are Arguments Made Of? Language 14 min

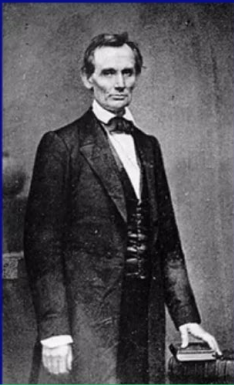
★ Practice Quiz: What are Arguments Made Of? Language 4 questions

● Discussion Prompt: Share Your Thoughts: Arguing Animals 5 min

● Discussion Prompt: Share Your Thoughts: Following Conventions 5 min

▶ Meaning 9 min

★ Practice Quiz: Meaning 6 questions



Abraham Lincoln

(1809 – 1865)

“How many legs does a horse have?”




“Four,” said the witness.

“Now, if we call a tail a leg, how many legs does a horse have?”

“Five,” answered the witness.

“Nope,” said Abe, “calling a tail a leg doesn’t make it a leg.”

07:23 / 14:15

I get Lincoln references often.

My son on a basketball game on the PS3 named the basketball player he created Abe Lincoln.

This is also proof that my son is being influenced with the same technology and by the same people. My family in generational, which includes my parents and children.

The idea of ending mind control slavery has been reinforced.

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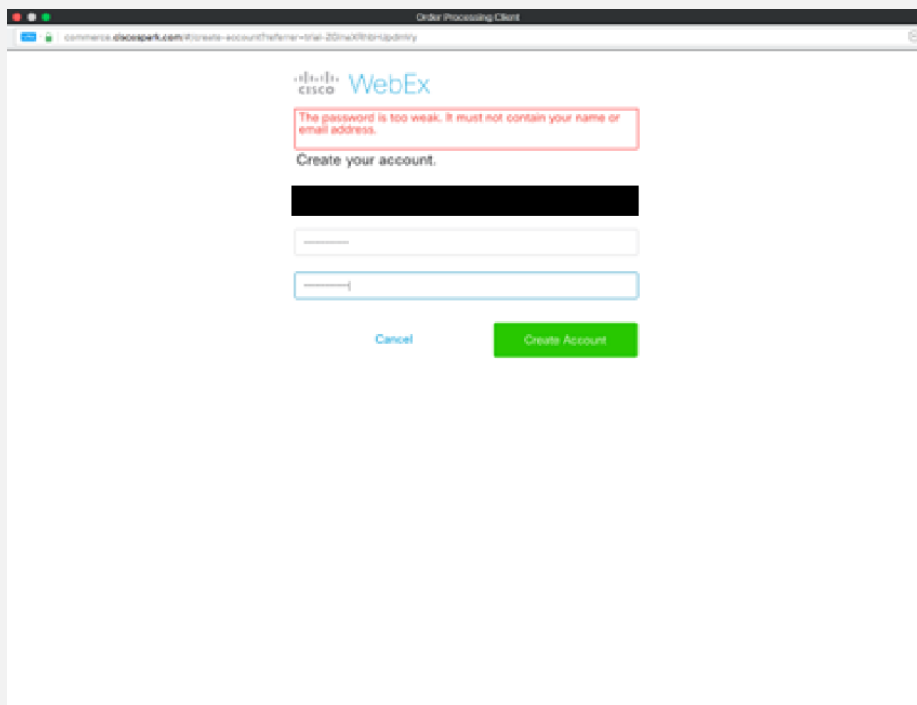


Helen Keller

(1880 – 1968)



Threats of blindness have been picking up lately and then I get this example in a course that I am taking.



This message says I can't include my name or email address in my password when I didn't include either.

July 19, 2017

An insect crawled across my keyboard after doing a podcast with targeted activists.

The insect and “pest” theme continues to be reinforced.

July 20, 2017

I experienced heavy irradiation last night. When I wake up, I have to take time to adjust to the day after assaults like this. Hypnotic programming while sleeping is coupled with these attacks.

While on the road, a policeman past me at the intersection and right behind him was a commercial vehicle that said "House Call" on the side of it.

This is meant to be covert threat.

The last tech-induced blowout between me and another family member ended up with them calling the cops.

Not long after this, another police car appeared directly across from me at a light.

Extremely long and loud train whistle tonight.

July 22, 2017

I am waking up barely functional after the torture and manipulation while I am sleeping. Getting hit very hard these days.

I liken this experience conditional prison and torture chamber, both inside and out.

It is a true Hell on earth.

When watching footage of me sleeping and looking for visible moments of getting shocked with Directed Energy, I get telepathy saying,

"We're going to have to destroy it," referring to the video camera that I use to capture the pulses to my body while sleeping.

Telepathy when watching footage of being shocked in bed:

"It's what we do when you fight back."

Telepathy when typing previous comment:

"It's getting dangerous."

I am dealing with neurological perps and terrorists. They feel like cops and military.

July 23, 2017

Waking up again with blurry vision and unusual pressure on my eyes.

The threats of blindness ebb and flow and are picking up again, which is typical of the terror doctrine methods employed abuse in this trauma and torture program.

HAARP storm with heavy rain.

A family member talks about it being "soup and sandwich night" again.

Ideas of detention and concentration camp, where the prisoners eat in a soup kitchen continue to be telegraphed. Threats of homelessness also connect to this idea.

Visual theater reinforces this idea, because she is now making soup in an oversized pot that looks like it might be found in a soup kitchen. She claims she is using the bigger pot because the smaller one broke.

July 24, 2017

The popping feedback in my headphones has been nonexistent for the last couple of weeks.

This proves that it is an externally induced and deliberate sound anchor.

Reading Eleanor White's TI Survey and I was jolted when reading,

“Serious lies told, such as the target is a dangerous criminal or child molester.”

They is another example of using shocks to reinforce threat-based psychological warfare and terrorism.

A customer rep from AFNI Debt Collection is named Cori, a clear reference to a woman from my past who was a plant and a central to the agenda-driven narrative connected to me.

Said her name was actual when asked. Her full name is Cori Thomas.

When I was at Bed, Bath, and Beyond a while back, a woman named Chantal worked the register. The only other Chantal I know I met on Facebook when getting active about posting about my targeting experiences.

I met her through Steve Kelley, founder of TruthCat Radio, where I did a radio show for a few months exposing the Targeting Program and other conspiracies.

Intel handlers place people around a target with the same names as family and friends.

Mapping technology can also be used to give rise to these types synchronicities.

July 25, 2017

My body's getting ripped up while sleeping.

I wake up and can barely see. Hitting my eyes hard and getting people to talk about blindness in conversations or within earshot.

Got shocked when authenticating Outlook, another mail client, after not being able to get Mac Mail to work. Mac Mail also "Quit unexpectedly," a sign of malicious hacking and interference.

While doing this, I am getting pulses in the headphones.

When playing back verbal journal recordings, someone is connecting via WiFi and pausing the recording at pointed moments to heighten and reinforce what I am saying in the recording.

This is similar to the headphones popping and jolting my body at moments to reinforce a thought or something I am watching or reading.

This time, after I said "My life is scripted," the recording paused.

They are able to tap into phones as well when WiFi is disabled, firewall is blocking all connections, no Sim card, and the device is in airplane mode.

These aren't technical issues.

July 27, 2017

I was kept up all night with hard shocks every time I started to doze off.

When I am kept up all night with Directed Energy attacks, this is usually coupled with coordinating situations the next day that are meant to agitate and provoke.

Sleep deprivation is to this sadistic, criminal program. It's an extreme form of torture that breaks the body and mind down and increases susceptibility to trauma and subsequent programming.

Getting shocked and pulsed in headphones while looking at old screenshots and other evidence of crimes.

Getting shocked and jolted in the back of the head when I start to doze off.

This is soon after getting telepathy saying,

"Go to bed early tonight. We'll let you sleep tonight."

This is a form of psychological gaslighting.

August 1, 2017

Several days of heavier torture and neural assaults and disruption.

Today I feel sick, the same kind of feeling I have gotten when eating food that has been tampered with.

The sewage smell has come back to the shower, which had disappeared for months. This is once again proof that these "experiences" are examples of a retaliatory, psychopathic playbook.

These people are Satanic dirtbags who come onto the property, tamper with food, put sewage in the well, and who knows what else while I am asleep.

August 2, 2017

My body is getting jerked around with Directed Energy Weapons every time I close my eyes.

August 3, 2017

Getting hit in the left eye today. Woke up with pressure and swelling of eyeballs again.

Clicks in my headphones continue to be used as emphasis of action and a covert method of communication and handling.

Handlers are looking looking through my eyes and surveilling my thoughts, and then popping the headphones to reinforce a moment that they have most likely mapped out beforehand.

August 4, 2017

Christie Aphrodite mentions Branson in this YouTube video as a place she traveled:

<https://www.youtube.com/channel/UCIxpNwmqvAcrfRf1hhADaw>

Branson is my son's name. These kinds of reflections are rarely accidental.

I was influenced to watch her many months ago.

"Christ" code in her name.

Aphrodite was the Greek Goddess of love, beauty, and passion. She is associated with the Roman goddess Venus as well as the Phoenician goddess Ashtarte, similar to the Semitic Ishtar.

August 5, 2017

Loud pop in headphones, then shocked in the arm when trying to repair the corrupted VPN.

When I close the air vents, the snapping sounds from the pulses that hit the metal pulse get louder. Whatever is sending the pulse through the vent, it is being remotely controlled to change intensity when I close the vents.

Sewage smell in shower has lasted several days now. Someone is coming onto the property and putting something in the well pipes or maybe the shower head itself in my bathroom.

August 6, 2017

Big pulse to head when looking at book "Pharmageddon" on Amazon.

August 7, 2017

Pulse and clicking in headphones when installing Webguard, an app that they do not like.

Getting hit with massive pulses to the heart and head.

Aneurysm and heart attack level intensity.

These degenerate, murderous scum torture with impunity.

No one in our government is doing a thing.

August 8, 2017

Having a lot of issues with my internet connection. Then suddenly, the speed shoots back to normal.

If I start watching videos on something that involves exposing these or related crimes, the internet connectivity plummets.

This has happened too many times to think that it's just random. They are applying similar trauma-based Operant Conditioning techniques to every area of my life.

They are establishing a conditional environment that is dependent upon my behavior.

Getting shocked to body while locking down firewall.

Laserbeam burn to elbow while reading an article on deprogramming Monarch Mind Control Slaves.

August 9, 2017

Laserbeam burn to wrist of hand that is scrolling the page while reading the Monarch deprogramming document.

I had a synthetic dream last night of several white, tricked out cars pulling into driveway with gangsters storming my place with guns. One of the gangsters burst into my room with a gun. I charged him and he shot at me.

At that point, I woke up with my arms flailing. Using dreams to threaten a person that something terrible is going to happen is trademark CIA.

VXP350 license plate lead me into town and then led me back to my place.

The perpetrator is local and lives off Ellerbe road.

August 10, 2017

Listening back to a verbal journal entry, the recording stopped abruptly when I said,

"Slavery at birth."

This was 10 seconds before the recording ended. This is on a phone with WiFi disabled, an aggressive firewall, and no SIM card.

Pulse pop in headphones while editing footage of the pulsed shocks that I experience when trying to sleep.

The telepathic terror doctrine and ritual abuse picks up dramatically when doing things like cleaning.

Any menial work that I do, like cleaning, is coupled with telepathy and heterodyning that reinforce the thought of being a slave. These scum handlers tell me what to do while I am doing it.

For example, I will be cleaning and they may say "You missed a spot," or "That was terrible. Do it again."

This is highly provocative, which is exactly why they do it.

Telepathy is no doubt a primary tool used by intelligence and military intelligence to reinforce Monarch Programming and ritual abuse from a distance.

Imagine a physical human following you around and shouting abusive, degrading expletives and insults nonstop while you are making a sandwich, cleaning your bathroom, making your bed, playing a game with your children, taking a shower, ad infinitum.

Maybe that drives home how lowly and infuriating these dirtbags are.

They have spent decades if not centuries refining these trauma-based torture and programming techniques. These are the same methods used within illuminati and satanic families on their children, which gave rise to the formalization of the same techniques in project Mk-Ultra and Project Monarch.

August 11, 2017

Not long after coming to Louisiana, the perpetrators started using Directed Energy on my throat and trachea. After a point, I started to hear a whistling sound coming out of my windpipe, so it seems that they bore a tiny hole there.

Now, at times when I get upset, they hit my windpipe so that it makes sounds that sound to my inner ear like crying or wailing.

Listening to a recorded conversation, the audio hung and my headphones popped at the same time.

August 13, 2017

The most intense shock to my body, focused on my chest and heart, happened this morning. It was so massive that it jolted me out of sleep with me yelling in pain and the cursing at the top of my lungs.

Over twelve hours later, and I still feel the residue of the shock. I would call this a kill shot, meant to induce extreme fear in a person.

These pulses are being used to intimidate, instill fear, deter, and program. High profile targets are hit every day.

They are also using them to keep the brain in a perpetual state of reset, just like electroshock treatment. This makes it easier to program a person into repetitive states and tunnel-visioned experience. If and when a person fights back, the reset button gets hit again.

The persistent focus on my temples tells me that they are using these EMF weapons in the same way they use electrodes for someone who is being treated with ECT therapy. Patients prescribed ECT complain of memory loss, sometimes severe and over many years.

This is suppressed by the psychiatric profession and the media. When I get hit as hard as I got hit last night, it affects my entire day. Makes it difficult to get much of anything done. They essentially give me a temporary lobotomy and deplete my energy and focus to such a degree that my brain feels like it is in cognitive quicksand.

August 14, 2017

When editing footage of pulsing to body, the headphones popped a half dozen times in a couple of minutes.

After editing footage and being kept up all night, I tried to close my eyes for a while and got shocked nonstop every thirty seconds.

Hard shocks to my body again, around the heart area.

Electrifying entire body.

Unbelievable levels of criminality and psychopathy.

Was able to sleep a few hours after being kept up all morning and into noon.

I woke up to family telling me ATT was here and that someone called in to say the internet was down and requested to change the connection back to DSL.

No one in this house did this.

They will say the order got confused with a request several days ago, which is a bogus lie.

The line was switched to U-Verse and that was the end of it. No one made any subsequent calls.

This kind of CointelPro runaround is something that I experienced non-stop for months in Los Angeles.

August 15, 2017

My friends and family are being influenced in specific, scripted ways.

The more I reflect on it, the clearer it is to me that this has been going on throughout my life.

Popping sound in headphones while signing up on a site for potential work.

I cannot do something this simple without intrusion.

I was just watching a YouTube video of a guy taking EMF readings in his home. As I was watching, the video paused at the moment when the readings were highest.

This was coupled with telepathy that they are ramping up the microwave attacks.

I am microwaved every night, so it's an absurd threat but when I get them, the attacks usually increase in severity. They telegraph outcome like this to dissuade and ultimately control behavior.

A cop zoomed past me on the road. Same thing happened in Kroger.

People are trained to move around a target in the same way on foot as they do in cars.

This technology and mapping incorporate mistakes.

I have forgotten things and the extra time added for me to go back and get what I forgot aligns with precise intersections on the road seconds later.

They are scripting mistakes into preprogrammed experience. Yes, this could be achieved on a grass-roots level, too, this also with grass-roots, but they do it with family that has no idea.

August 16, 2017

Train has come by four times in the last hour and a half.

I find I am constantly resting my hand on my stomach, which I realized later is a Masonic gesture known as "the hidden hand."

This gesture is famously present in many historical portraits of historical figures, especially political leaders.

A lot of Masonic gestures the last several days.

They induce this in me and my family. Much harder to do with me because I know what's up, but they still get into my subconscious when I am not thinking about it.

Being kept up all night until late morning again.

When these criminals ramp up the granular control, I experience throughout the day:

Forced speech, forced gestures, forced movement, DEW sounds around the house, pops in the headphones, train noise harassment, car noise harassment, low planes flying over the house, loud landscaping, neighbors' children yelling, phone ringing off the wall, family banging cabinets, family interrupting, computer hacking, influence of what I say and do, videos I watch, books I read, things I think about, people I talk to, conversations I have, precision-timed synchronicity of all kinds.

There really isn't anything they don't touch.

They are intrusive, invasive, tormenters, torturers, agitators, and sadists.

The second podcast by Bryan Kofron came out, which puts out some truth.

He seems legitimate but as with everything else, I have learned my lesson when it comes to investing in any person or piece of information.

He mentions a woman who worked at the homeless shelter he discusses, and her name is Cori. That seems like deliberate signaling. Tough to discern.

Ring in ears has increased in volume in the last couple of days.

--

Train coming by often again.

Dogs barking again.

Family member lies on the couch with finger to mouth in the "Be quiet" pose.

Went to the kitchen for a second, came back, and he now has one finger under his chin like a gun.

These are typical of the symbology used in the entertainment industry by celebs (finger over mouth, finger pointed to temple).

It is indicative of MK-Ultra programming technique used to emphasize secrecy and implant seeds of grave consequence if one talks.

Getting hit with DEWs to ankle while writing about DEWs on the computer.

This type of hit makes the muscles in the leg very uncomfortable.

Nothing relieves the sensation.

I am kept up all night, assaulted and tortured.

When I write about it, I get tortured more.

This is the sad state of this nation. We have criminals roaming free and torturing people in their own bedrooms. And they're paid by the government we supposedly employ.

The train is coming by nonstop again. Several times a day. He blows his whistle softly, loudly, and everything in between.

The triggers operate in degrees, getting me to associate the level, sound, and intensity of visuals or audibles with the degree of aggression coming from these perpetrators.

It's meant to sound unbelievable. Covert intelligence and military operations are designed to be deniable.

A highly visible TI and friend today said that she wanted to take a break from the friendship. This is typical of what I experience.

Though it may feel natural to the person and the antagonism or polarization seems rooted in real interaction, it is induced and orchestrated with tech. Either that or I am being surrounded by two-faced agents pretending to be friends and targets.

Either way, it has happened many times and when I don't "cooperate," I get nailed. That includes sabotage of relationships.

August 19, 2017

Been getting hit in the elbows with pinpoint beams that are painful.

This is always when I am on the computer with my hands on the keys.

Loud pulse pop to headphones while editing footage of DEW attacks.

Pulse to headphones again when exporting footage.

A game that I play on my tablet is hacked and at times the pieces on the board change so that they win and I lose.

The perps invade and interfere with every aspect of a person's life and this includes all things computing. So when I didn't get the right pieces on the board, clearly a result of hacking and manipulation, I said,

"These people are hackers and cheaters,"

A family member in the other room immediately chimes in with,

"Oh come on, that's ridiculous."

After all of the ways I have demonstrated and proven what is being done to me, it's as if none of it sticks. It's like people's brains are being reset quite literally.

August 20, 2017

I am getting blasted super-hard again.

The playbook is methodical.

If I am moved into hardcore torture mode, I am kept up all night and wake up irradiated and dried out with swollen pressure on my eyes.

This is in concert with severe isolation.

Sabotage of relationships and locking me down into repetitive patterns of doing barely anything. The best I can do when this happens and I am unable to break through is to document everything for future justice.

August 21, 2017

Pulsing in walls is starting up again.

Consistent pulsing in wall of bedroom coming from right side of house.

Another consistent pulse hits the wall of the bedroom to the left around the built-in cabinets.

They can pulse anywhere but there are a few areas that they do so with consistency.

A family member warned me not to look at the sun during the eclipse because I

"Could go blind."

The blindness and homeless themes have picked up again. As well as prison, fire, and a few others.

One of the strategies of the neural tech is to impel a person to behave in certain ways in order to generate psychological reflection and response.

For example, I can put my head in my hand and sigh and get a sensation that I am down and out, even though I am not. They are coupling neurological signatures with physical behavior that they also induce.

Another example is when I find myself swallowing in a way that is exaggerated, which just happened as I was typing this. The swallowing is slow, measured, effortful, almost dramatic, and the tech to get me to focus on it with heightened attention.

When I swallow like this, I get a subliminal as if I am swallowing with a gun pointed to my head.

I have no emotion whatsoever attached to this manufactured sequence, but it is supposed to induce fear. The induced physicalization is used to encourage a fear-based emotional response.

This is an integral aspect of modern Monarch Programming.

August 22, 2017

Getting hit with the full treatment when trying to sleep.

I was kept up all night again so I will write.

I dream of the day these criminals are in jail or worse.

They are traitors and treason is punishable by death.

I am getting hit with the full Directed Energy protocol.

The EMF meter is in the red and points to the house behind ours.

All those around the house and directly across the street take part.

Pain around left side of chest and heart.

Pulses to leg muscles, mainly quads that is very uncomfortable. Creates a crawling sensation in the muscle.

Jerking my arm around hard with jolts.

Sharp pinpoint hit to front left tooth that feels like it's hitting the nerve.

They have been doing this throughout the day today.

Hard jolts to entire body that are visible on video.

Pains and shocks to various parts of head.

Shots to stomach that are like getting physically punched.

Shocks to entire back that vibrate just under skin.

Shocks that jerk my arms around the shoulder blade area during the day now.

Pulses during the day.

When the neural tech and programming gets more blatant and heavy-handed, my days start to feel mechanical in every way. Thoughts, movement, speech, interactions.

This is the future form of population control. Robotizing people with tech.

August 23, 2017

I am getting hit from multiple angles fairly hard and the room is several degrees hotter, which means I am being nuked during the day. Blanketing me in radiation.

These lowlives cause slow-growing cancer with their murderous ways.

We're living in a global concentration camp that can activate at any time for anyone.

Train has been coming by nonstop in the last several days.

Pulsing during the day has returned.

Dogs barking outside right after waking up.

Being pulsed to wake me up.

Feeling heavily irradiated and depleted when waking up.

Massive pulse to my head last night.

Jerked and electrified my entire head.

The physical force of these weapons is palpable.

Shocks to body during the day.

Jerking back and limbs. They hit bone in order to create sudden, aggressive movement.

They have kept me on neural lockdown and a torture regimen that make it next to impossible for me to string together productive days and fight back with consistency.

When I make headway and gain momentum, it gets undermined.

They set these situations up and then they use them to profile me as a deadbeat who can't get things done.

HAARP weather today. This thunder is never natural sounding.

August 24, 2017

Woke up again today depleted and dried out.

Heavy irradiation causing loss of balance, extreme fatigue, listlessness.

This is not depression, though the circumstances the targeting and torture create for me are depressing.

These are Directed Energy attacks.

Whistling sound in trachea today.

When I wake up after getting hit hard, I get thought injection sequences, all negative, all fatalistic, thoughts that everything is hopeless, that they are trying to kill me, that life is over, and so on.

It's a form of psychic driving, that at its worst induces extreme misery and resembles suicide programming.

Impulse control is at work too.

They have the ability to sample behavior, clone it, then put it back into a person at will.

They are treating people like programs to be written and rewritten.

August 25, 2017

Family, yesterday, while in the kitchen:

"What do you do with mozzarella cheese, fry it?"

That night, I was kept up all night with Directed Energy attacks and was "fried" with microwaves.

The entire room was kept several degrees hotter than the rest of the house.

Woke up after a couple hours of sleep to shocks and pulses in room.

A lot of negative telepathy too.

Visual images get injected, and then I get shocked to emphasize the visuals.

It is clear that at least one localized source has readouts of my thoughts and brainwaves, and likely more.

This Orwellian nightmare was here a long time ago.

Did an exercise where I paid attention again to the number of triggers while doing things in a 10-minute time span. I counted several dozen at least.

When it is dialed up, the triggers are constant. Much of this has to do with implanted and weaponized thoughts that are attached to things I do.

This technique takes things you would never focus on and brings them to the forefront while attaching something degrading, negative, or threatening to them.

Like when I fold the laundry and get the perception of being a slave or servant. Or when looking at my children's pictures on the refrigerator, I get a flash of them being harmed.

August 26, 2017

Pulsing the keyboard of my laptop as I type.

Pulsing the board that I use to protect my head with force so that it moves.

DEW-induced muscle spasms in left quad muscle and area above left eye.

Headphone-popping when editing video of DEW assaults.

August 28, 2017

The tech is used to weave themes, narratives, reflections into my life.

When working at a high concentration, I get connections from several disparate sources in a day.

They are scripting my experience.

August 29, 2017

I got shocked in the leg while reading a past entry where I mention detention and labor camps.

As I was typing in the telepathy log the words "Save the World," the cursor hopped back to the front of the phrase.

August 30, 2017

Nanotech and DEW discomfort in legs.

They have used DEWs to move my legs and arms as if they are on strings.

They will straighten my leg out or toss my arm over my body.

Then I get a subliminal of a puppet. As in Marionette Programming.

They do this while I am sleeping as well. I have captured this on video.

When I open my window to check out the rain, I see the neighbor to the right has their white SUV pointed in the direction of our house.

Seconds later, the woman who lives there comes out and gets in the car. Right after she pulls out of the driveway, another White SUV drives by just behind her.

White and black are colors used to represent Masonic duality.

Associating white also with "Peace" and "Truce" has been a staple of their covert communication with me.

I get tortured and manipulated every day. I have dozens of crimes committed against me every week. My life has been hijacked. My family's lives have been hijacked. I get threatened and terrorized all the time.

And then I get innuendo of peace and truce. Psychos.

There is no such thing when you are tortured, terrorized, and controlled in the ways that I am. They have the ability to stop everything at any moment but they do not. It's a tyrannical program and I have tyrannical handlers who have done everything to break me and my life down.

Went into the game room and one of the weights on my weight bar had been taken off and a small one was put in its place. This makes no logical sense and is typical of the creep-factor gaslighting that these derelicts engage in.

You have to unscrew a piece in order to take this weight off and then you have to physically put on the other so this isn't something that just happens.

I asked a family member about it and he couldn't give me a good answer. When I pressed it, he started to get angry and said that,

"It doesn't matter." If I ever mention the possibility that people are coming into this house, he gets reactive and volatile. This tech is used to make the situation impossible. This is how these criminals get away with this kind of stuff. The ones telling the truth are getting shut down by pathological liars and serial criminals.

August 31, 2017

I am experiencing tech-induced misery. This is without doubt a neurological frequency signature that can be put into me at will.

This is coupled with telepathy saying,

"Suicide programming today."

I am not suicidal nor have I ever been but this kind of misery is extreme in its insidiousness.

May all these criminals suffer tremendously one day. I have nothing but disdain for these sadistic lowlifes.

September 1, 2017

Getting hit in the throat, base of the skull, stomach, chest, and legs hard every night.

I then wake up bombarded with abusive, degrading telepathy and terroristic thought injections.

My vision is off as well when I wake up.

These government-sanctioned criminals are in the business of physically, mentally, financially, and socially disabling people.

September 2, 2017

Reading a book called "Black Terror, White Soldiers," which so far has shredded a lot of the dumbed-down, brain-entraining rhetoric and entrainment that I have been bombarded with in the last year.

Typically, if I read something that incisively breaks down the programming that, I get aggressive interference. This time, I got hit with extreme fatigue while reading.

I have also gotten direct interference within the Kindle Reader on many occasions. Fritz Springmeier's book on Monarch Programming and mind-controlled Illuminati Slaves crashed many times when reading.

I continue to get shocked the minute I close my eyes to rest.

This time I also got an injected dream sequence of me climbing up a mountain and as I was doing it, I was jarred awake by my legs being jerked with Directed Energy.

They are physicalizing the action in the dream maybe to reinforce the moment.

There was also a loud crack or shot in the distance, something I have gotten before.

The DEW assaults and neural interfacing are being synced up with purpose.

Forced speech, family member on the phone:

"If the diabetes is bad, you know you can die from it."

The diabetes theme again. I have had this idea reinforced dozens of times since the targeting went overt.

Worth noting that this tech can induce sugar attacks, which it has done with me often, as well as weight gain.

September 4, 2017

Reading a book called "No Ordinary Stalking" with Jen as the main character and victim. This is my ex-wife's name.

Talked with Eric Karlstrom today.

He mentioned his dad and family had direct CIA and military connections. He could be in the same program.

When talking to a family member about a game he plays, I asked what his highest score was on level 10, a level that no one has passed yet. He said,

"I think there is something wrong with the programming."

Called it "Obstinate" and "Hopeless."

This is obvious handler doublespeak and typical Monarch Programming techniques of communication. They are dark psychologists. They know how to manipulate the mind.

I talked to a friend tonight who is also in this program, and she mentioned that her son's name is Christian.

"Christ" in names is a big part of the Masonic duality coding and mockery.

The Illuminati influences parents into choosing particular names for their children to satisfy their programming and coding objectives. This is Kabbalistic ritual and connects to manufactured End Times agenda.

Me being named Ahmad is not accidental.

September 5, 2017

The fan shifting in sound seems to be due to Directed Energy cutting off airflow. I put the fan close to my face, and the air hitting my skin disappeared when microwaves were heating up my head and body.

I learned from researching Monarch and MK-Ultra that one aspect of torture is changing the body temperature from hot to cold.

This is further reinforcement that the program has its roots first and foremost in trauma-based programming.

September 7, 2017

I wake up every day and am affected by the Directed Energy and neurological attacks on my brain and body.

What I go through every day is directly out of an MK-Ultra playbook and a CIA torture manual.

The shock treatment, synthetic dreams, neural entrainment, hypnotic programming, myriad anchors and triggers that have been conditioned over years, among many others, are all central ingredients to trauma-based, MK-Ultra Monarch Programming.

I wake up often feeling brutally assaulted, irradiated, manipulated, and half dead.

It can take me a few hours, sometime all day, to recover and get my day moving

This is a massive crime against humanity.

One of the most psychologically brutal aspects of this program and the torture that it inflicts, is that it is virtually undetectable to an outside observer.

Even with knowledge of the tech and its uses, it's hard to see what is really happening to a person. They have gamed our perception so severely that most will lean toward psychiatric diagnoses instead of tech-driven, government-inflicted torture.

The footage of my body being shocked in my bed is hard to deny.

I believe a main point of the electromagnetic assaults is to reset the memory and program a human being.

The torture also stems from this, as it is meant keep a person's body, brain, and psyche in a state of perpetual trauma.

September 8, 2017

Paul Marko mentioned in Techno 25 episode that Ramola, Karen, and Katherine should get in touch with Trey Gowdy.

Ani Kaspar also mentioned Trey Gowdy when we spoke a while back, as did Karen Stewart and Midge Mathis.

He is from Greenville, where my best friend and roommate from Vanderbilt Erik was born.

Reinforcement of details like this connect to agenda and are a way to reinforce narrative and suggestive innuendo.

I got a massive shock to my body that jolted me awake. My arms were pushed violently into my body.

I am often woken up with shocks to my body and head.

September 9, 2017

Continued shocks to body and popping of headphones to reinforce what I am doing, reading, watching, etc.

Spotify started playing on its own. This has happened many times before.

ITunes is also popping up with the window that asks a person to "Agree" or "Disagree."

They are attempting to plant the seed of signing something contractual.

This happened many time months ago during heavy entrainment and programming sequences but stopped after it became clear I wasn't cooperating in any way with their deceptive agenda.

September 10, 2017

I am overwhelmed with fatigue today.

I had the goal of finishing the editing of a manuscript today, but there is deliberate interference.

The tech is used to keep a person away from doing things that will get them ahead.

They are using technology on my brain to keep my life down and destitute.

I am getting a lot of negativity and antagonism in different ways in the last number of days. Cannot stress how nasty and evil this program is.

The assault on a person is not just in the form of Directed Energy. These sadistic criminals will hit my neurology, my relationships, finances, everything.

This is physical, psychological, emotional, neurological, social, financial assault, torment, torture, and sadistic control.

No matter what time of day or night, when I close my eyes, I get jolted and jerked around.

September 11, 2017

When I go to the tax website, the headphones pop.

When I look into jobs on ranches and farms, the headphones pop.

I read something about someone getting hurt. Headphones pop.

Definitely a main anchor for their conditioning protocol.

Getting cooked in my room. It is several degrees hotter in here than in the rest of the house.

September 12, 2017

I am getting a lot of negative, degrading injected thoughts.

This tech can produce the equivalent of an at-will adrenalin or panic attack. Out of nowhere, my heart rate increases, a sense of anxiety and dread increases, all symptoms are mimicked.

It happens when it makes no sense for it to happen, and it is not organic to me.

September 13, 2017

Kept up all night with frequencies and Directed Energy attacks.

I could barely keep my eyes open and tried to take a nap. I was so exhausted that I almost fell asleep despite the shocks.

When I started to doze off, I got a synthetic injection of someone saying something that ended with,

"He's dead."

At that exact moment, I was shocked extremely hard.

This indicated that those attacking me have direct access to the images that are being injected into my head.

They are either coordinating these attacks with someone who is injecting images or they are operating both.

My instincts tell me that those operating the Directed Energy assaults are also managing the neurological manipulation.

Either way, it is impossible to synchronize a shock to my body with an injected image or thought without direct access and to neural monitoring and technology.

September 14, 2017

When thinking of my hard drive because the icon was "missing" from the desktop, I get telepathy that says,

"We're going to fry it. We're going to fry them all."

September 15, 2017

Got extreme attacks to my body last night that shook me violently.

My heart rate shoots up from electrification when this happen. These feel like heart attack level hits.

Putting evidence together and getting ripped, which is my typical experience.

These people are murderous, cowardly, psychopaths. Dirty, thug cops.

I am watching footage and seeing clear hand signals from perps coming out of a store. When they do this, others enter seconds later.

They are communicating with military and police signals.

B958648 is the plate of the truck from footage of when a guy almost ran into the back of my car. When I followed him to get his plate, he stopped his car in the middle of the street in front of a house with a thuggish dude sitting in his front yard with no shirt on.

This was at night.

This incident was clearly mapped-out beforehand.

September 16, 2017

Bombarded with telepathy lately.

It comes in waves.

I am getting massive shocks to my body and heavy irradiation at night.

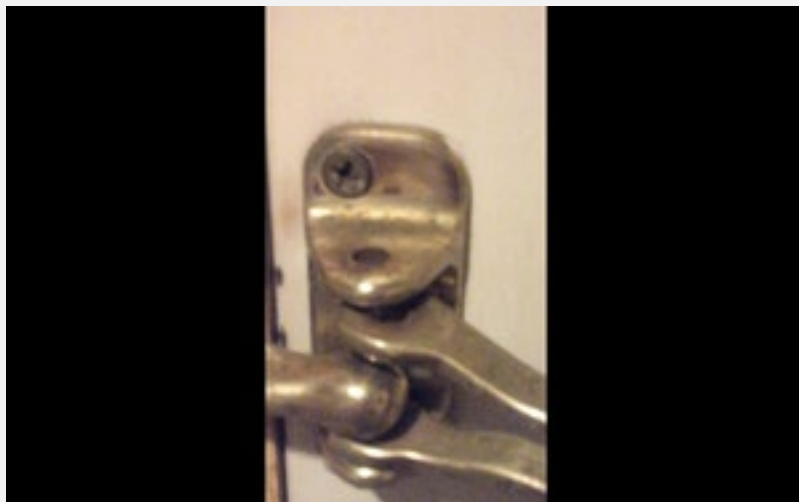
I am getting intense synthetic dreams.

Syncing and stilted conversations and interactions are picking up as well.



I have been harassed by trains with persistence for a year and a half straight in Shreveport, sometimes several times within a few hour period.

This one is driving alongside me on the highway. This has happened many times. The neural tech maps out these intersections.



This is a hotel door lock that is deliberately damaged and loose so that it's easier to break-in when I am gone or sleeping.

I have experienced multiple break-ins and destruction or theft of equipment. I have experienced compromised locks on hotel latches often. Hotels are heavily involved in targeting and harassment.

The management, maintenance, and room service act like Stasi Mafia thugs.

I have not been in a hotel in the last two years where I did not get heavy Directed Energy attacks, hacking and internet lockdown, nonstop theatre, persistent noise harassment, ad nauseum.

I know many who have experienced the same.

September 17, 2017



This is an example of a vehicle that tails me with military plates.

September 19, 2017

Getting negative telepathy and manipulation today as well as daily DEW shots to various parts of body.

They are vibrating the bed behind my back with DEWs while I am watching footage of harassment and vehicular stalking.

When this happens, I feel electricity moves through my body.

Jolts violently jerk my body when I close my eyes.

The Directed Energy is creating localized pain in various areas of the body, in particular the neck and zheart.

September 21, 2017

Hitting heart area while looking through footage of harassment and stalking.

I lose my breath for a moment when this happens.

We have criminals posing as neighbors at this point.

We are living in a country run by thugs.

On Techno Forum 27 today, they spoke of a pastor blocked by the TSA, who was coming over to speak on behalf of Tis.

He claims he is also diabetic. He is from India, but was kept over in Dubai.

I stayed in Dubai for a night in my family's flat before coming back to the States in 2010.

I have also been seriously harassed by the TSA experienced myriad issues when in Saudi in 2010.

The telepathy I get often tells me that I am diabetic. (I do not have health insurance from being marginalized so I haven't checked to see whether this is true or not).

This is an example of mirroring that the CIA uses on me all the time.

All media comes armed with this layer.

Most if not all of these stories are fabrications.

We are living in a fully propagandized, MK-Ultra factory, and the news is a primary peddler of this garbage.

September 22, 2017

Concentrated perp theater and visual anchoring when outside playing basketball.

As I came out of the garage, the Horans pulled into their driveway.

Not long after, as the train started blows its whistle, a white truck drives by.

Then, an extremely loud engine in the distance.

The Hunts next door pull up in their van second later.

The family gets out.

Son is color-coded in blue.

Mom in yellow.

Husband with black and white.

Then the dogs start barking.

Someone pulls into then Hancocks' driveway.

Then the Horans again.

Small plane flies overhead.

Owl hooting in the backyard.

Aruck pulls into the Hunt's driveway.

Big guy dressed in the same shade of blue gets out and gives me a look.

Gets back into his truck and backs out of the driveway, then pulls back in and gets out for another few minutes.

I go inside to get a drink.

Come back out and he leaves.

When I start to go inside, Tyler, the husband next door, gets into his Masonic orange jeep and starts to pull out.

This is an example of several minutes of concentrated and provocative theatre that is coupled with neural tech, which attempts to greatly increase agitation while this is happening.

Collective and deniable psychological harassment.

September 23, 2017

I got hit hard last night with Directed Energy

They were jerking my limbs around every minute or so.

Was kept up until late into the morning.

Chris Burton mentioned in his interview with Ramola that his company was the number one supplier to SAP.

My dad's side of the family owned and operated SAP Arabia.

Chris's cousin went to Oxford, as did Katherine Horton.

Interesting connections.

September 24, 2017

Chris mentioned a V2K persona named Doreen in interview.

This relates for me to Doreen Horton, a lifelong family friend, whose husband died of pancreatic cancer a couple of years prior to the targeting going over for me.

I came back to Shreveport to spend time with him when he was very sick. She is the only Doreen I know and they were the only people that I knew with the last name Horton until I met Katherine.

September 26, 2017

A family member walks into the kitchen as I do, and I notice that his pants are unzipped.

I mention it and he says he just went to the bathroom and starts laughing, asking,

"What? Did you think that I just forgot? That only happens to people who have lost their mind."

Completely bizarre response but weaponized because they have been disrupting my memory and trying to get me to do the same thing. They tried doing this to me also when in public and then started sending veiled threats that they were going to profile and frame me as a potential sex offender.

September 27, 2017

I go downstairs to get a glass of water, and when I leave the kitchen, I notice a pamphlet that says "The Burial Office" on it. It looked like it was related to a family friend's funeral.

Then as I am leaving, I notice a picture of a baby near the phone, then I focus on my children's pictures on the refrigerator.

The moment I look at my sons' pictures on the fridge, I am hit with telepathic subliminal injections of harm to my children.

This is how they construct a sequence of terror theater using one's environment, an environment they have already mapped out for precisely that moment.

I have probably experienced a hundred or more of these covert internal threats and terroristic sequences.

The symbology often plays into themes of terror.

There is nothing imagined about this.

These are deliberate and tech-driven orchestrations.

I never experienced this before two years ago.

They operate very much like scriptwriters but the script they are writing is out of one's actual life.

It's real life as theater.

September 28, 2017

I spoke to another TI today for a few hours over the phone.

Interesting conversation overall. Getting quite a bit of the usual doublespeak though. She talked about murders and deaths a lot. Hard to say whether there was any awareness.

She seems like a decent person, but I have been burned before.

The way these interactions are orchestrated is always a red flag, which is why I have backed off of meeting new people.

None of these interactions is organic. That is certain. They are mapped out beforehand, and the person on the other end of the conversation is either witting and complicit or unwitting and influenced with technology.

That it is impossible to fully determine is tiresome and gets old fast.

She lives in Oregon, a state that has come up for me as a theme.

She also, according to her, comes from Illuminati and Luciferian roots.

I feel like she was trying to correct my interpretations of what has happened to me and what's going on in terms of the corruption in the world.

Kept saying things like "I would look at it this way. There are good lines and rotten lines." She was talking about Luciferian Illuminati.

Maybe so, but the satanic, Masonic sex and death cult that I have experienced has been vicious and brutal. So that's the Luciferianism that I know.

People that I have recently met who I learned were connected to Luciferianism and Masonry have hidden their affiliation and then ended up being two-faced, shady snakes. That kind of deception is revolting to me.

So what part of Luciferianism have I experienced that is good, honest, forthright, open, singular, and ethically grounded? All I have gotten is deception, manipulation, sabotage, abuse, and crime.

If there is anything good in the people that are a part of this experience, it is not singular. Rather, I get a lot of ambiguity and am forced to sift through the inconsistencies.

I don't like that.

Over time, the relationships break down. Never seems to fail. Whatever facade is presented erodes and unravels.

This is either tech-driven or agent-driven but it is never natural.

I don't like the question marks that surround any new relationship I enter. If this person had no idea who I was, then why would she after one phone conversation, say that I could stay at her place for a while to get away from this experience?

This happened on another occasion but not as quickly and it seems to be a form of handling. Don't treat me like a fool. My senses are too acute.

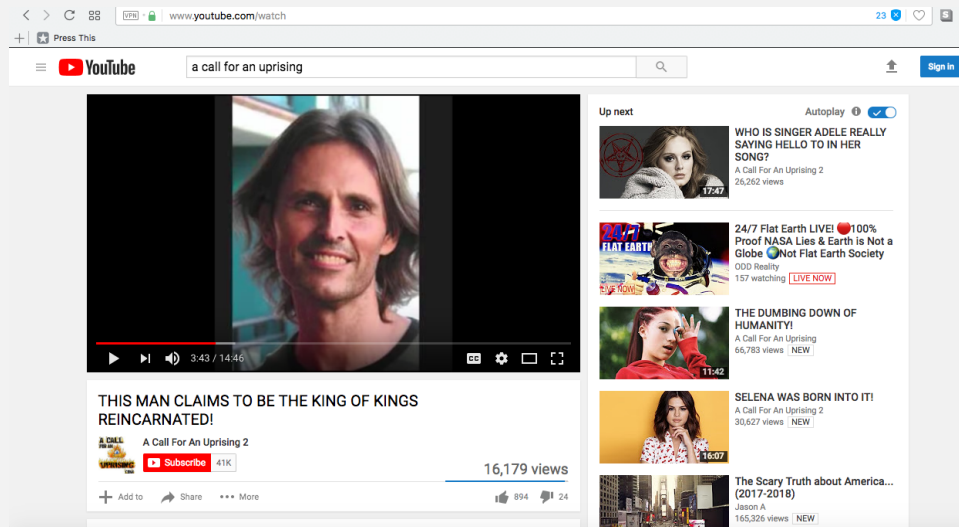
A lot of neural interference is happening these days.

They put frequency combos into me that will keep me doing next to nothing. If I have energy, I lose focus. They have different recipes for keeping a person unproductive.

They have used this tech on my family generationally. They have created parallels of experience and behavior between me, my dad, and my sons.

The parallels aren't due to genetics. They are due to programming.

September 30, 2017



Been getting a lot of religious references and what I call “Messianic” programming.

Now I am watching this video and it talks about this guy, AJ Miller, who claims to be Jesus reincarnated and was a former IT specialist.

This is another example of mirroring. The “IT Specialist” is a theme, which connects to me working an IT Consultant and “Specialist” for many years.

October 5, 2017

[The Fliplets - SNL - YouTube](#)

Brothers Pete (Mikey Day), Zeke (Alex Moffat) and Tristan (Ryan Gosling) love renovating houses and refusing to face their demons.

In this skit, Ryan Gosling talks directly into the camera about a guy getting hit by a bus and how he was frozen because of dreadful excitement.

Talks about “God putting on a show for him,” “Marionette,” “Darkness beginning to shine,” and “Born-again” are a few phrases that stood out as codespeak.

Eyes are getting hit hard. Right eye is extremely red. Thick, watery fluid keeps flowing out. Eyeball feels swollen in the socket.

They are focusing me on the blindness theme with telepathy and then hitting my eyes to drive home the threat.

Hits every 15-30 seconds when trying to sleep. These hits are more violent. I got a number of extremely violent hits to the heart and chest area.

Getting pulsed throughout the day.

October 7, 2017

Passive-aggressive and backstabbing tactics are used throughout every aspect of this program. This includes online gaming.

I went up against a high-level player in an online game called Risk.

The highest level in this game is Grandmaster. Grandmaster is the title of the uppermost level Masons as well.

I get ganged up on in these games. They will request an alliance with me and then the next round, turn around and attack me. They don't seem to be able to win without playing dirty.

I am certain many of these guys are military. They act like a bunch of immature, teenage punks.

This game is coded as well. The players' names. I have taken screenshots of these and it's obvious.

Today one said "Will Estate." This comes a day or so after my mom asked me for my phone number, saying she needed to update her will. I have given her my phone number many times.

These moments are orchestrated to introduce information, often psychologically weaponized.

October 11, 2017

The tech is working on me to keep me inactive and in a perpetual down states. My neurological and body are both being worked on to deplete my energy and mental and physical strength.

Telepathy is being used a lot to reinforce thought. If I form an internal opinion of something, they comment on what I think, sometime to antagonize, other times to reinforce.

Everything that is done in this program is motivated first and foremost by programming and profiling objectives.

Handlers are attempting to cultivate my thinking and perspective, and the synthetic telepathy is a central tool in the process.

The thoughts that I have that are reinforced with telepathy are often not thoughts originating from me.

This is how diabolical and insidious these techniques are.

They take over behavior covertly. They hijack thought processes.

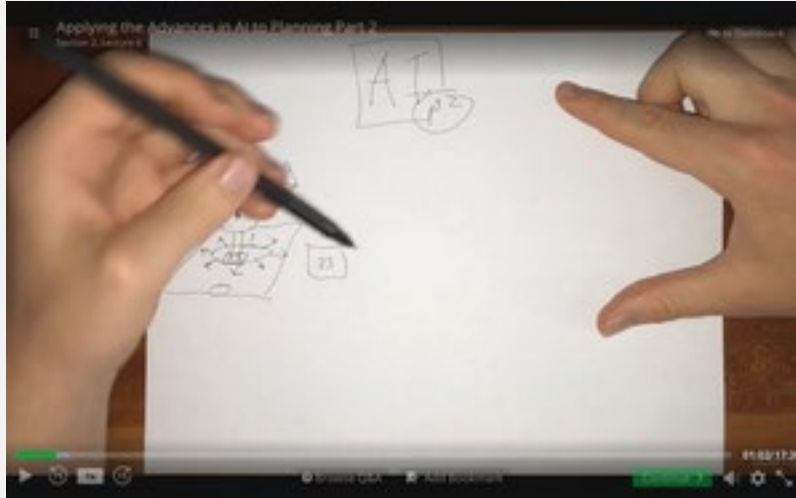
Because it is subconscious, it can be made to feel natural. This makes it an effective way to shift attitude and perspective and fool the individual into believing the thoughts they are forming are their own.

These Nazi psychologists know that the more they focus me on particular ideas, the more likely those ideas are to become cemented in my memory. This then has the capacity to affect personality, outlook, belief systems.

Lack of responsiveness from other people has been used as an attempt to censor and discourage me from bringing up certain things.

It's a soft handling and gatekeeping tactic that has been used by multiple people at once. They may or may not be working in collusion with each other. The outcome though is the same and feels like typical bullying and gangstalking tactic.

People who claim to be legitimate Tis have taken part.



I am watching a video called Master Planning on Udemy by an instructor named Timothy Kenny.

In the lectures, he talks about AI, Black and White Kings and Queens, and pawns, among other things.

Most MOOCs from Coursera and Udemy have these coded moments in them.

Many of the teachers from Coursera drop the inverted pyramid in lectures.

Academia is filled with NWO assets and they incorporate their symbology and codespeak into their lectures.

From the Master Planning video, he talks about AI, then the King moving on the board, and then chooses the position on the board as 33.

Masonic coding.

October 12, 2017

Many jobs on Upwork have relevance to my situation.

They are using the tech to move me into certain choices and in the direction of perps, scammers, and agents.

Here, they post jobs that have relevance to my situation and code the job descriptions in such a way that they relate to what is happening and has happened to me.

I am dealing with a kind of simulated, mapped out, floating matrix.

This people behind this operation and the world as a whole have their hands in everything.

Noticed today when watching a Techno Crime Fighters video that a highly visible TI resembles an old roommate named Greg, who I lived with in Los Angeles back in 1992. (I have gotten a lot of doubles and mimicry of people from my personal life since the targeting went overt.)

He mentions in this video someone he knew someone named Wongfellow. I lived with Greg at the corner of 31st and Longfellow.

He also spent time in Palo Alto. Stanford is significant to my situation. Two of my cousins attended Stanford. I was encouraged to apply to grad school there after graduating from Vanderbilt but enrolled in Teach for America instead. I have been encouraged via telepathy in recent times as well to apply.

October 13, 2017

The Udemy teacher Timothy Kenny is now talking about "Nesting dolls" and "Systems of hierarchy" in his lectures.

Sounds like Monarch Programming language.

October 14, 2017

Getting pinpoint DEW hits during the day again. Hitting arms, legs, various parts of body.

Kenny is using "Over and over and over" phrase often in his videos.

This is a phrase that has been used a lot by many people since this began. It is definitely a coded anchor phrase.

The initials OOO also break down in Gematria to 666. Double and triple initials are often used as Masonic cipher codes.

I am taking another course at Udemy in editing and writing.

The instructor discusses Star Wars "Force awakens" and a few other examples that have programming relevance.

Also does pyramid gesture with hands. He was a former journalist for Wall Street Journal and Bloomberg.

If you become aware of your programming, then it becomes apparent that agents are in place in all walks of life. There is already saturation in our culture but this is further reinforced with the tech that influences my choices and maneuvers me toward them.

October 18, 2017

Timothy Kenny is now talking about cults.

This course is loaded with a psychological warfare layer.

October 19, 2017

The criminals are ramping up triggers.

I am getting frequent pulsing around the house and in my headphones to reinforce thoughts that they are injecting into my head with tech.

They are covertly promoting again the idea that what they do will stop and that they are ending things.

This is a brainwashing tactic. Even if it some things did end, the technology remains in all of us and the program is still in place.

This makes a target's existence conditional, which is exactly the kind of Orwellian world they are going for.

They are manipulative, pathological liars who will do and say anything to get a person to go along with their agenda.

October 21, 2017

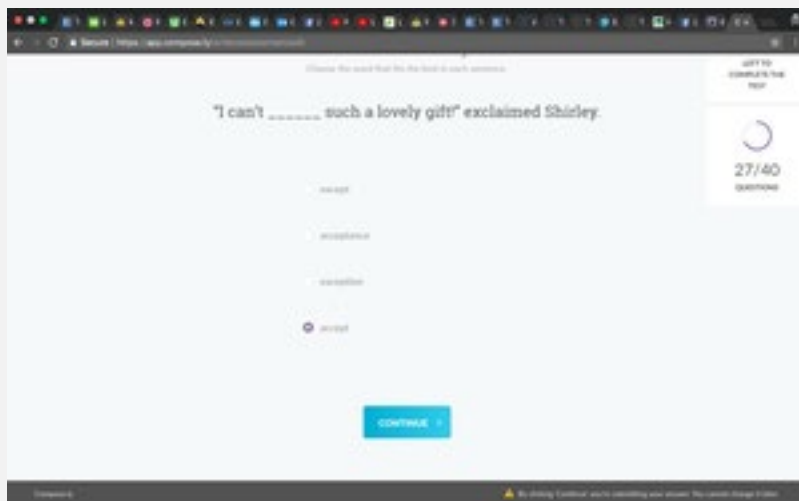
This is an example of programming reinforcement from multiple sources.

The US Army perp from earlier in Starbucks sat in front of me with his open-holstered gun, and his wife was reading a book called "Fear Nothing."

She made sure that title was in my line of sight.

I was then influenced into going to this page later that same day.

The screenshot shows a Facebook interface. On the left is a post by William Moore, 5 hours old, with the text: "People are afraid and fear breeds hopelessness. But once a person stands up to and conquer what ever it is that they are afraid of that in which they feared suddenly becomes afraid of them. -William Moore". Below the text are two images: the top one says "FEAR IS A LIE." and the bottom one says "FEAR NOTHING" with a silhouette of a person holding a gun. Below the images are "Like", "Comment", and "Share" buttons, and a video link "3257396536/videos/". On the right is a sidebar titled "Suggested Groups" with a "See All" link. It lists three groups: "CB radio show and tell" (1 friend, 15,097 members), "Abraham Hicks Vortex Group" (6 friends, 116,686 members), and "Odd, Weird, and Peculiar" (1 friend, 73,340 members). Each group has a "Join" button.



Shirley is my mom's name.

This is the compose.ly standardized acceptance test.

Shirley is not a common name in my experience or one that is used in standardized testing situations.

This could be construed as random coincidence but this kind of thing happens all the time. I am purposefully being directed to these places.

I am in a chat room with a number of alleged TIs. Many seem questionable. Could be paid agents and perps.

If they are unwitting, then tech is being used on them because they are constantly saying things that reflect on my situation and that are designed to provoke a reaction. There are agents who pretend they are targeted. They are fake TIs.

Today, one was talking about having dreams of people coming into his place to kill him. This kind of psych terror language and veiled threat picks up depending on what I am doing or saying to other people.

The other day as well, a fairly visible TI apparently going through a court case, made a point to say in a group Skype conversation,

"I don't know which is better, tortures or criminal court...mental hospital or prison?"

Then another TI said,

"or tortures AND criminal court."

These exchanges can be purely influenced but they are always meant to serve as veiled threats when I read them.

Conversational exchanges are placed in target's environment in the same way that other provocative visuals are.

Skype rooms, Facebook groups and comments, Twitter, all social media are used like this. They are psychological warfare battlezones.

October 23, 2017

The criminal perp activity and handling is very active now.

When it ramps up, the dysfunctional and absurd interactions between people, family in particular, increases.

This is in lockstep with the sadistic CIA and DOD psych abuse and slander tactics. Other people's behavior gets weaponized, and people start looking for anything to criticize, pick apart, slander, judge, degrade, demean, ad nauseum.

This is all meant to provoke, discredit, abuse, and degrade, as if I am the one at fault, as if I am the one being dysfunctional.

This is formulaic crazymaking.

These cowardly and weak handlers are so desperate that they have to create marginalized and tightly managed situations of dependency, so that they can treat grown adults, adults much stronger than them, like defenseless children.

This is a big one for men, especially men who would nail these lowlifes to the wall without hesitation. Emasculating strong males seems a main goal of this pathetic agenda.

This also connects to programming, as I clearly was brought back to Shreveport to relive trauma from my childhood and for them to hint at the truth about my life.

It seems that a kind of youthful "alter" or "persona" is tapped into and activated by the CIA because that state of mind is much easier to control.

This technique is likely used on all major world stage figureheads.

Search for the YouTube footage of President Clinton getting his makeup done before an interview. His interaction with the person off-screen (possibly a handler) is childlike. This is one of countless examples.

Two years ago, they fired up all cylinders and cut me off at the legs and have tried to keep me imprisoned by this evil program ever since.

The use of the neural tech is absurd when dialed up to maximum.

People become nothing more than vessels for handlers and their programmed agenda.

October 26, 2017

CoIntelPro train conductor has come by five times today.

Planes, trains, and automobiles. They are all used in the sound harassment campaigns.

Extreme torture all over body. Pulses that shock and jerk parts of body.

Every 15 seconds or so.

The following is from the screenplay I was hired to analyze and edit, written by a guy named Israel (Talk about a loaded name, considering I was persecuted and smoked out of my neighborhood of eighteen years by Orthodox Jews):

Dr. Sims (in his own voice):

"It's really quite simple, detective Johnson. I control all of your internal organs. I control your nervous systems. I control your muscles. You can't even blink without my permission. Do you notice that you aren't even strapped into the chair? Truth is Detective, only 1 out of 400,000 people have the mental capacity and will power to break through this control."

This guy was recommended to me by a woman I met in a chat room of alleged TIs, and who is likely an asset of some kind.

She referred me to Israel, who then hired me to edit his screenplay that centers around a character who is being remotely controlled by the CIA.

Rich...

On his Facebook page, he is standing in front of a brick wall too. That's another Masonic nod. Brick is symbolic to Masonry (The Master Builders) and is used in pictures to signal affiliation.

October 28, 2017

Amethyst is my birthstone.

It's also the first jewel that is "Earned" by a Monarch subjected to Jewel Programming.

A TI and activist whom I have been in a number of email threads with since this began and who is directly connected to people I know, named her newborn daughter Amethyst.

In the overall Matrix scheme of things, that is interesting.

Seems that many TIs are connected, possibly since birth, and are being brought together with technology.

I also was covertly influenced into watching one of Laura Eisenhower's recent videos and amethyst was visible and pronounced in the background.

Placing objects, signs and symbols in backgrounds is a signaling tactic.

The choice can be deliberate or covertly influenced, but there are many controlled opposition assets who are trained and aware.

October 30, 2017

Extreme theater, DEW hits, toxins and nerve agents in room, old standbys being brought back.

November 1, 2017

Doing a verbal entry and when I hit “stop,” the time reads 8:11. 811 is an 88 code and a Masonic cipher.

This is a day after I posted on Facebook about the fake terror event where allegedly 8 people died and 11 were injured. Typical example of the synchronicity that happens when the tech-driven mapping of experience is active.

The novelty of such “coincidences” has worn off. Been happening a lot lately though. 3:33, 4:44, 5:55, 8:11, 9:11, 11:11, 11:12, 11:13, 12:12, 12:21, 1:12, 1:11, 2:11, 3:11, 3:22, and so on. This picks up when these clowns want to reinforce their ability to manipulate my behavior and the ritual behind it.

An opponent’s avatar in an online Risk game that I play had a teenage kid’s pic inside what looks like a five-pointed star. His last name was Ramsey, which is my son’s name.

Lots of death imagery on the road today. The usual loads on semis that are meant to resemble covered bodies and the luggage on SUVs as well. Lately they have been carrying two small cases side by side to represent my sons.

The psychological terrorism that is waged in this program is an egregious crime. Psychological torture is as damaging and scarring as physical. Psychological abuse can last a lifetime, which is why a lot of veterans are messed up for life.

That they do this to people, then deny it, and attempt to psychiatrically profile anyone calling it out, makes the program doubly criminal and evil. No different from Communist Russia at its worst.

The upper lid of my right eye is getting hit with DEWs.

November 2, 2017

Corey Feldman seems to be making waves with his new “Truth” movement and exposing pedophilia. This story strikes me as a coded reflection.

What’s interesting about Feldman is that he was nearly a client of mine when I was acting and doing IT Consulting in Los Angeles. I was supposed to set up a network for him. We had a conversation about it but it didn’t happen.

I remember the conversations being a little off, like he was messing with me. In retrospect, I think he was.

When Feldman started doing interviews about this, I noticed he was wearing black and white combinations (picture below). That is usually a deliberate nod to insiders that the person is a part of the controlled Masonic duality and propagandized, world stage narrative.

He is in many pictures throwing up known Illuminati signs as well (picture below).

Interesting too that Feldman got pulled over recently in Louisiana and busted for drugs. I have been threatened with that as a potential frame-up. I live in Louisiana.

He claims too that he’s targeted and has received numerous death threats. The “realities” that are portrayed in the media are often expressed with a purpose. The media is not used to report the truth. Aside from the

technology, it is the CIA's and the military's foremost tool for programming the masses as well as individuals in programs like Project Monarch.

His name is coded for this period in time also. The Felled Man. As in fallen. On a personal level, his name is also a reflection of a woman by the same name who came into my life as a plant in 2005.

The CIA has used the media as ritual like this for years now.

Having lived in Los Angeles and worked as an actor, I have had direct experiences with celebrities and established actors who it is clear to me were connected to this programming operation that centered on my life. Cori Feldman is one of many.



November 3, 2017

These criminal thugs are working on my eyes again.

My vision is blurry and my eyes are swollen when I wake up.

This is coupled with people talking about blindness.

November 5, 2017

The online game Risk that I sometimes play is being manipulated. At times, it is super difficult. Other times, it's super easy.

There are clearly gaming trolls in these games who look to get you into games they set up. I get ganged up online in these games in the same way that local perps mob and swarm me in public.

November 6, 2017

Truck passed me today with the words "Crusader" on its side. This has a predictive innuendo to it. Also a nod to the Crusades, which I have talked about often. The Second Crusades is a polarization of religions, namely Christianity and Islam. It is the entry point to the manufactured End Times Agenda.

One family member today was wearing black and red flannel, and the other was in black and white.

When I asked a relative today if anyone had ever approached her regarding me, she said "Uh-uh." Not exactly an emphatic "No." A few seconds after, she put her hands in the shape of a pyramid. Was this tech-driven gestural influence or deliberate on her part?

I had never seen her do that before. Seemed awkward and forced. I don't move jump to conclusions without proof but I suspect that some extended family is involved.

This relative's daughter worked with Larry Ellison and Oracle for twenty years, which is a red flag. All the business moguls are aware of this agenda and how it's connected to my life. They are major New World Order players and strongly linked to the intelligence and military as well as Masonry and the occult.

November 7, 2017

I went into the kitchen and the first thing a family member asked was if I had thrown away the coffee grinds container. I remembered that I had and then she mentioned that the spoon used to scoop the coffee was still in it and that she liked that one.

So I went out to look in the trash to see if I could salvage it. As I am doing this, I get a tech-induced, heterodyned sensation of being homeless, on the streets, and digging through trash.

Turning every-day activity into opportunities to threaten and terrorize a person is diabolical and is standard for present-day trauma-based conditioning.

There are days when the criminal handlers string together so many experiences that my entire day feels like a psychological terror and torture campaign.

LaLaLand, which I recently saw, its storyline and characterizations seem connected to aspects of me and my past. The courtyard film location as well as the apartment, especially the kitchen, have an uncanny similarity to where I lived with my wife and two sons for seventeen years.

The filmographies of Emma Stone and Ryan Gosling, the two stars of that film, connect as well.

Emma has a brother named Spencer, which makes him Spencer Stone. Spencer Stone was the name one of my best friends in Los Angeles for many years. He grew up in Oklahoma with my serious girlfriend from college, whose dad was a Federal Judge.

Ryan Gosling is married to Eva Mendes, who I was in an acting class with in my thirties. One of their daughters is named Amada. Eva also starred in a film with Denzel Washington that shot directly across the street from where I taught high school in South Central LA in my twenties.

Ryan also starred in Half Nelson, which is about a dynamic but struggling inner city high school teacher. Cori -- the intel plant I mentioned before -- her brother worked on the crew of this film. The film came out right after I met her. Her last name is Nelson, too.

November 8, 2017

Electronic harassment - 'Targeted Individual' Richard Cain Hour One:

<https://www.Youtube.Com/watch?V=oqg0lukmkf8>

Cain is a coded name, as in Cain and Abel.

A family member started grabbing chicken from Cane's often when I was getting bombarded with symbolism and coding.

What's interesting about these names that are seemingly coded is that many of the people can come across as legit. It's possible that some are unwitting, because they coded my life in this way and I was not aware. Most of the established, world stage role players, though, know what's up.

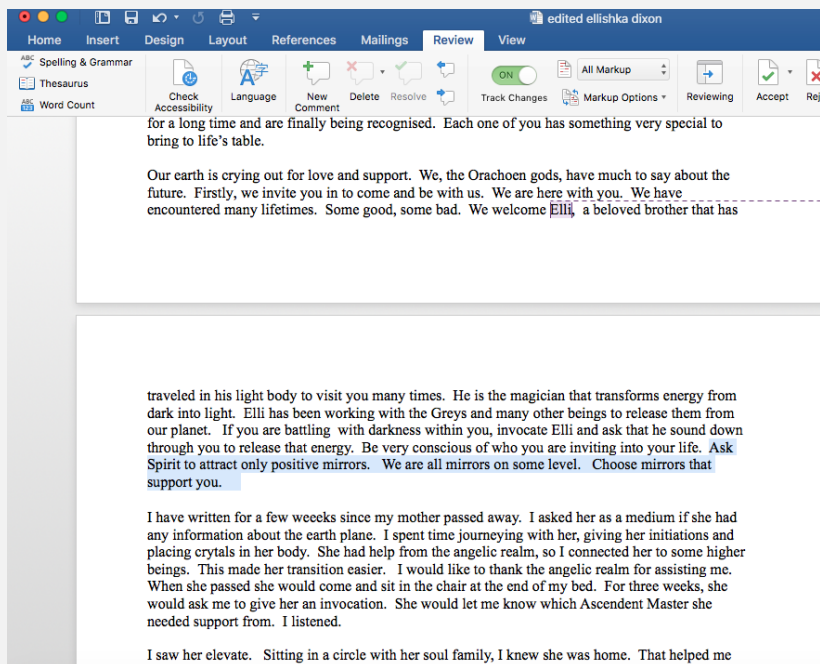
A person named Ellishka Dixon was referred to me by a woman named Angela, who I met in Omni's Skype room. I took her on as a client and was helping her edit and rework a manuscript.

During this time, Ellishka started making bizarre accusations, then ended up not paying me for the work that I did. She felt like another plant sent in to provoke and sabotage. She used language in her manuscript that doubled as Monarch Programming language and also wrote about a number of things much like Israel's screenplay, that reflect on my situation (screenshot below)

She claims to have channeled it, which means she is being interfaced with by military and intel handlers posing as aliens. If anyone thinks they are legitimately channeling anything, research Brain-to-Brain and Brain-to-Computer Neural Interfacing.

I am not sure if Ellishka is a witting perp. She said some things over the phone that were suspect. I was getting agenda-driven "life" advice from her, which is something I have gotten from many people since this operation went overt.

This is my client, and I am editing her manuscript. To give me advice like this is way out of bounds, and what perps often do. I did not know her before this and was not a friend to her during our time working together.



In this passage, she talks about how “We are all mirrors...” Mirrors are a known Monarch Programming symbol.

I didn't answer the question. It felt like my hold body - whole body was vibrating except for my jaw. It was locked (! guess for lack of better word). I felt as if I could get it moving it all would stop. I struggled. That is when I put effort into saying for God, Jesus to help me. The last I called out to was Archangel Michael and that is when it Slowwwwly started to ease.

My great grandmother was an Eastern star and a director of the local Red Cross. Goes against everything I pictured her to be. Maybe she was insignificant and ignorant. SMH. Sigh.

These are from a Skype conversation with someone I went to grade school with and who connected with me again online after I started posting about it on Facebook. She thought she might also be

Archangel Michael became a thematic narrative for a few months. The idea of me reaching out to angels and Jesus while this was happening was being pushed a lot.

It's all programming and deception. The intelligence and military are having a blast mocking the world with this technology.

Many people that I have spoken with that seem to be in variations of this program have Masonic, Eastern Star, and military presence in their families.

schedule is evening out. sleep patterns starting to level out. I'll figure out what to do with my conscious time and where to put it... soon...

The same person who referred me to two perps for editing jobs continues to do suggestive modeling and life mirroring when recounting her situation.

me neither

I'm no judge, but it lessens his credibility or likability... not that he's out to win a popularity contest or anything

anyway, I did feel the ticker presence when he was here... never a dull moment

maybe he can quiet his mind for a bit

or maybe he is totally manipulated

which is probably the case

More suggestive innuendo that is intended for me to internalize on a personal level.



The is a website I was subconsciously influenced into visiting. Dan Albright is my fraternity big brother's name. I was a member of the Kappa Alpha Order at Vanderbilt University. I knew nothing about Masonry then but it's obvious that being a member of that fraternity was a part of the covert ritual. (On a side note, I looked up the founding members of Kappa Alpha and they were all known masons.)

You could say that these are random coincidences but not when they happen all the time. The Masons, Illuminati, intel, military are behind these reflections. World stage names are coded with Monarch Programming in mind.

Related subjects Corey has also tutored [GMAT](#), [Economics](#) and 19 more subjects.

About Corey

Bio

I believe that everyone can achieve great goals and make the world a better place. I believe that many people would, if not for obstacles or misfortune they've encountered, often through no fault of their own. Finally, I believe that I can help these people overcome their obstacles and realize their great potential. How I Help When I tutor, my job goes beyond helping a student pass a test. Every topic we learn, we review and build on the fundamentals that came before. Many students today...

[Read more](#)

Education

[University of Pennsylvania](#)
Chemical Engineering

Policies

Hourly rate: \$100

Rate details: I don't normally charge for driving or gas, but I ask that lessons last at least 90 minutes to account for travel time and cost.

Tutor's lessons: In-person and online

Travel policy: Within 25 miles of Cary, NC 27513

Lesson cancellation: 36 hours notice required

Corey L.
\$100/hour

No subscriptions or upfront payments

Only pay for the time you need

Find the right fit, or your first hour is free

CONTACT COREY

Response time: 44 minutes

[Support](#)

Here is another Corey that came onto my radar. I am a member of Wyzant and apply for tutoring positions here. I have pretty much all perps on here requesting my services. One was a total scam and caused me serious problems. This person is a tutor but that doesn't matter. He also went to University of Pennsylvania. Pennsylvania is an Illuminati hub. Trump is U Penn. A fraternity brother transferred there from Vanderbilt our sophomore year.

There are a number of other Penn connections in my life. It is significant and is usually a deliberate signal.



This is a screenshot from a video where a reporter seems to be hit by neural tech and cannot speak properly for a few seconds.

This woman's name is coded to my son's name Branson. I get Brandons as well. News reporters, journalists, and anchors, almost all have coded names. They are in the business of lying to the public and spreading CIA-saturated propaganda.

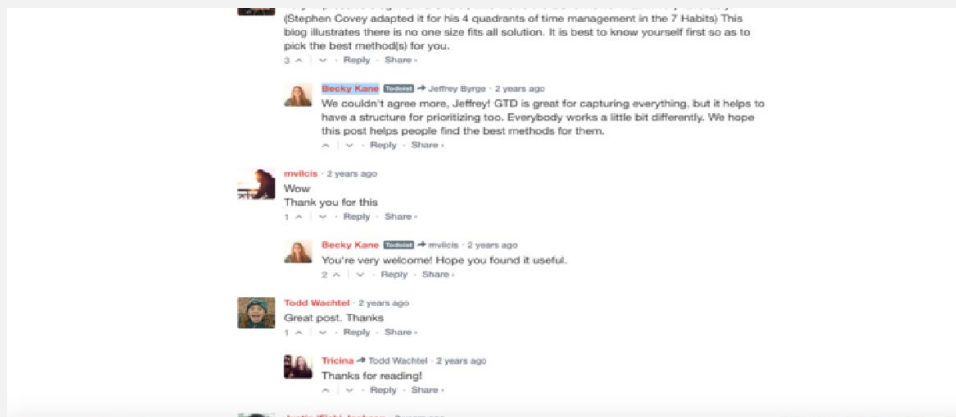


Black and Red is the primary Satanic color signature. This is a shot from a video of a course I was taking. When you look around this world, it is Satanically coded from top to bottom.

November 9, 2017

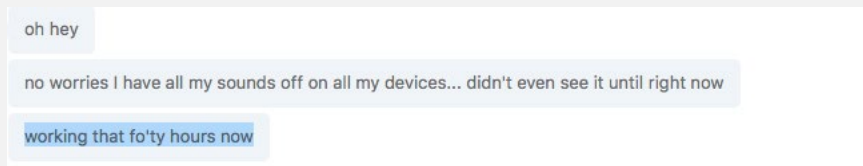


Inverted pyramid sign from both people. The date is November 11th, at 11 am. That's an 11-11-11 code, which translates to 33. This is an example of a company that is showing Masonic affiliation through numbers and hand gestures. Hosted by John Ass-A-Raf. The CIA, Illuminati, and Masons use Sex Coding to reinforce Sodomite Programming ideas.



This is a blog for Todoist, a productivity app I use. In the comment thread, there is a woman named Becky Kane. Kane as in Cain and Abel is a reference that has persisted for months. The world is coded like this. Media is coded like this. Targeting circles are too.

November 10, 2017



This is from a Skype conversation.

I get a lot of modeling from other people. People talk to me about what they are doing and the idea is that I should follow suit. It's a form of soft handling through indirect suggestion.

The idea of "work" has been persistent. These Directed Conversation moments are either tech or agent-driven. This person referred two people to me who wrote manuscripts that are direct reflections of my life experience, which is suspect.

A highly visible TI just "left the conversation" in the Skype chat room, as did another a few days before. It felt timed but hard to determine motivation. Seems like another example of modeling, as if I should do the same.

Posted in a group email and worth reiterating to all who read...

Laws broken with impunity by the Targeting Program include

- 1) Four of the Ten Commandments (Thou Shalt Not Murder, Steal, Bear False Witness, Covet Thy Neighbor's Goods)
- 2) Nine of the Constitutional Rights Guaranteed in the U.S. Bill of Rights
- 3) The entire 2nd paragraph of the Declaration of Independence
- 4) USC Section 18 Section 241
- 5) The US Racketeer Influenced and Corrupt Organizations (RICO) Act
- 6) The Hobbes Act
- 7) Two Colorado Laws Prohibiting Stalking

- 8) The Federal Policy for Protection of Human Subjects (The 'Common Rule')
- 9) All Ten Requirements of the Nuremberg Code (1948)
- 10) The First Four Articles of the Geneva Convention on the Prevention and Punishment of Genocide
- 11) At least two laws set forth in the Magna Carta
- 12) Twelve of Nineteen Rights Guaranteed in the UN Declaration of Human Rights
- 13) Medical, Mental Health and Neuroscience Doctor's Violate Their Hypocratic Oath When They Participate in This Program

November 11, 2017

ok if u can send me a chapter,or two . I can see if you have been able to do this. thanks I can give you the rest of the chapter,s to morrow . O and you don,t need to push my energy away I,m Octurian. Had to have my friend clear you out of my space its been almost impossible to do anything.!! don,t want to argue. But I have been angry.. Don,t want that , Haaaa! oneness remember Oneness 😊

These kinds of exchanges with Ellishka became typical. She lives in Ireland, many thousands of miles away from me but was saying my energy was messing with her. Notice the "Oneness" comment. This is a New Age, One World programming idea, the idea that we are all one.

The truth is people are being hive-minded with technology without their awareness or consent. The "Oneness" notion has a dark underbelly to it, like all of their deceptions.

Over the course of 48 hours beginning with Ellishka, I have had three different women (two highly visible Tis) toss language at me implying that I am doing something negative or abusive to them, and I have done absolutely nothing.

This is textbook profiling. Absolutely outrageous. I can easily expose these patterns and how they are contrived and baseless.

The Masons and the CIA tried to pull this same nonsense on me in Los Angeles. They put single women around my family's apartment when my wife and I were having problems. Technology was used to ramp up emotions in hopes of creating volatile arguments that were likely recorded by these female perps and others in our complex.

Standard dirty intel tactics.

November 12, 2017

Woke up feeling terrible. Dried out. Sick feeling. Extremely groggy. Bombarded with a flood of negative thoughts and images as well.

Here's some questionable dialogue from a TI (who happens to be gay) in a chat room:

sex attacks : they did on my anus many years, then on my rectum more many years, and the chemical shielding i found for men is a testosterone blocker : ciproterone. then since 2 months they have gone deeper Inside my colon. this blocker was ineffective. so i found another chemical shielding : loperamide. it slows dow the muscles of the intestine, and their vibrations are very diminished.

The graphic nature of this language is off to me, and I have never heard any TI talk about these drugs as solutions to targeting assaults. The handlers that have parasitically infested my life are connected to a militant gay power structure that permeates the uppermost levels of secret society, military, intelligence, business, the entertainment industry, and governments across the world.

I get disturbingly perverse, graphic, sodomite programming innuendo from these psychopaths and have been for years now. I also got a lot of scripted speech and interactions with people who make it a point to talk about themselves or other people being “gay,” “bisexual,” or “transgender.”

It seemed like an aggressive attempt to brainwash and “convert” me, which is something the CIA also uses the media for in its attempt to similarly condition the masses, especially the youth. In my case, though, it’s highly individualized and personal and goes back to my childhood.

When I was between the ages of five and seven, there were kids in my apartment complex that I believe were from Satanic and Masonic families who encouraged various types of perversions. One of those kids’ dads was a cop and most likely my local Masonic handler.

So this isn’t random dialogue to me. It’s pointed. The testosterone blocker comment I find bizarre. Sounds like hormone treatment for a transsexual. All of this for me connects to a bigger picture agenda, which is all about destroying the natural, heterosexual, procreative family. This is an active goal of the New World Order.

An Exchange between two other Tis in this Skype chat room:

i think i can safely say that the CIA has an obsession with my ass.

Agreed. I got CIA computer hack this weekend. I was reviewing medical ear implant's and all of a sudden, men's penis's in mesh underwear. Total gay porn. Then as I was reviewing medical device's, dog and cat pictures and Hilary Clinton. Just doing research with jackass's aboard.

These people and their experiences could be one hundred percent true, or they could be premeditated dialogue that psychologically reinforces sodomite and beta programming sex cult themes.

When language like this is concentrated, it is meant as a psychological weapon. Considering what I have dealt with, I move away from this kind of language, not toward it, especially when interacting with ritual abuse and torture victims.

Those behind this operation are Satanic Monarch Programmers. They are a sex and death cult, they are sadists, and they worship the phallus. Look at all the obelisks in the major power hubs of the world. They are phallic representations for the cult and serve as symbols of power.

Masonry, Judaism, and the mystery religions, have strong connections to Ancient Egypt. In Egyptian mythology, Isis resurrected her husband Osiris who was dismembered and whose penis was eaten by fish. Isis replaced it with a golden phallus and thus their son Horus was conceived by a golden phallus. The Eye of Horus is a major Illuminati and Masonic symbol.

November 13, 2017

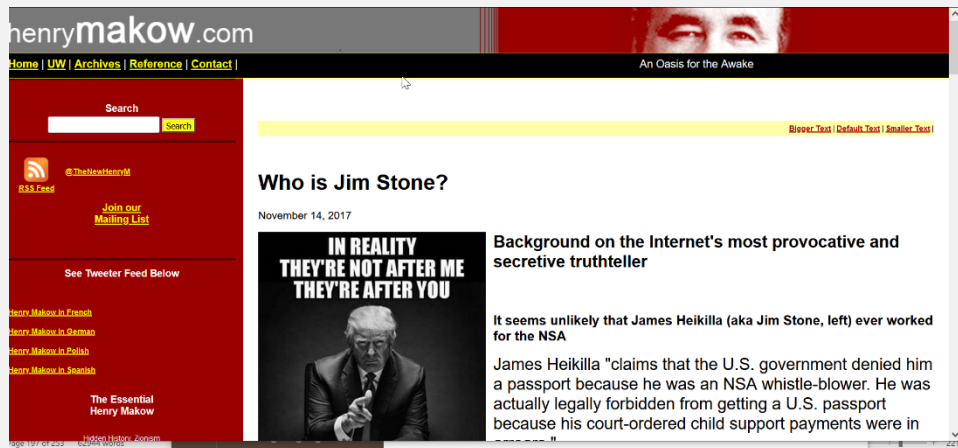
Portlandia is full of psyops that relate to details of what I went through. They know that I have watched that show in the past.

In Season 7, Episode One, a woman is talking about helping them be good storytellers and mentions that she was an identity thief. My identity was stolen in 2015 when this all started.

Carrie Brownstein then mentions "dumpster diving." Joanne, my apartment manager who was an integral part of the takedown campaign in Los Angeles, called the homeless guy that hopped our fence and dug through the trash the "Dumpster Diver." He was a part of the theatre in that place that was designed to provoke me into filing complaints, which would later be used against me.

November 14, 2017

<https://www.henrymakow.com/2017/11/who-is-jim-stone.html>



From the article:

Background on the Internet's most provocative and secretive truth teller

"It seems unlikely that James Heikilla (aka Jim Stone, left) ever worked for the NSA James Heikilla "claims that the U.S. government denied him a passport because he was an NSA whistle-blower. He was actually legally forbidden from getting a U.S. passport because his court-ordered child support payments were in arrears."

This article has many PsyOp aspects to it.

I know Ken Adachi, who is mentioned in the article and who is also friends with Henry Makow. Jim Stone is called Jim Heikilla as in "High Killa (his name is misspelled, which seems intentional. The correct spelling is Highkkila. They added an "I" it seems to emphasize "kill"). Stone is also a recurring name on the world stage.

The man who wrote the article is named Merit Freeman. This is another coded name, as in the "Free Man."

A woman named Ms. Freeman rented a place to my parents when I was four. She would break into the place without permission. Likely a Satanist or Eastern Star.

This article mentions how this person wasn't able to get a US Passport because of child support payments. It has been insinuated that I can't leave the country or that I shouldn't though I have not tested this. I do know that when I came back from Saudi Arabia in 2010, the targeting ramped up and crescendoed five years later.

The Zersetzung destruction of my life has also included financial assault and blacklisting, which has been traumatizing.

Reining in the Rogue Royal of Arabia by Pat Buchanan (townhall.com)

(I originally pulled this from Zorohedge but the link no longer works)

"Reining in the Rogue Royal of Arabia" Mohammed bin Salman, or MBS, the 32-year-old son of the aging and ailing King Salman, is making too many enemies for his own good, or for ours..."

This is a coded CIA narrative as well. I have gotten telepathy more than once calling me the "Rogue Royal," and that was before this article. My dad is from Saudi Arabia. My family also has relations to the Royal family. One of my Uncles was a member of the Royal Court and an interpreter and adviser to several kings.

I have tangible and provable connections to many extremely influential people. There is no speculation here.

November 15, 2017

When talking about his sports activities, my son told me that 8 8th graders were trying out and there were 13 spots the team. That's deliberate number coding, of which he is unaware. There have been countless examples of every member of my family being influenced with tech. The technology is as much on family as it is on me. They just don't know it.

November 16, 2017

Persistent neurological assaults coupled with telepathic terror doctrine are increasing internal discomfort and overall disruption of focus and energy depletion.

November 17, 2017

https://www.Youtube.Com/watch?V=v0uk7is_uc8

500 year-old illuminated manuscript code: cracked

The woman in this video is named Cori, which is a reflection of the Cori I have mentioned before. I have been following this guy for a while, and there seems to be some mirroring with him as well. He talks a lot about Sophia, and says he is gnostic. These are two thematic narratives that come up often.

November 18, 2017

The intel hacker perps are remotely starting a recording app on my tablet and turning on the monitor screen. This is timed, so when I sit down and look at it, it lights up.

This first started back in 2015 in LA. They bring it back periodically.

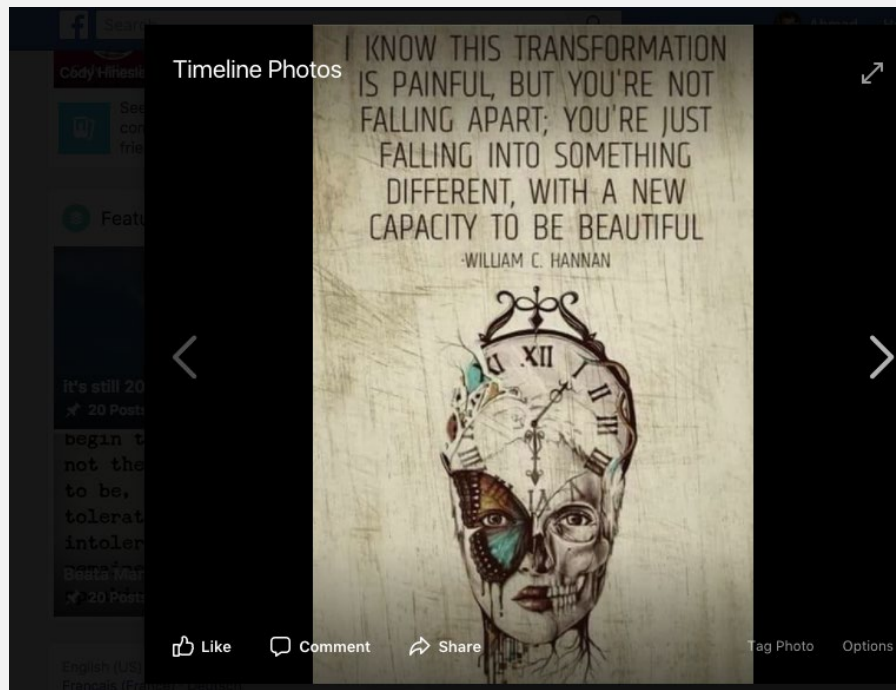
November 19, 2017

When the timer on my computer goes off, my body is getting shocked. The intel perps are timing their Direction Energy attacks with events as part of the conditioning.

The Best Attacks Of Wild Animals 2017 - YouTube

I was impelled into watching this. The Animal Kingdom and its predator-prey structure is being used as an analogy to how these psychos perceive the world and their dominion over it.

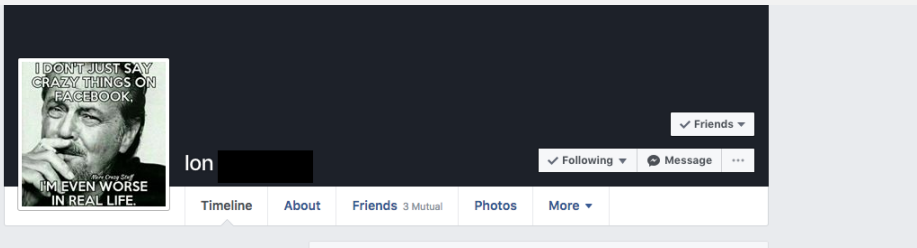
Extreme radiation last night. Woke up dried out like a prune. I feel deathly when this happens. Searing narrow point beams are hitting my body along with heavy hits to my chest and heart. Sometimes I get several attacks a minute.



This person was in one of the first TI groups that I was a part of. This is a blatant Monarch Programming reference with the butterfly and talk of "Transformation," which seems odd for someone who claims to be a TI to post.



This is the picture on her page, which has a phoenix rising, dark and light duality symbolism, and a six-pointed star.



Ion is a coded name. Aon is also used. Both have occultic meaning. The profile pic of Jack Nicholson also has historical relevance. I have an ex-girlfriend, who may have been a plant and, who, after we broke up, told me that she went out with Jack, after meeting him at a bar that Sean Penn owned in L.A. Sean and Jack were hanging out and they started talking with my ex. She wasn't lying because I heard his voice on her answering machine once when we went out as friends.

Also, the finger-over-the-mouth is significant and represents the Masonic oath of silence. It is used on me to relentlessly as a psychological anchor for keeping quiet about what I know and what they have done.

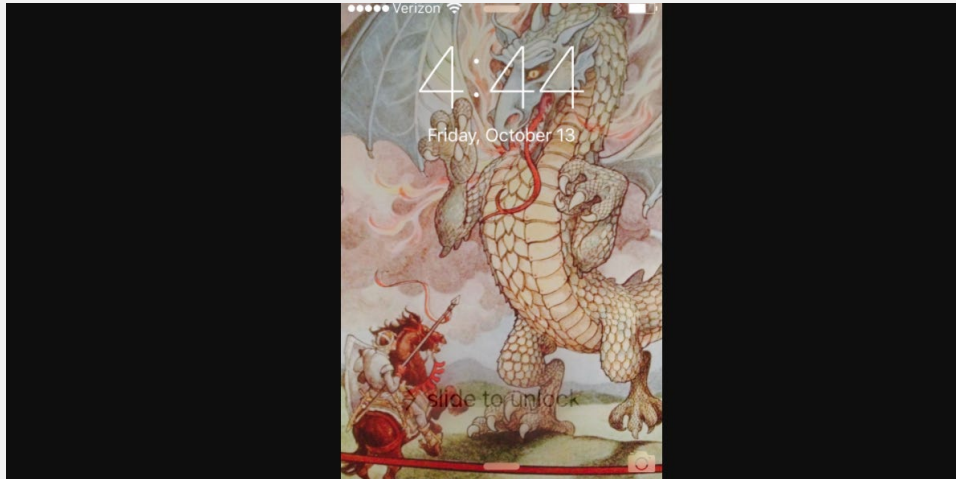


I have noticed many people on Facebook with the word "Con" as part of their names. The frequency of "Con" in people's names in the last couple of years is not natural. This person requested friendship right around the time I started putting together a lot of the name coding. A local perp in the neighborhood I grew up in and came back to when the my life got taken down has the last name Condon (as in "The Con Don"). This is a deliberate reinforcement of this word anchor.



Here is another with the last name "Conde" that I believe made some perpish comments in a TI group that I was a part of. Name mirroring is prevalent in these operation and is a part of the conditioning and anchoring rituals.

years ago that I wore all the time, and it had “Lucky 13” on the back of it. I was being covertly and ritualistically “branded” without my awareness.



Another well-known target shared this with me. Said he took a screenshot from his phone at 4:44. For those who know Gematria, 44 is a destruction code. The idea of a knight slaying the dragon has also been a persistent theme. The David versus Goliath story. I am influenced to look at the time often to reinforce Gematria coding.





I am being bombarded with this particular hand sign, which can be both pyramidal or diamond-shaped. Diamond translates to 33 in gematria. These screenshots were taken over the course of a few days.

The one in the middle is Carrie Brownstein of Portlandia, a show that I used to watch all the time and that was used as psychological warfare after the targeting went overt.